



20 JUNE 2025
08:00 – 13:00

OLYMPIC DAY



SACOSSI
SOUTH AFRICAN CENTRE FOR OLYMPIC STUDIES AND SOCIAL IMPACT



COMMON GOAL



aware!org.za
ASSOCIATION FOR ALCOHOL RESPONSIBILITY AND EDUCATION

IRENE MIDDLE SCHOOL
Nellmapius Dr & Jan Smuts Ave, Irene, Centurion



standard chartered



PLEASE JOIN US!!

OLYMPIC DAY

REPORT 2025

OLYMPIC CLUB

OLYMPIC DAY

DATE: 20 June 2025

PARTICIPANTS: 252 + 60 + 28 youth sport leaders

VENUE: Irene Middle School

TIME: 08:00 – 13:00

PROGRAMME

07:00 Preparation of field

8:00 Arrival and line-up for parade with country flags (Greece first – SA last)

8:30 Country parade around the field – seated on the field.

- Traditional dance, choir & drumming
- "Head of State" proclaims the games open
- Olympic anthem and flag brought in
- Relay runners bring in the torch & the Olympic flame is lit
- Oath: athletes & judges
- National anthem

10:30 OLYMPIC CLUB – recognition of committee members

10:35 REFRESHMENTS

11:00 Learners move to activities (252 kids)

BLUE A: GREECE
BLUE B: BRAZIL
BLUE C: BOTSWANA
BLUE D: GHANA
BLUE E: ITALY
BLUE F: LESOTHO
BLUE G: MALAWI

GREEN A: NAMIBIA
GREEN B: NEW ZEALAND
GREEN C: NIGERIA
GREEN D: SPAIN
GREEN E: USA
GREEN F: ZAMBIA
GREEN G: SOUTH AFRICA

11:00 – 12:00 Olympic Club Committee: Gr 3 learners for activity

13:00 Medal ceremony & closing

LUNCH / CLEAN-UP



TWO (2) GROUPS: BLUE & GREEN

EACH GROUP DIVIDES INTO 7 TEAMS / COUNTRIES
(+ 18 IN EACH GROUP)

Mission

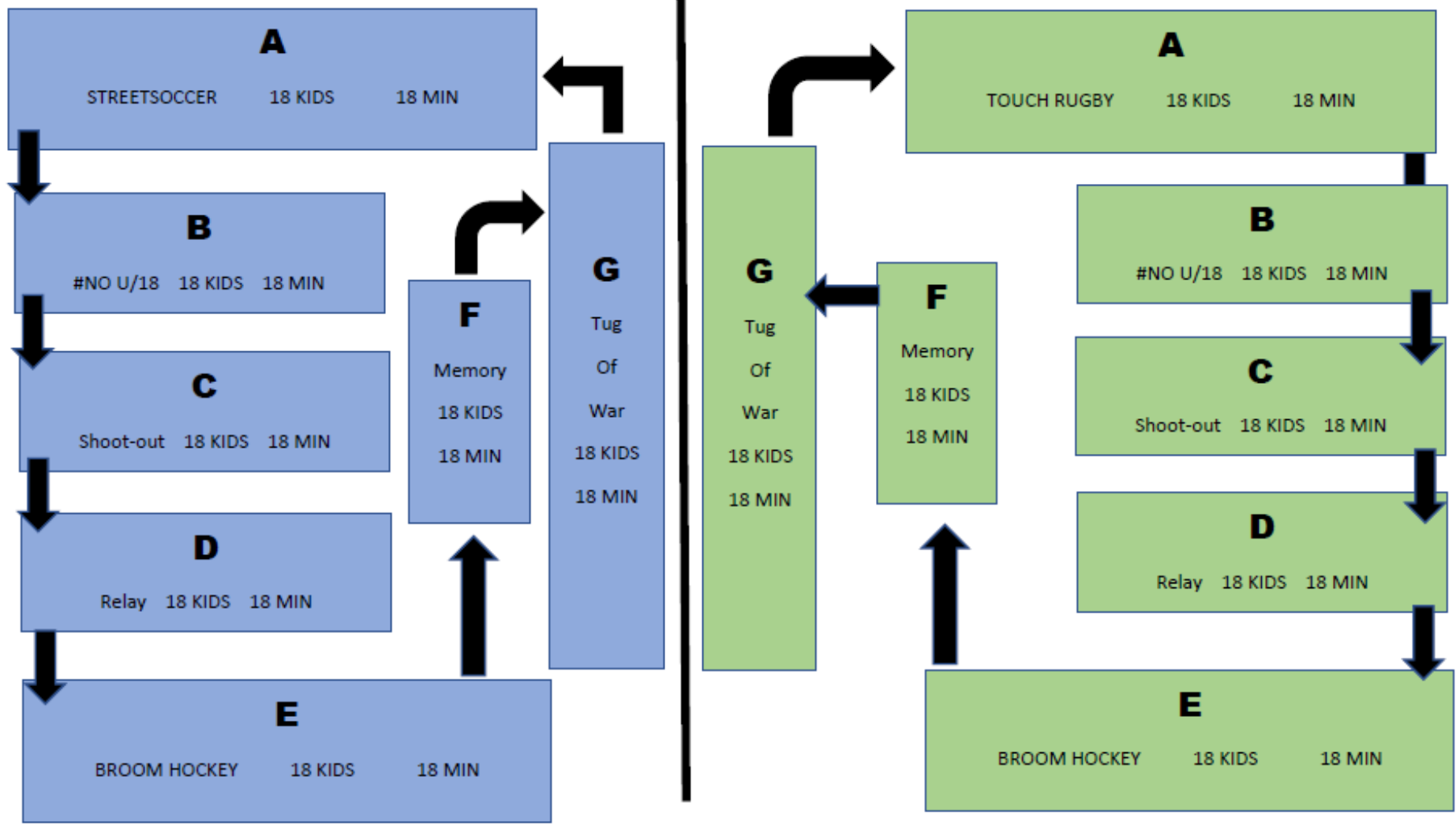
To have an Olympic Fun Day addressing Olympic Values and bringing togetherness through sport.

