



# ANNUAL REPORT

# 2025



**THANKS FOR BEING A TRUE PARTNER  
AND MAKING THIS REPORT POSSIBLE!**





# **YOUTH SPORT LEADERS**



## **2025**

A year that highlighted our strength of leadership, inclusiveness and resilience!

### **YOUTH SPORT LEADERS (YSL)**

Altus Sport is committed in empowering our Youth Sport Leaders in becoming respected and valued members of society. They are the backbone of our organization, spreading the values of Olympism mainly through their personal interaction with all persons, kids as well as the environment.

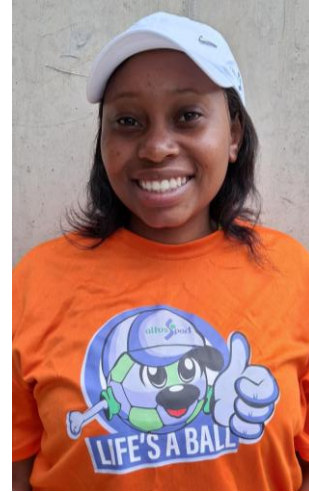
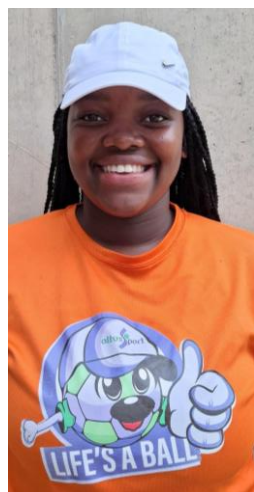
In all six components of the Life's a Ball programme, the Youth Sport Leaders took initiative, faced the challenges and made a huge success of the programme! They are truly ambassadors for Altus Sport, as each one has made a difference in someone's life! As role models they are a proud asset in their various communities.

Compulsory workshops for the YSL are held during the year where curriculum content, policies, personal development and team building takes place. The YSL then take on the responsibility in organizing and leading their various Hub meetings, twice a month, which provides the opportunity to share good practices and seek advise. A big thank you to our partners for providing opportunities for our youth leaders to attend valuable online and in-person workshops as well as providing various sporting opportunities.

In 2025 Altus Sport managed to bring a dream to reality! A new component was added to the Life's a Ball basket – Olympism Clubs at schools. Five YSL accepted the challenge of launching and running an Olympism Club at their various schools.

It is with pride that we introduce our great team of Youth Sport Leaders!





**YOU ARE ALTUS SPORT – THANK YOU!**

**Providing tools and opportunities for our leaders to implement with confidence.**



**Two major sport training workshops were held.**

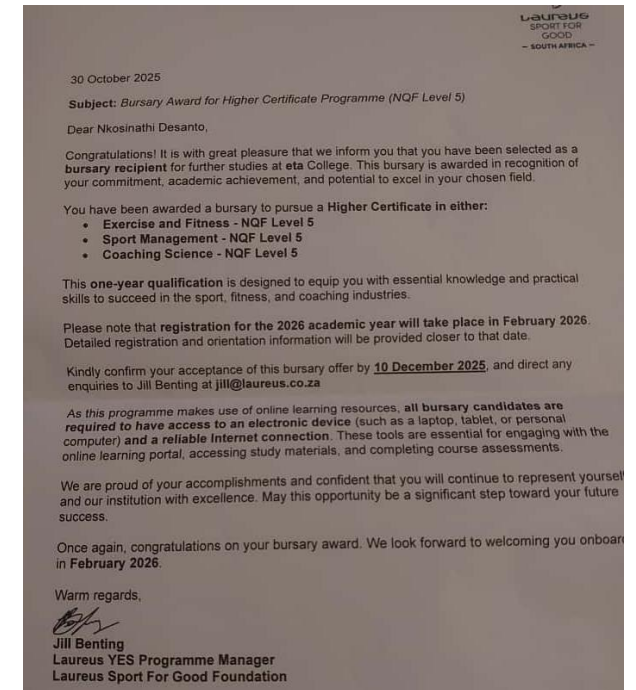
1. Athletics by Alyssa Conley, former Olympian sprinter
2. Rugby presented by the Blue Bulls Rugby Union



## Examples of certificates the Youth Sport Leaders obtained

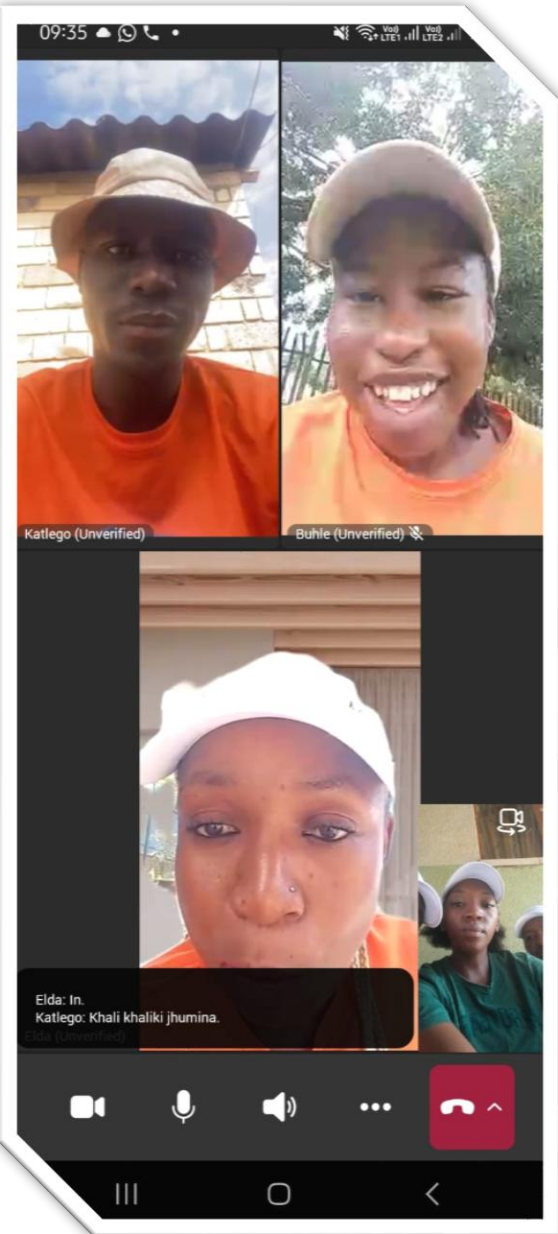


## Nkosi Desanto obtained a bursary from Laureus Sport for Good



## OTHER WORKSHOPS AND SUPPORT GROUP MEETINGS

The YSL's were divided into 7 hubs which were their support groups. These groups met twice a month – once in person and once virtually. Management attended these meetings on a rotational basis. Support groups created a platform for sharing and discussing problems and good practices.



Clip from a virtual support group meeting



The YSL's had the privilege of attending a Financial Education Workshop with Prof Bienkie Shuttleworth and Dr Jaco Moolman from UNISA



## SOUTH AFRICAN WOMEN IN SPORT FOUNDATION CONFERENCE

Four of our Youth Sport Leaders: Ntchunxeko Shikwambani, Phumzile Ntuli, Buhle Mlondleni and Thobile Maseko were chosen to attend the conference on Women's Advocacy.

*"The importance of leadership and the challenges we women face in a male dominated industry. I have learned that education goes hand in hand with sport and we need to embrace that."* said **Thobile Maseko**

## YOUTH SPORT LEADERS SHARING THEIR OWN TAKE ON 2025



This is our lovely life skills sessions where one of the participants Bokamoso Morajane volunteered to run a session about bullying and sharing her experiences as well as other participants. They shared the possible causes of bullying such as neglect from home can cause an individual to end up making other children feeling small. They also shared the turning points of bullying that you might find that the bully has the most kindest personality and if we help them they might change for the better and be a good leader/examples to those who have chosen the bullying path. They also shared the negative impacts of how other children might commit suicide and some of the bullies are actually their teachers at school as well.

**Phumzile Ntuli - Mamelodi**



### **KEY ACHIEVEMENTS: *Thuli Mohlomi – Mamelodi Far East***

#### **Formation of a Mixed-Gender Soccer Team:**

I had the opportunity to form a soccer team that included both boys and girls. This inclusive approach led to remarkable success; we won first place in the Common Goal League Games. This win raised interest in Altus Sport among other learners, including those not originally part of the programme.

#### **Growing Interest in Sports Diversity:**

After the league win, many learners expressed interest in participating in other sports such as rugby and cricket. This shows that the programme is growing in influence and creating a sporting culture within the school. The interest in rugby grew by every session and where the girls were at first skeptical playing with the boys, they soon realized that they might even be better than the boys.

#### **Recognition and Responsibility:**

Due to the trust I've built, I was appointed the netball coach for the school. I also represent the school at district level as a coach and umpire. This recognition is a great honour and testament to the effort I've invested in the learners and the school community.

#### **Positive Outlook and Passion**

Despite challenges, I remain deeply passionate about the work I do. I am happier in my new environment and take great pride in serving the children of my community, many of whom come from vulnerable backgrounds. Each day, I aim to make a small difference in their lives, sharing my knowledge, love for sport and personal values with them.

## My approach towards #no under18

*My approach was centred on education, providing them with the knowledge of the physical, mental, and emotional benefits of delaying alcohol consumption until they were 18 or older. We utilized sport as a vehicle to engage them, and books as tools to inspire critical thinking about the choices they would eventually face.*

My objectives were as follows:

1. Promote Awareness of Alcohol and Its Effects
2. Create Safe, Positive Spaces
3. Foster Leadership and Critical Thinking
4. Support Healthy, Age-Appropriate Development

### Activities and Engagement.

Throughout the year, we carried out various activities aimed at educating and empowering the youth, including:

#### 1. Sport

The physical benefits of sport were used as an entry point to discuss the importance of keeping their bodies free from harmful substances like alcohol.

#### 2. Book Discussions.

We introduced books and stories of athletes and role models who made responsible choices

#### 4. Physical Activities, Games and Fun Activities.

Team-building games & sport chats regarding staying healthy. I connected the importance of avoiding alcohol to immediate benefits such as better performance in sport, healthier bodies, and sharper minds through various fun activities.