Goals

- 1 To come together in friendship, peace and respect
- 2 To create trust among all nationalities
- 3 To introduce Olympic symbols and traditions
- 4 To have a fun filled sporting day.

SACOSSA
SOUTH AFRICAN CENTRE FOR
OLYMPIC STUDIES AND SOCIAL IMPACT

altus sport
a passion for people



BLUE GROUP
126 KIDS
126 MINUTES



Opening ceremony 60 MIN



GREEN GROUP
126 KIDS
126 MINUTES

COUNTRY PARADE





Mr Judah Monyela, Principal of Irene Middle School, welcoming the guests

Gert Potgieter, former Olympian and Executive Director of Altus Sport, declaring the Games open



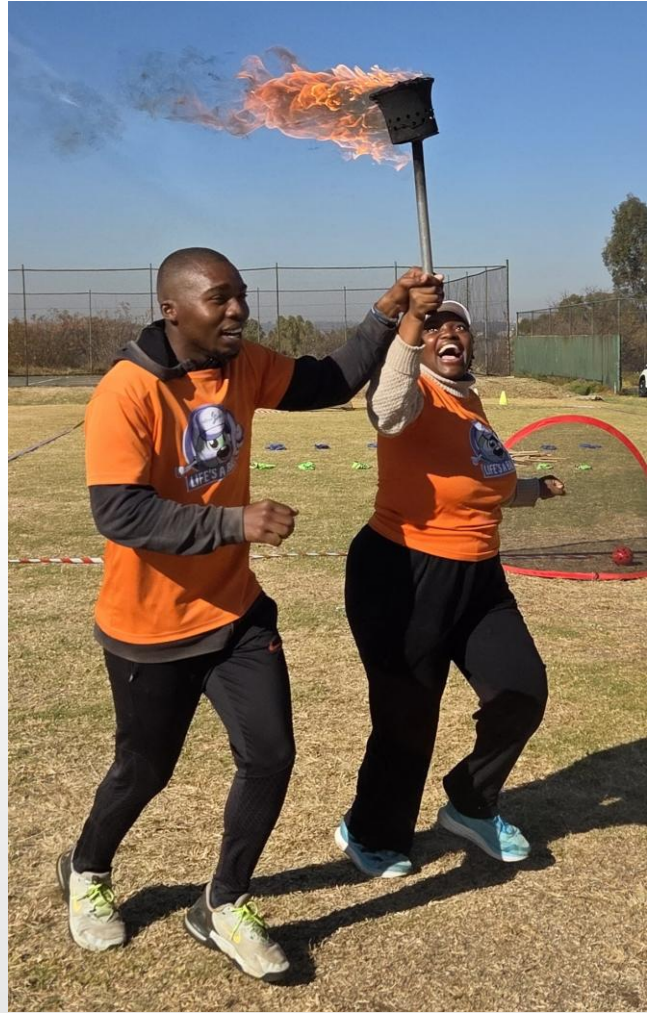
Olebogeng took the oath on behalf of the participants



The judges oath was taken by Meiky Kgafela

Opening ceremony with cultural dancers and gymnasts from Irene Middle School joined by a few members of the University of Pretoria Youth Choir





ACTIVITIES




**COMMON
GOAL**



Florians corner: Streetsoccer

**COMMON
GOAL**







Shoot-out


**COMMON
GOAL**

Memory game









#no to under 18 drinking: Alcohol tag game









The day also focused on: **encouragement**



love



recognition



support



friendship & team spirit





Winning teams received lunch boxes and backpacks from SCB





T-shirts from NIKE

Water bottles





The best team of the day winning the RESPECT medals!