### Results and Impact.

Although we didn't expect immediate, dramatic changes, the results were positive and reflective of the program's goals:

1. Improved Awareness
2. Increased Engagement in Healthy Activities
3. Greater Peer Support: supporting each other in making healthy decisions.
4. Positive Feedback, at the end of the program, many participants shared that they appreciated the time and space to just be kids, away from the pressures of growing up too fast. They voiced that the idea of waiting until 18 felt like a reasonable and empowering choice.

### Conclusion.

The AWARE program was a successful and rewarding program that allowed the participants to learn the importance of saying no to alcohol, to focus on their health and development, and to enjoy the unique joy of being a child. As the year closes, I remain optimistic that these young minds are on a path toward healthier, more mindful choices as they grow into adulthood.

**Lwazi Mabona, Youth Sport Leader/Coach**



To underage drinking





As a Youth Sport Leader with Altus Sport, I've found myself doing the work I love every single day — playing, teaching, learning, and growing. Working with the kids has brought unmatched joy and purpose. Through sport, we've tackled life skills together, and in the process, I've found deeper meaning in my own journey.

One of the biggest highlights was traveling to Cape Town with Laureus — a moment that sparked something powerful in me. In the shadow of mountains and under bright skies, I found my confidence. And from there, the fire grew stronger. I began ticking off my goals, one by one, and every step felt possible with the unshakable support of Altus Sport behind me.

What's more, I've gained mentors — Samantha Pennells-Ingle and Zi Teffo — two incredible individuals who have lit the path ahead of me with their wisdom, love, and guidance. Their belief in me is a force I carry daily, and for that, I am truly grateful.

**Nkosinathi Desanto - Soshanguve**

### ***From a parent to Meiky Kgafela - Soweto***

A parent in a community:  
I just wanted to take a moment to express my heartfelt gratitude for all that you've done for our community, particularly our children, through sports. Your dedication, passion and guidance have made a profound impact on countless young lives. Your influence extends far beyond the playing field, teaching valuable life skills like teamwork, discipline, & perseverance. You have helped shaped confident, resilient and compassionate individuals who will carry these lessons with them for years to come. Thank you for being an exceptional role model and mentor. Your commitment to our community's youth is truly appreciated, & we are grateful for your presence in our lives.



Working with kids has been a highlight of mine. What struck me was that some of the children who initially seemed challenging or misbehaved would open up when I took the time to sit down with them. I realized that many of them were carrying around deep pain and trauma from their home lives, including exposure to physical abuse. By creating a safe and comfortable space for them to talk, I'd listen as they shared their feelings and struggles. It's amazing to see how this simple act of listening and understanding can lead to real behavioral improvements.

***Buhle Mlondleni - Johannesburg***



## PORTIA MOTSHIKE – Mamelodi

### Key Achievements

- **Community Engagement**

I have collaborated with local schools, community centers, and organizations to promote sports development and healthy lifestyles. I have designed and implemented sports programs for the adults, promoting physical activity and teamwork.

- **Youth Engagement**

I have successfully engaged over 150 youth participants, fostering a love for sports and physical activity.

- **Increased Confidence**

The children have become more confident in their abilities, participating actively in all sports activities and in class and also sharing their thoughts and ideas.

- **Better Social Skills**

I've observed improved social skills, such as teamwork, fair play, communication, and empathy, among the children.

- **Emotional Support**

Many children have opened up to me about their personal struggles, and I've been able to provide emotional support and guidance.



### Impact

- **Positive Role Modeling**

I have provided positive role models for youth, promoting sportsmanship, discipline, and respect.

- **Increased Confidence**

The children/athletes have demonstrated increased confidence, self-esteem, and teamwork skills in the past six months.

- **Improved Physical health**

The participants have showed improved physical fitness and coordination they can now make at least 10 more push ups than they did before.

*My outreach is based on keeping the grannies fit and healthy we train in the morning and also take walks and stretch muscles just to keep healthy.*

As a coach in the Altus Sport program, I saw potential in a troubled teenager who had been written off by his teachers and peers.

He had repeated grades twice, and his confidence was crushed. But I saw beyond his struggles and recognized a spark within him. I discovered that he was dealing with personal issues that affected his focus in class. His behavior was a cry for help, I knew I had to step in and offer him support.

I made it my mission to build trust with him, to create a safe space where he could open up without fear of judgment. I reassured him that he wasn't defined by his struggles and that he had the power to change his circumstances. With dedication, focus, and hard work, I knew he could turn things around.

It's amazing to witness his transformation. He's now managing academically, and his behavior has improved significantly. He's still working on overcoming some bad habits, but I'm proud of the progress he's made. Most importantly, he's gained confidence and found a sense of purpose and belonging.

As his coach, it's been a privilege to play a small part in his journey through sports and life skills. I've learned that sometimes, all we need is someone to believe in us, to show us love, understanding, and patience.

Together, we've made a positive impact. Through Altus Sport and its funders, I managed to make a difference in a child's life, and I'm excited to see what the future holds for him.

**YSL: Norman Phaho** PARTICIPANT: *Mpho well known as "Black"*  
SCHOOL: *Thohoyandou Primary* AREA: *Saulsville*



**LIFE'S A BALL**

Altus Sport is a Fair Play Organisation, implementing Olympism (way of living) by emphasizing positive values and making the world a better and equal place through sport.



## Altus Sport enhances the core Olympic values

**Excellence** means doing the best we can, on the field of play or in our daily life. The important thing is not winning, but taking part, making progress and enjoying the healthy combination of body, will and mind.

ENCOURAGE EFFORT – STRIVE FOR EXCELLENCE

**Respect** This includes respect for yourself and your body, for other people, for rules and regulations, for sport and for the environment.

PRESERVE HUMAN DIGNITY – DEMONSTRATE RESPECT

**Friendship** is important to all. It encourages us to see sport as an instrument for mutual understanding between individuals, and between people all over the world.

DEVELOP HARMONY – CELEBRATE FRIENDSHIP

### **Responsibility**

Take responsibility for your actions.

True leaders **take responsibility for** their team and helps them achieve goals.

PERFORM FUNCTIONS - ACHIEVE RESULTS





## 2025

Important focus areas:

- Competent leaders
- Girl empowerment
- Olympism
- Safeguarding
- Equity & Inclusion
- #No to Under 18

Main sporting codes:

- Rugby (touch rugby)
- Football (Streetsoccer)
- Athletics

At the 96 venues where the Life's a Ball programme was implemented it was noted that 103 of the kids had some form of disability.

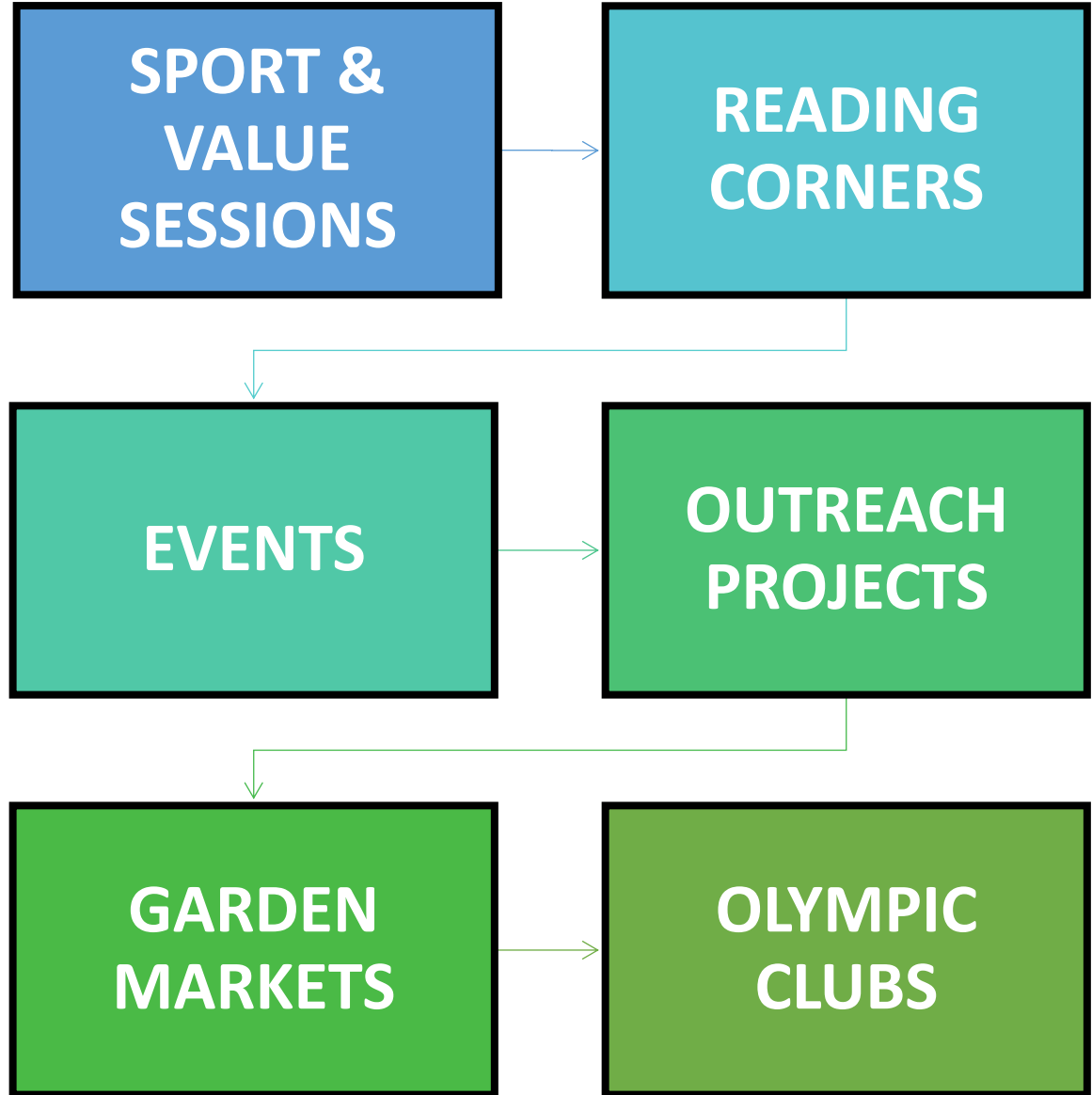
Our flagship programme

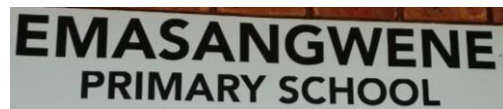
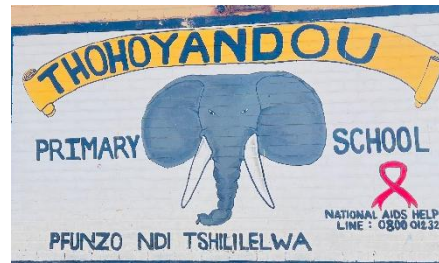
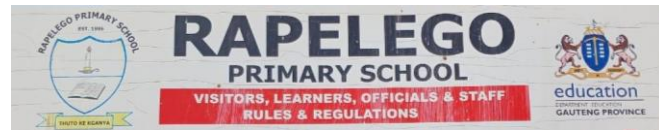
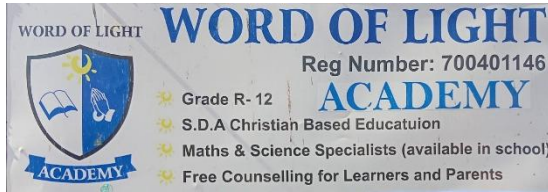
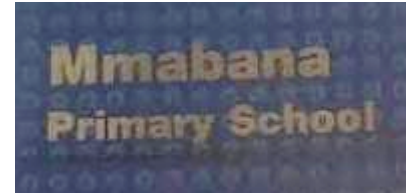
# LIFE'S a BALL

consists of 7 components



**YOUTH SPORT LEADERS (COACHES)**





Mahlasedi Masana Primary School

# VENUES

Primary School  
**54**

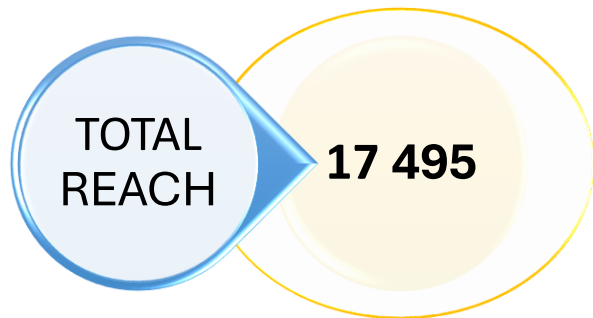
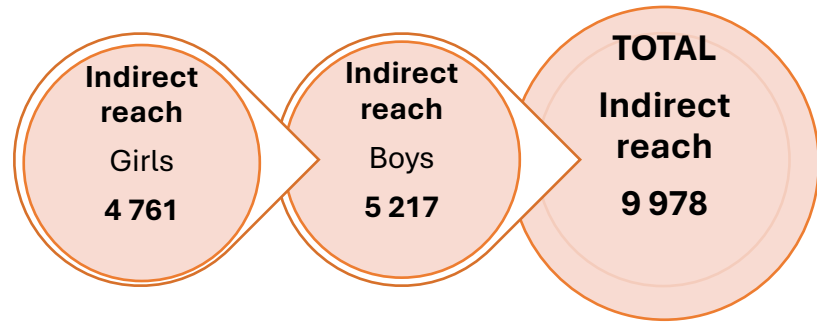
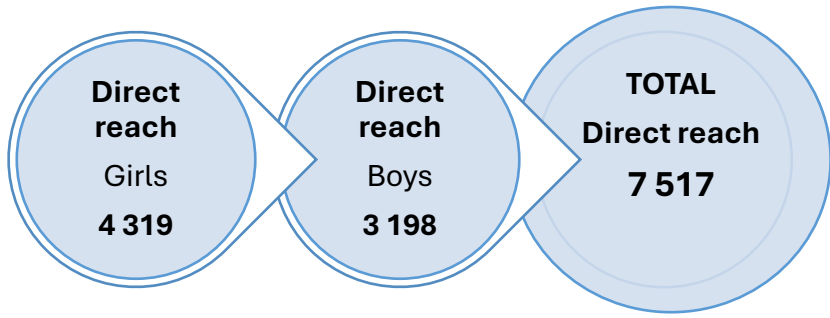
Secondary/High School  
**12**