Irene Middle School launched the 1st Olympic Club with Sandy Malangu, Altus Sport Youth Leader as mentor.

The Olympic Club is a Grade 7 learner-led initiative designed to inspire and motivate any lower grade kids on various levels – sport, art and culture. Exciting activities such as inter-class competitions ranging from any modified game such as streetsoccer, any physical activity, art to bigger events and festivals. Being an OLYMPIC CLUB member, the values of Olympism—excellence, friendship, fair play, responsibility and respect— will be the cornerstones of all the activities.

It is also the first step towards the real sporting world – sport management.

OBJECTIVES

Promote Olympism – Respect, Excellence, Fair Play, Friendship, Responsibility

Develop leadership and organizational skills

Encourage physical activity, teamwork and fair play

Foster an inclusive and respectful school environment.

Strengthen school spirit through Olympic-themed events.

Provide mentorship opportunities.



In March a committee was elected.

1. Kopano Motlapema (Head Coach)
2. Siyabonga Dube (Fun Manager)
3. Molebogeng Maboya (Visual Expect)
4. Boikarabelo Maboya - coach
5. Mpho Mabotja (Culture Coach)
6. Lesiba Ramara (Saftey inspector)
7. Terrence Kgomo (Equipment Manager)
8. Keletso - coach
9. Tshepang - coach
10. Mbali - coach

The committee selected the grade 3 group. During school hours they activate their groups working in line with the curriculum.



- **Core Areas in Grade 3 Phys Ed:**
- **Motor Development:**
 - Basic locomotor skills: running, jumping, hopping, skipping.
 - Non-locomotor skills: balancing, twisting, bending.
 - Manipulative skills: throwing, catching, kicking, bouncing.
- **Games and Sport:**
 - Simple team games and activities that develop cooperation.
 - Introduction to rules and fair play.
 - Developing spatial awareness and strategy through structured games.
- **Physical Fitness:**
 - Activities that promote cardiovascular endurance, strength, flexibility, and agility.
 - Fun fitness routines and obstacle courses.
- **Rhythm and Movement:**
 - Dance and music-based movement.
 - Creative movement using rhythm instruments or body percussion.
- **Personal and Social Development:**
 - Emphasis on teamwork, taking turns, respect for others, and following instructions.
 - Building confidence through movement and achievement.

Organise cultural groups for the opening ceremony



Organise and implement their own activity











Prof Cora Burnett from the SA Centre for Olympic Studies and Social Impact pinning on the leadership badge for an Olympic Club Committee member

Gert Potgieter, Executive Director of Altus Sport and member of the South African Olympians Association giving recognition to the Olympic Club members.





A big thank you to all who sacrificed their time to join our Olympic Day!

A special word of thanks to the partners for making this event financially possible



Charl Steyn from SCB was an enthusiastic participant throughout the day – thanks Charl!



Prof Cora Burnett, SACOSI and



Kelly Mkhonto, Director: Stakeholder Management DPSA

Gert Potgieter and Mr Judah Monyela with



Aya Dube, SCB and Agresham Shingange from Laureus

Also, a big thank you to



Donation:
Lunch boxes
Back-packs



Donation:
T-shirts



Donation:
Water bottles



Logistic:
Van for transporting
equipment and
refreshments. Thanks
Zaine and Quinton!

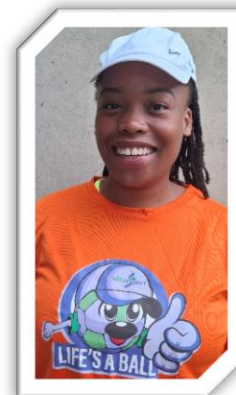


Support:
Olympic Club

Mr Judah Monyela, Principal of Irene Middle School.

Without your friendly support this event would not have been so successful!

- Thank you for the well-disciplined learners
- The venue
- Your time
- Your grade 3 educators for allowing the Olympic Club to run throughout the year.



Sandy Mahlangu, Youth Sport Leader at Irene Middle School.

- Thanks for being MC at the event
- All arrangements with the school
- Being a mentor and running the Olympic Club at the school.

Thanks to the Olympic Club members for their planning and implementation of activities.





Last, but not least



A big shout-out to Sam and Zi with their whole team for a great event! Thanks!