Community Grounds  
**18**

Centre's  
**12**

TOTAL  
**96**

# 2025 STATISTICS



## DIRECT REACH

Weekly sessions

Olympic Clubs

Youth Sport Leaders / coaches

Outreach projects

## INDIRECT REACH

Events  
Holiday sessions

Reading corners

Educators  
Parents  
Siblings



standard  
chartered



**LAUREUS**  
SPORT FOR  
GOOD  
— SOUTH AFRICA —



**COMMON  
GOAL**

**aware!**org

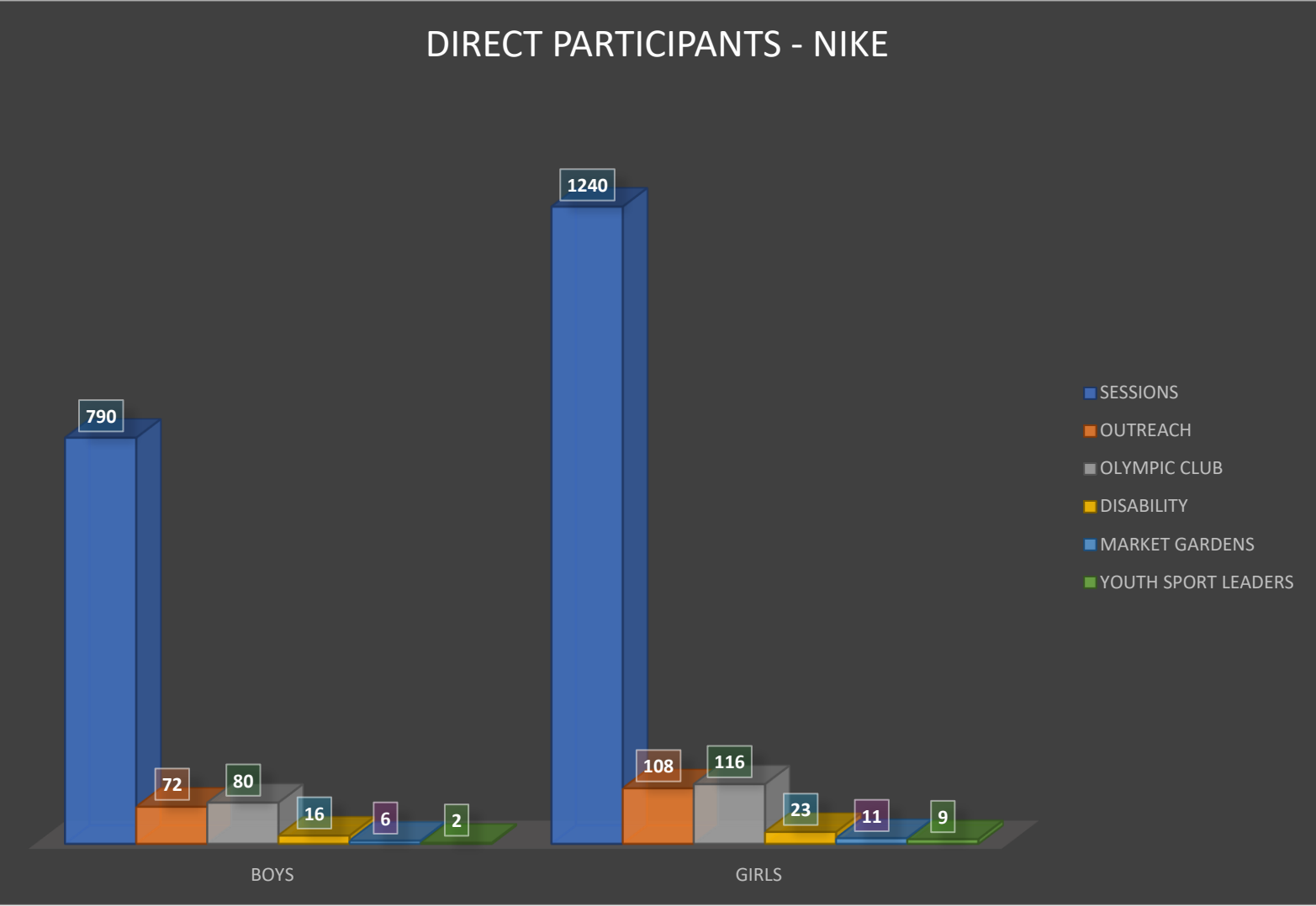
INDIVIDUAL STATISTICS



# DIRECT PARTICIPANTS – NIKE



DIRECT PARTICIPANTS - NIKE

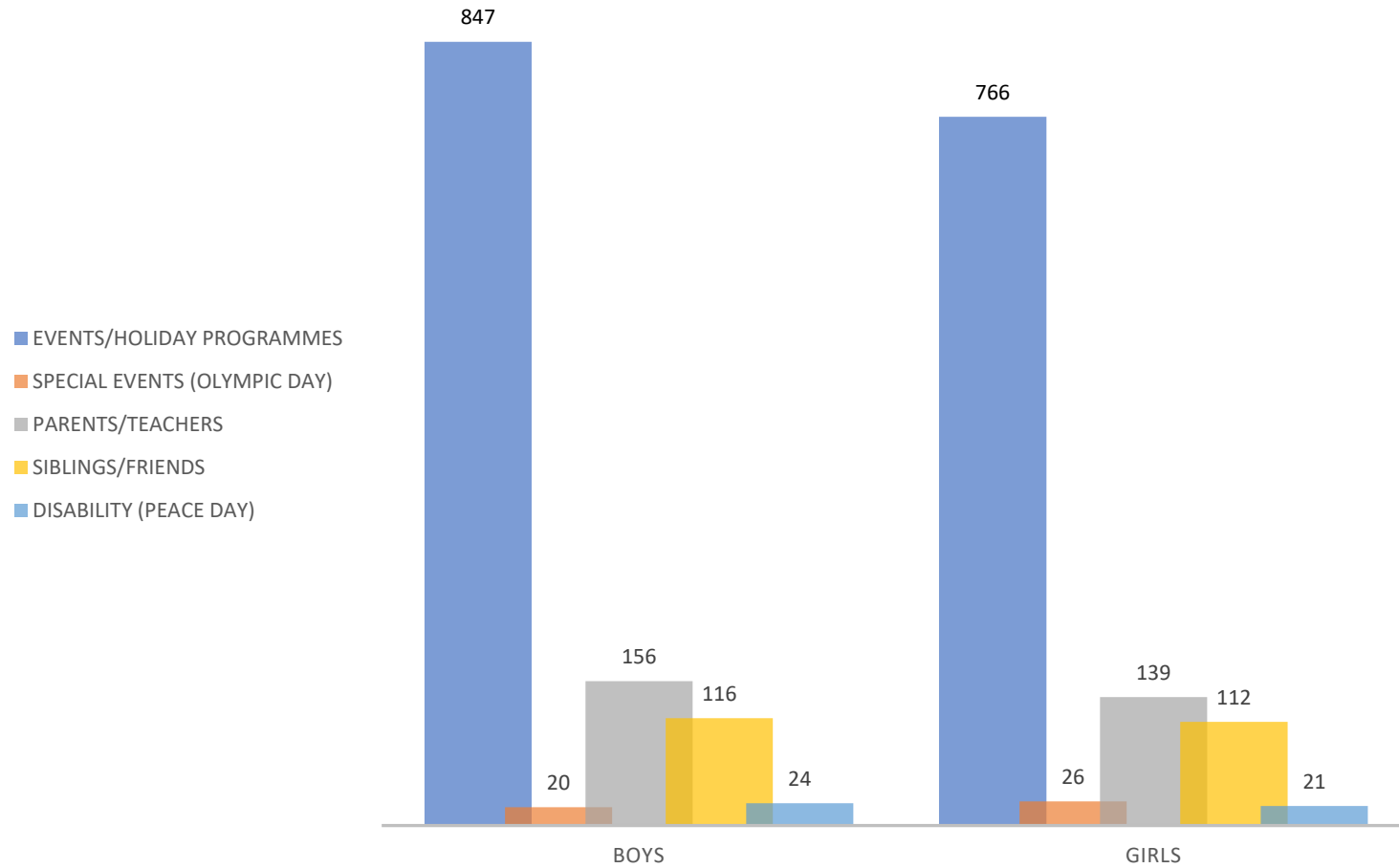


DIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
SESSIONS	790	1240	2030
OUTREACH	72	108	180
OLYMPISM CLUB	80	116	196
*DISABILITY	16	23	39
MARKET GARDENS	6	11	17
YOUTH SPORT LEADERS	2	9	11
<b>TOTAL</b>	<b>966</b>	<b>1507</b>	<b>2473</b>

\*The count on disability was calculated on participants in the weekly sessions (not added under sessions), who encountered some form of disability.

# INDIRECT PARTICIPANTS - NIKE

INDIRECT PARTICIPANTS - NIKE

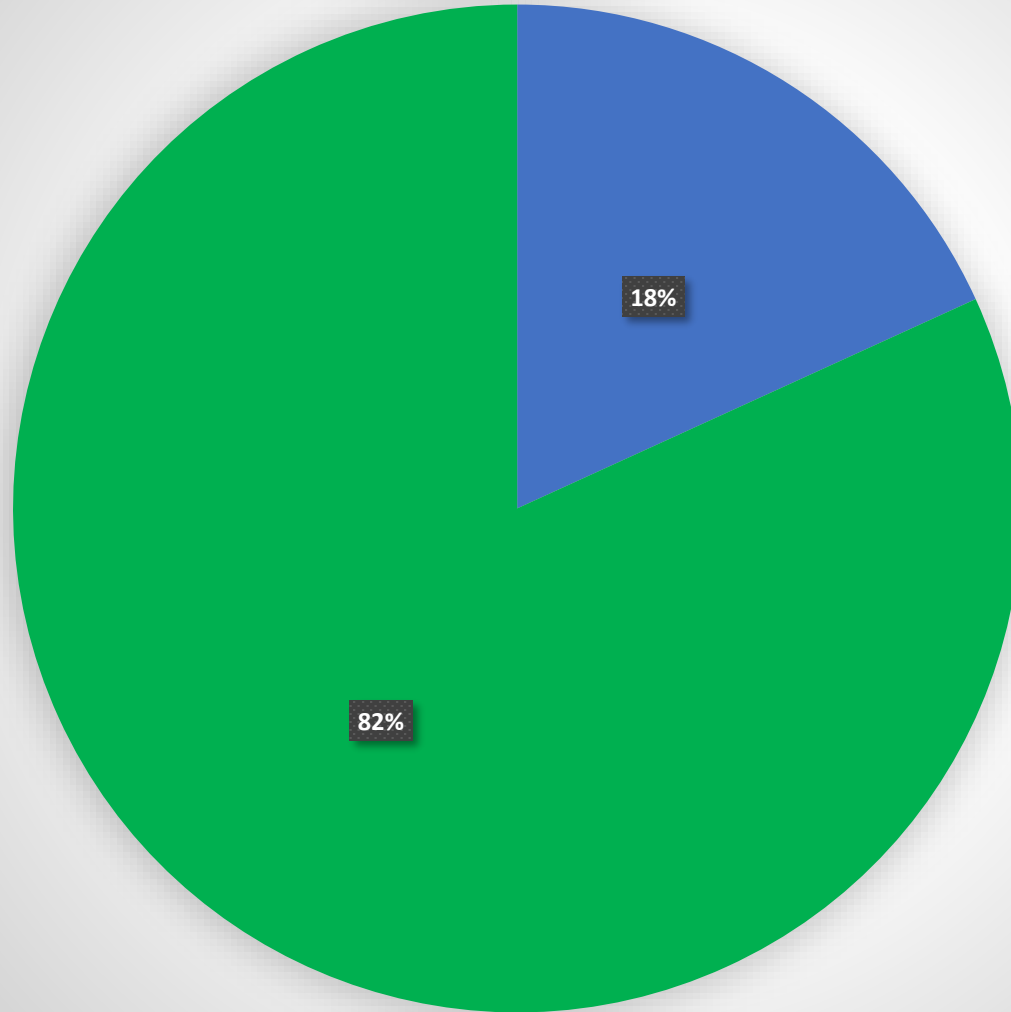


INDIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
EVENTS/HOLIDAY PROGRAMMES	847	766	1613
SPECIAL EVENTS (OLYMPIC DAY)	20	26	46
PARENTS/TEACHERS	156	139	295
SIBLINGS/FRIENDS	116	112	228
DISABILITY (PEACE DAY)	24	21	45
<b>TOTAL</b>	<b>1163</b>	<b>1064</b>	<b>2227</b>



# YOUTH SPORT LEADERS - NIKE

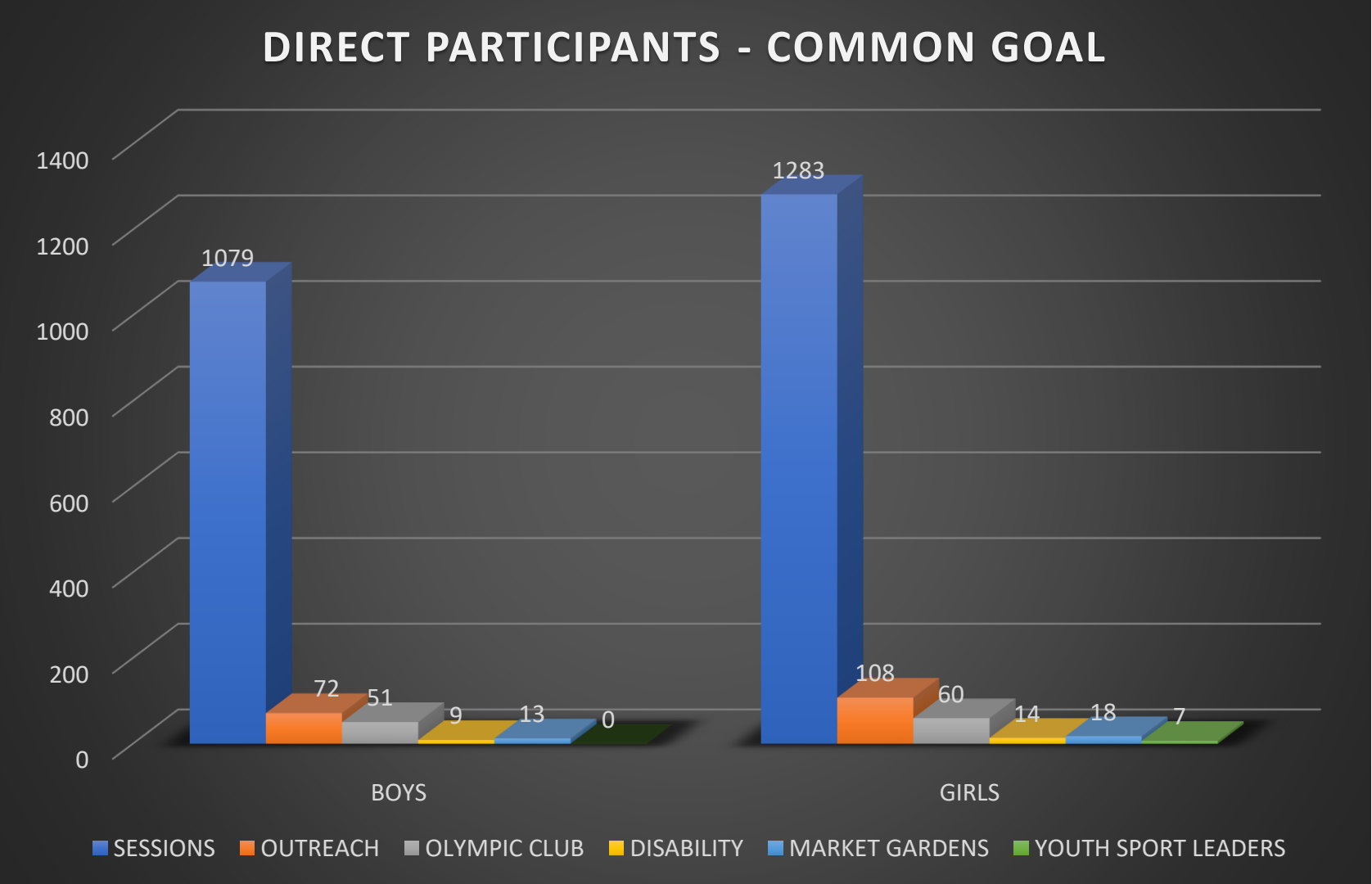
YOUTH SPORT LEADERS - NIKE



■ MALE  
■ FEMALE



# DIRECT PARTICIPANTS – COMMON GOAL



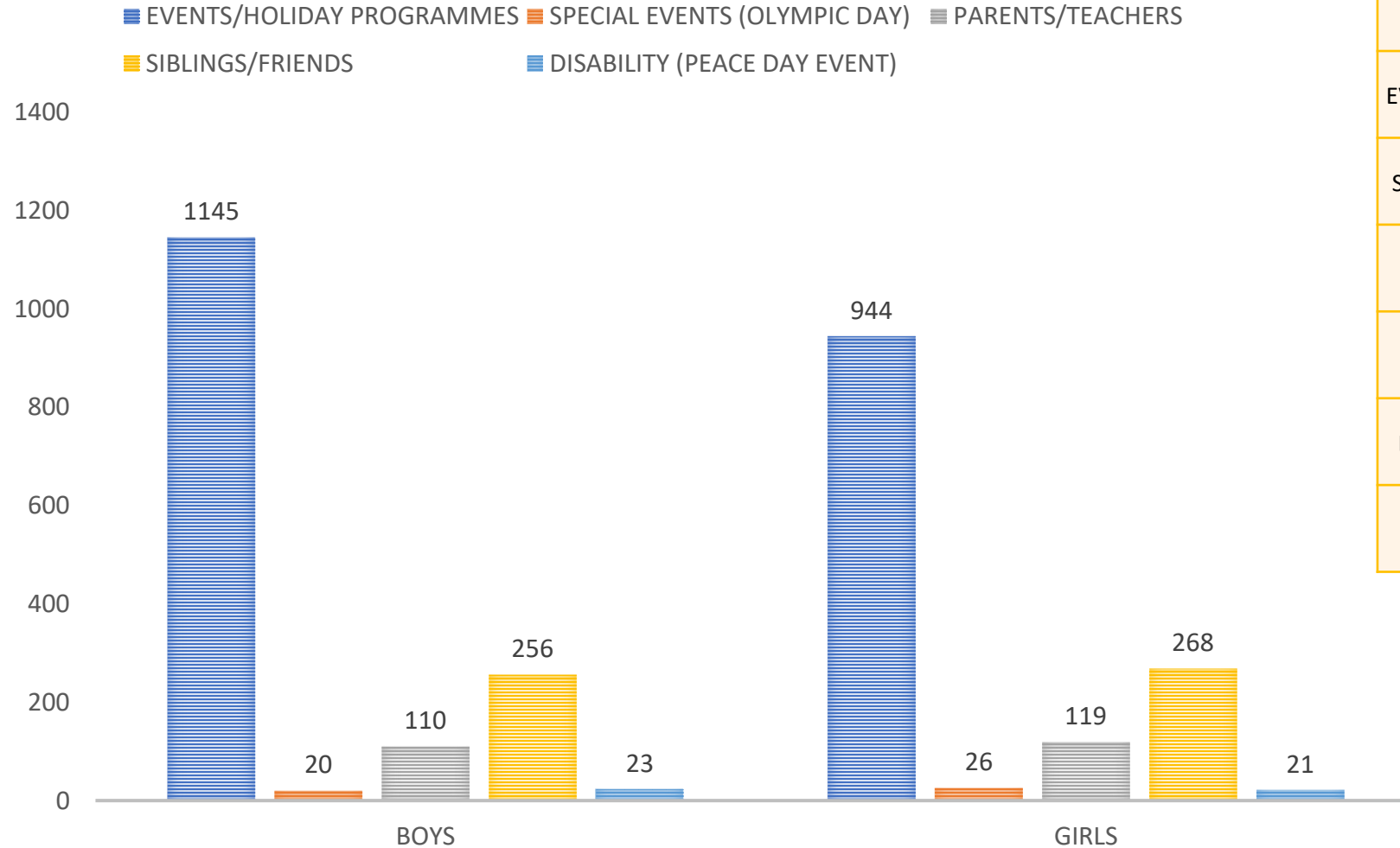
\*The count on disability was calculated on participants in the weekly sessions (not added under sessions), who encountered some form of disability.

DIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
SESSIONS	1079	1283	<b>2362</b>
OUTREACH	72	108	<b>180</b>
OLYMPISM CLUB	51	60	<b>111</b>
*DISABILITY	9	14	<b>23</b>
MARKET GARDENS	13	18	<b>31</b>
YOUTH SPORT LEADERS	0	7	<b>7</b>
<b>TOTAL</b>	<b>1224</b>	<b>1490</b>	<b>2714</b>



# INDIRECT PARTICIPANTS – COMMON GOAL

## INDIRECT - COMMON GOAL



INDIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
EVENTS/HOLIDAY PROGRAMMES	1145	944	<b>2089</b>
SPECIAL EVENTS (OLYMPIC DAY)	20	26	<b>46</b>
PARENTS/TEACHERS	110	119	<b>229</b>
SIBLINGS/FRIENDS	256	268	<b>524</b>
DISABILITY (PEACE DAY EVENT)	23	21	<b>44</b>
<b>TOTAL</b>	<b>1554</b>	<b>1378</b>	<b>2932</b>

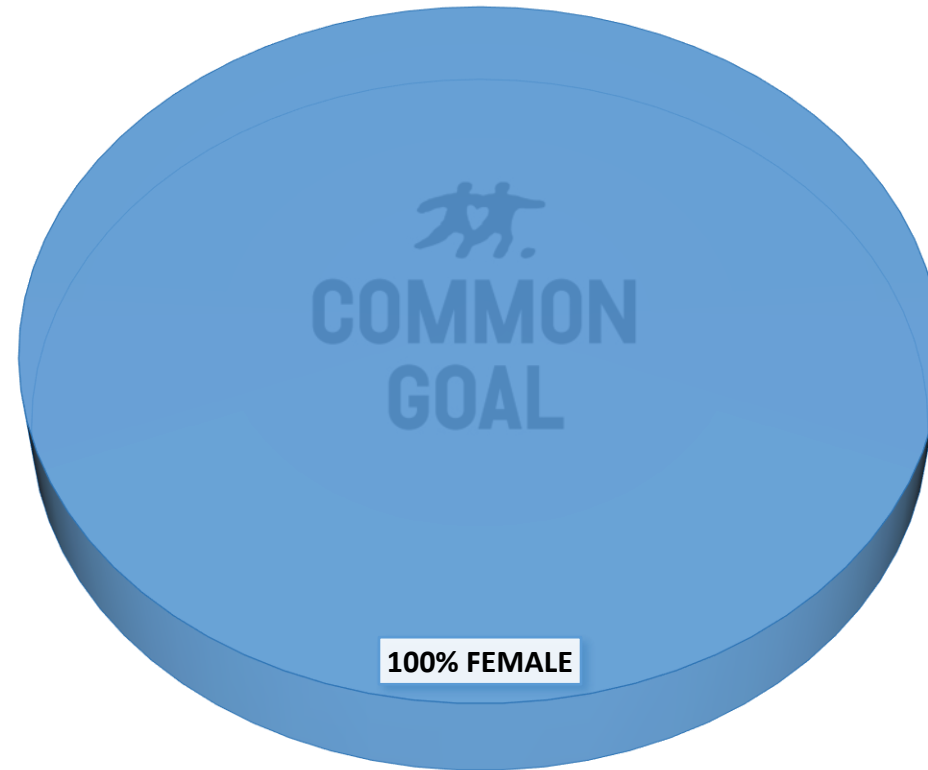


# YOUTH SPORT LEADERS – COMMON GOAL

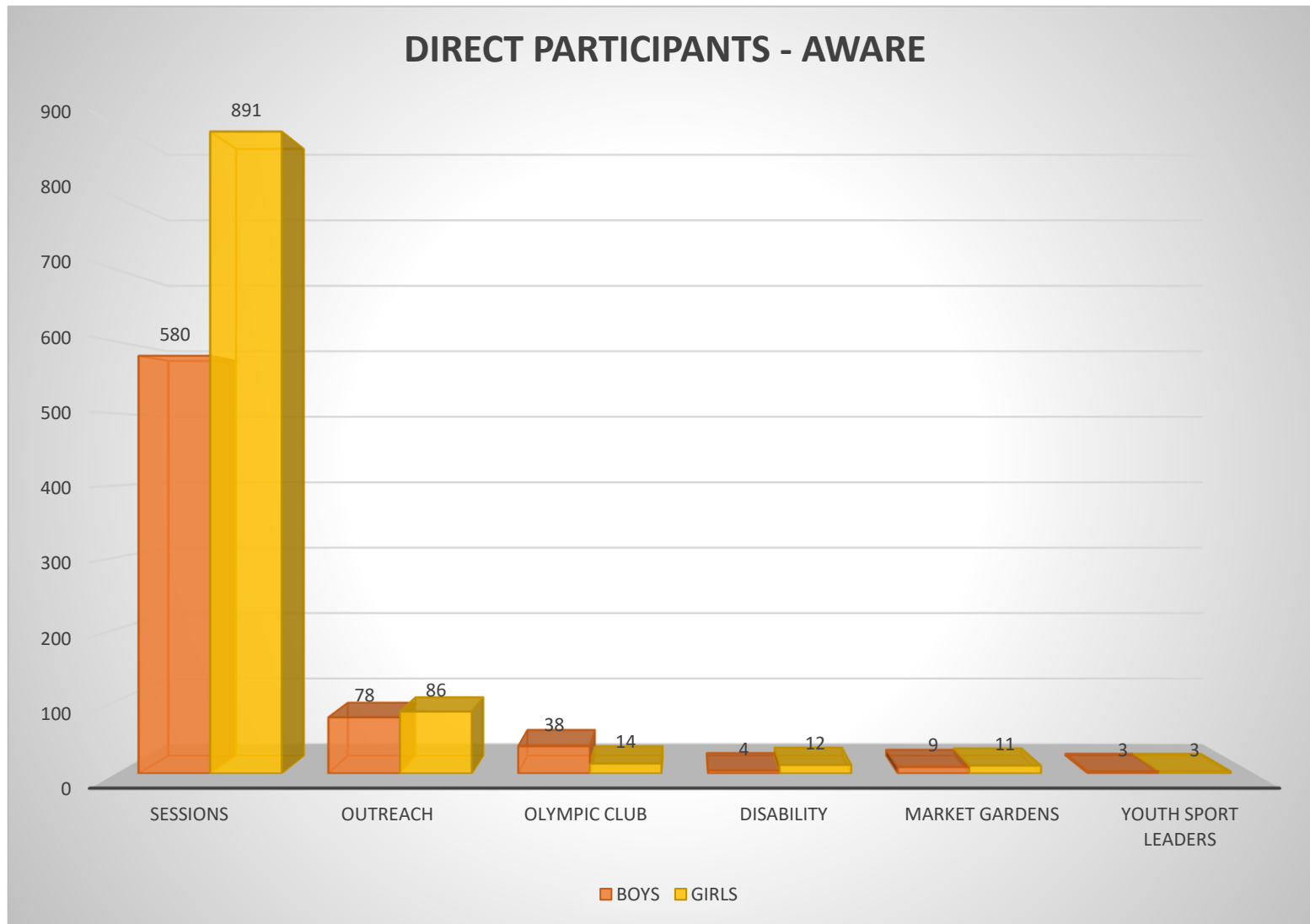
YOUTH SPORT LEADERS - COMMON GOAL

**A big shout out to Fabian Muller, Football star from Germany!**

**Your contribution reached 5 646 beneficiaries!**



# DIRECT PARTICIPANTS - AWARE



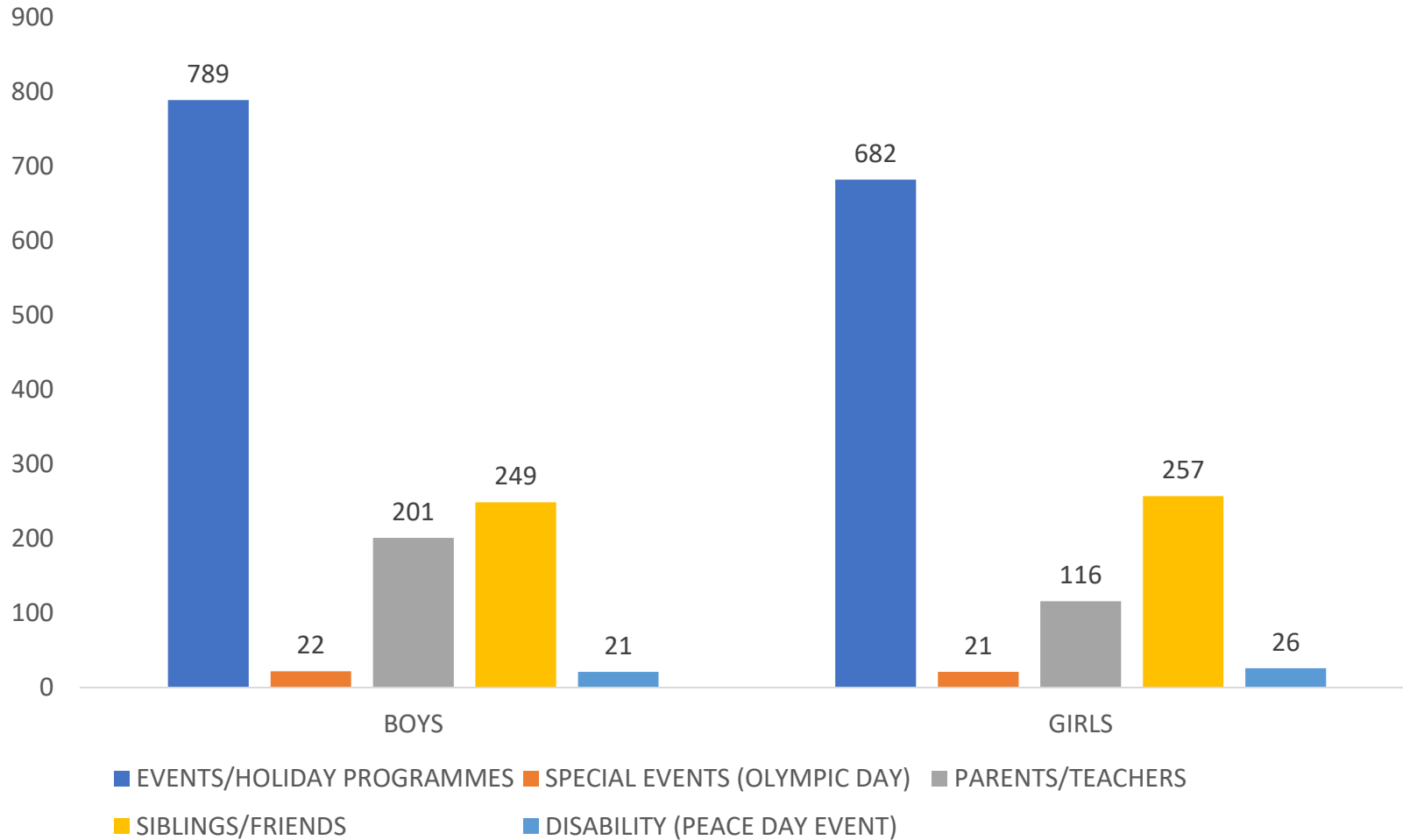
DIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
SESSIONS	580	891	<b>1471</b>
OUTREACH	78	86	<b>164</b>
OLYMPISM CLUB	38	14	<b>52</b>
*DISABILITY	4	12	<b>16</b>
MARKET GARDENS	9	11	<b>20</b>
YOUTH SPORT LEADERS	3	3	<b>6</b>
<b>TOTAL</b>	<b>712</b>	<b>1017</b>	<b>1729</b>



\*The count on disability was calculated on participants in the weekly sessions (not added under sessions), who encountered some form of disability.

# INDIRECT PARTICIPANTS - AWARE

INDIRECT PARTICIPANTS - AWARE



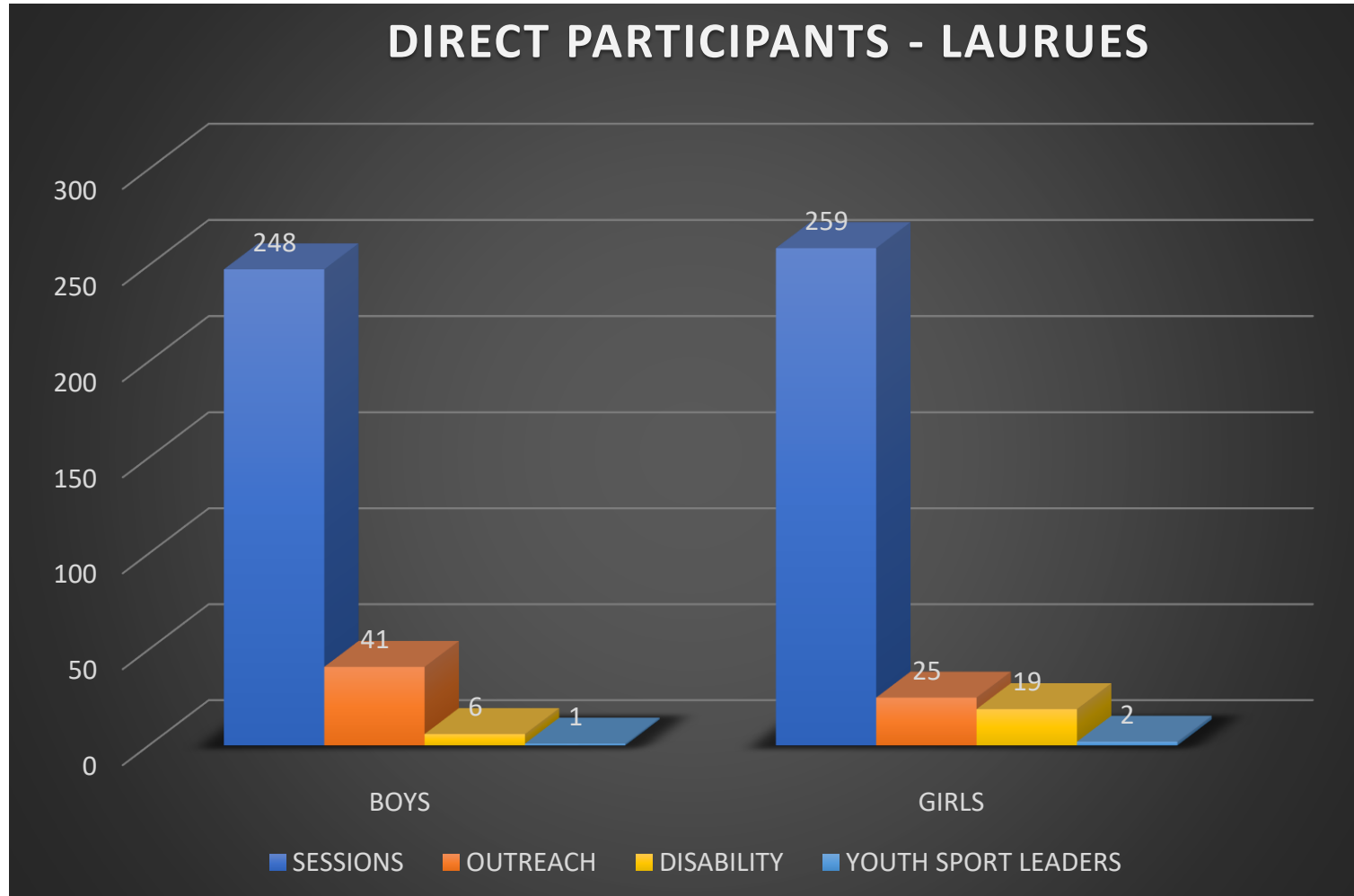
INDIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
EVENTS/HOLIDAY PROGRAMMES	789	682	1471
SPECIAL EVENTS (OLYMPIC DAY)	22	21	43
PARENTS/TEACHERS	201	116	317
SIBLINGS/FRIENDS	249	257	506
DISABILITY (PEACE DAY EVENT)	21	26	47
<b>TOTAL</b>	<b>1282</b>	<b>1102</b>	<b>2384</b>

# YOUTH SPORT LEADERS - AWARE

YOUTH SPORT LEADERS - AWARE



# DIRECT PARTICIPANTS - LAUREUS

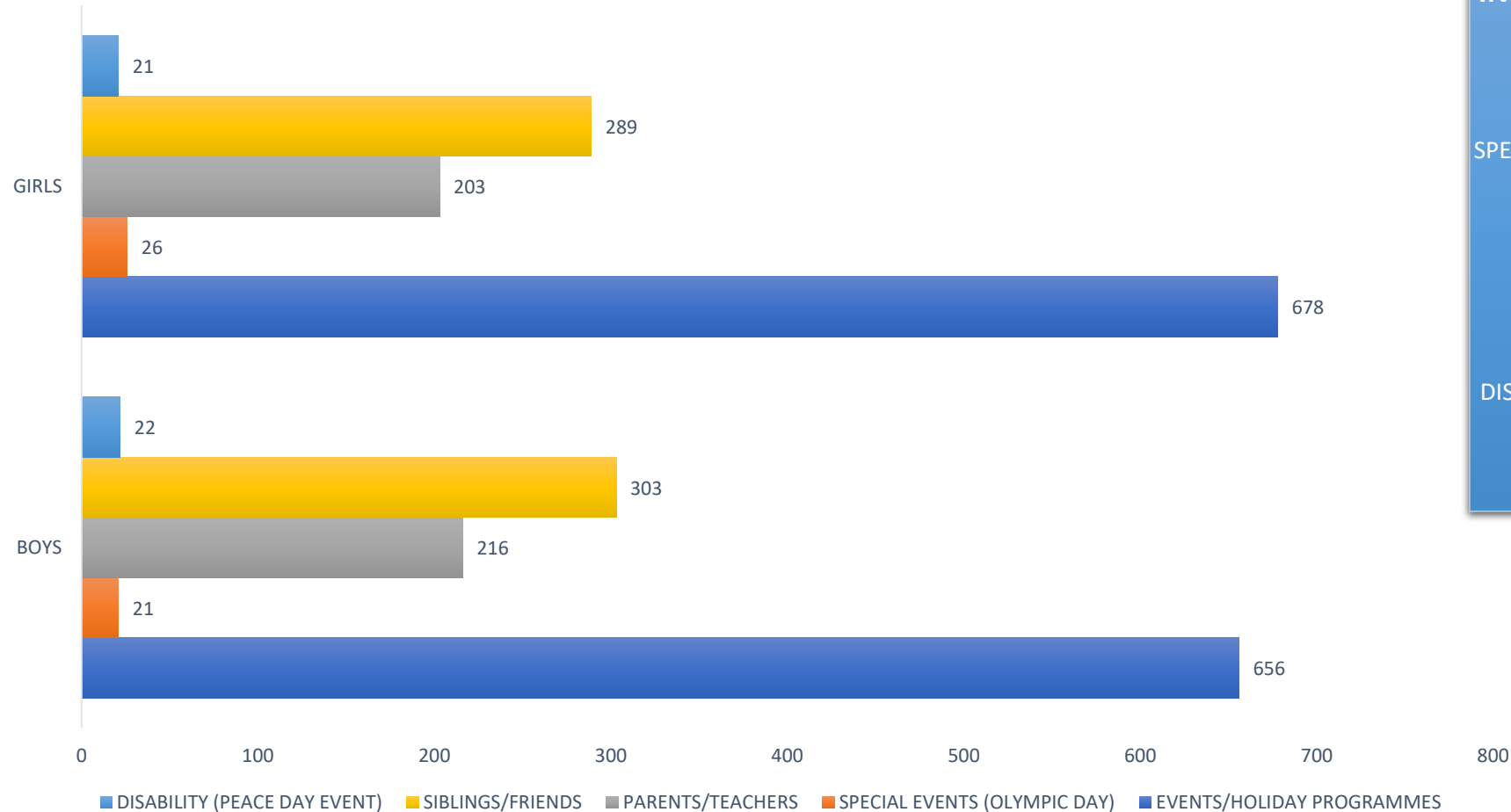


DIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
SESSIONS	248	259	<b>507</b>
OUTREACH	41	25	<b>66</b>
*DISABILITY	6	19	<b>25</b>
YOUTH SPORT LEADERS	1	2	<b>3</b>
<b>TOTAL</b>	<b>296</b>	<b>305</b>	<b>601</b>

\*The count on disability was calculated on participants in the weekly sessions (not added under sessions), who encountered some form of disability.

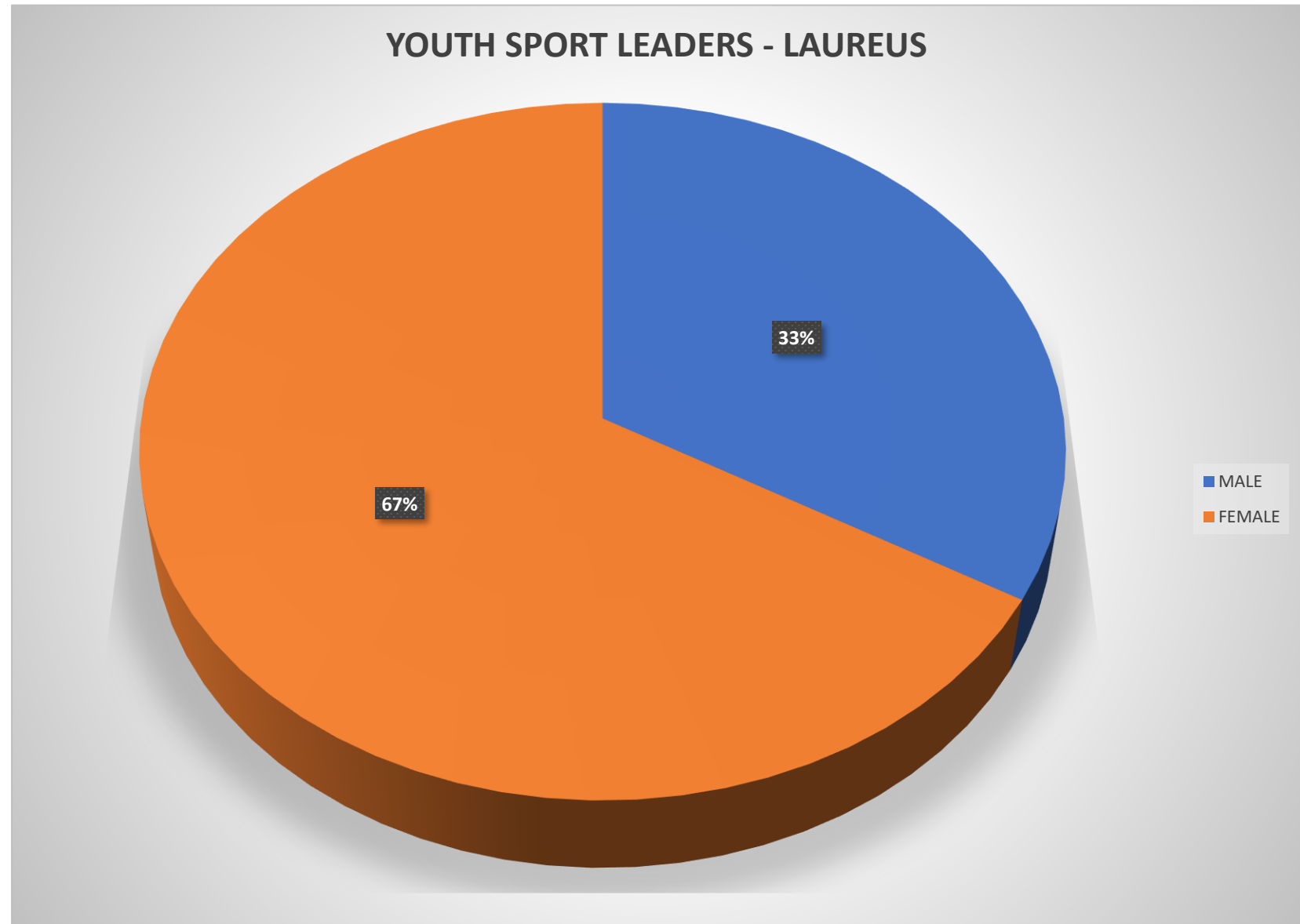
# INDIRECT PARTICIPANTS - LAUREUS

## INDIRECT PARTICIPANTS - LAUREUS

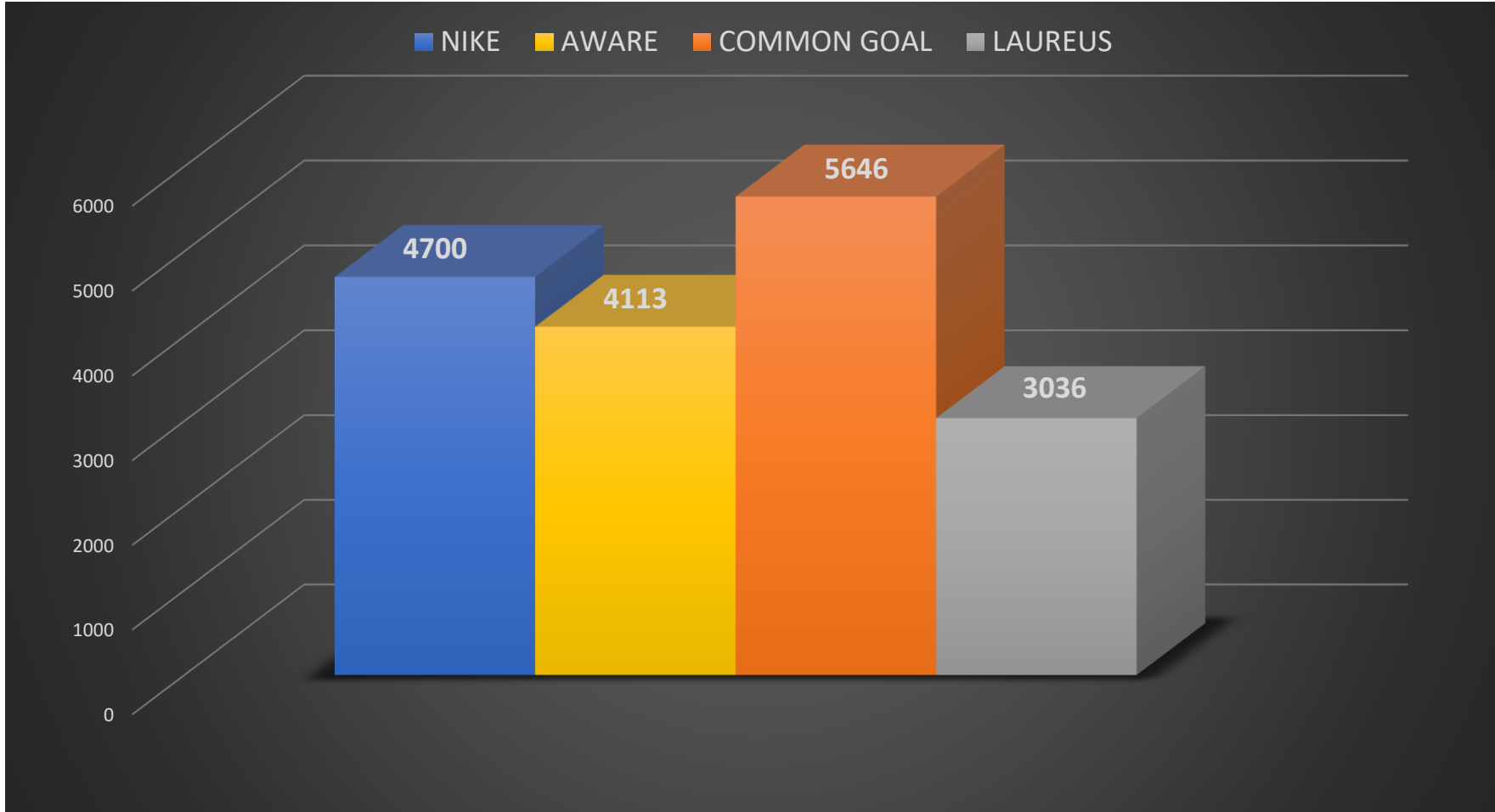


INDIRECT PARTICIPANTS	BOYS	GIRLS	TOTAL
EVENTS/HOLIDAY PROGRAMMES	656	678	1334
SPECIAL EVENTS (OLYMPIC DAY)	21	26	47
PARENTS/TEACHERS	216	203	419
SIBLINGS/FRIENDS	303	289	592
DISABILITY (PEACE DAY EVENT)	22	21	43
<b>TOTAL</b>	<b>1218</b>	<b>1217</b>	<b>2435</b>

# YOUTH SPORT LEADERS - LAUREUS



# TOTAL PARTICIPANTS (*INDIRECT* + *DIRECT*) = ALL PARTNERS



PARTNERS	TOTAL
NIKE	4700
COMMON GOAL	5646
LAUREUS	3036
AWARE	4113
<b>TOTAL</b> <i>(no participant counted twice)</i>	<b>17 495</b>





# **SPORT & VALUE SESSIONS**

## REPORT BY BRIAN MOLEKOA, YOUTH SPORT LEADER

I have had the privilege of working closely with a wonderful group of children, aged [10-17], teaching them the fundamental skills of rugby while also introducing them to a variety of other sporting activities. Our goal has not only been to improve their physical abilities but also build their character and make sure they are aware of negative effects of alcohol consumption.

Our rugby sessions focused on key skills such as passing, tackling techniques (with safety being a top priority), teamwork, and communication. It has been incredibly rewarding to see the children's confidence grow on the pitch.

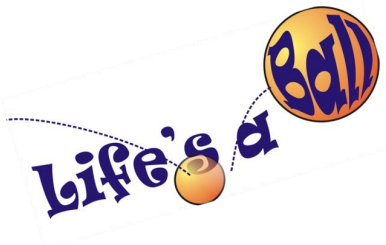
To ensure a proper physical education, I also introduced the children to other sports including tag games, basic athletics, and streetsoccer. These activities helped develop coordination and sportsmanship in a fun and inclusive environment. These different experiences kept the children engaged and gave them opportunities to explore new interests.

These values are now becoming part of their behavior, not just during sports, but in their day-to-day interactions as well.

This journey has been truly inspiring. I have seen shy children find their voice, those with little confidence grow into team leaders, and friendships blossom through shared effort and encouragement. Each session has brought new lessons—not just for the kids, but for me as a leader too.

I believe in the power of sport as a tool for both physical and personal development. I look forward to continuing this work, building on the progress we've made, and helping each child reach their potential.





Fun educational game

### **FOOTNET /STREETSOCCER**

We played streetsoccer and footnet. Mixed gender - boys and girls together. These games implement fair play, being honest and treating each other with respect. They come up with rules as decided on by both teams. A rule that always came up was that if someone fell they had to help him/her up.

Footnet is a game in which soccer and netball is played together and enjoyed by boys and girls.

*Chevon - Eersterust*



### **“I Found My Voice on the Field” (NIKE)**

*Gosiame Sithole, 12 years old*  
Nchunxeko Primary School, Soshanguve

Before I joined the Life’s a Ball programme, I was very shy and scared to speak in front of people. I come from a small RDP house where it’s just me, my mom and my little sister.

I used to feel invisible at school. When the Youth Sport Leader asked me to lead a warm-up for our team, I almost said no. My heart was beating fast, but I tried and everyone clapped for me!

That moment changed something inside me. Every week, I learned new things, not only about sport but about leadership, teamwork and how to respect myself and others.

I started helping younger learners and sharing my ideas. My teacher said I’ve become more confident, and even my mom says I talk more at home.

The biggest change for me is learning that my voice matters. I don’t hide anymore. I lead with pride!

### **“Inclusion Means Everyone” - LAUREUS**

**Name:** *Nthabiseng Maseko, 11 years old*  
**School:** Seetsa Sa Kgwedi Primary School, Soshanguve

There’s a boy in my class with a learning disability and some learners used to laugh at him. But during our sessions, our coach taught us that everyone deserves to play and feel part of the team.

One day, I was asked to be his partner during an session. I realized how much he enjoyed it when I helped him. Since then, I look out for others that are maybe not so good. Helping others makes me happy. I like to play with all and I do not judge them. I like to make everyone feel part of a group.

### **“I Learned to Choose Peace” – COMMON GOAL**

**Name:** *Lerato Molefe, 13 years old*  
**School:** Refentse Primary School, Soshanguve

I used to get angry quickly, especially when someone pushed me during a session. I thought shouting back or fighting made me strong. But through Altus Sport, our coach Gontse taught us about fair play, peace and dealing with emotions.

We did activities where we acted out arguments and learned how to calm down and talk instead. It was strange at first, but it helped me. Now, when I lose, I shake hands and smile. Even at home, when my younger brother annoys me, I take a deep breath instead of shouting.

My mom told me I’ve become calmer and more mature. The biggest change for me is learning that peace doesn’t make me weak-it makes me powerful .



Life's a  Ball



## **“I Said No and I’m Proud” - *AWARE***

**Name:** *Thandolwethu Dlamini, 14 years old*

**School:** Anchor High School, Soweto

In our community, it’s normal to see older kids drinking on weekends. One day, some friends asked me to come to a party. They said I should just “try one drink.” But during our sessions, we talked about underage drinking and how it can affect your body, mind and dreams.

I remembered what our coach said: *“You don’t need alcohol to belong.”* So I said no. They teased me, but later, one friend said I did the right thing. That night, I stayed home and played soccer with my younger brother instead.

The biggest change for me is confidence. I can now say no and feel proud. I choose my future over peer pressure.

## **“I Want to Be a Role Model” - *AWARE***

**Name:** *Kabelo Mthimunye, 15 years old*

**School:** Mboweni Secondary School, Atteridgeville

My father drinks a lot and it makes me angry. I thought that’s just how life is for people in our area.

But when our Youth Sport Leader talked about underage drinking, I understood how alcohol can hurt families and futures.

We watched a video and shared real stories. I learned that I can say “no”. Now, when older kids drink near the field, I don’t join them. I tell them I have practice. I focus on my goals and take care of my little sister.

I don’t want to be a man like my father. I want to be a role model in my community and someone who shows that sport and education are stronger than alcohol.



Life's a  Ball

I have been working with boys and girls in most of my sessions. I have watched girls getting used to share their space with boys. When we covered the puberty topic I was so excited to see how everybody was engaged and how well most of them know their bodies.

I have had other parents who look out for their children's safety who would always call if there's anything involving the Altus Sport session, just to make sure we are all on the same page.

**Phumzile Ntuli - Mamelodi**



**Themba Simango, 15 – From Anger to Peace (AWARE/SCB/Common Goal)**

I live in Atteridgeville where fighting and shouting are normal. Even at home, arguments happened almost every night. I learned from a young age that if you want to be heard, you have to fight back. That's how I behaved at school too. I used to get into fights with classmates for small things, and teachers called me a troublemaker.

Then the Altus Sport programme came, and at first, I didn't take it seriously. But one day, our Youth Sport Leader spoke about conflict and peace and how peace is not being quiet, it's choosing how to respond. We acted out scenes about bullying and arguments and for the first time, I saw myself in those stories. I realised I was hurting people who didn't deserve it.

I started working on my anger by breathing before reacting. It wasn't easy but every time I managed to walk away, I felt stronger. My friends began to notice and even started asking me for advice when they argued. My teacher said I had changed a lot and made me a class monitor.

The biggest change for me is that I've learned peace starts with me. I no longer fight to prove myself. I lead by staying calm and showing respect. I never thought I'd be someone people call a "peacemaker," but now that's who I am.

**Naledi Maninjwe, 13 – Standing Up for Myself (SCB/Common Goal)**

I live in a small house in New Eersterust with my mom, father and three brothers. Growing up, I was always told that girls should stay quiet and not take up space. I love sport but I didn't think it was for me because people said it's for boys. When the Altus Sport sessions began, I watched from the side for a few weeks until my coach Sheila invited me to join.

One day, we had a session on My Rights and My Responsibility. I learned that girls have the same right to play, learn and lead as boys. Our coach made us list things we were good at and it made me realise I had been hiding my strengths. I started helping organise our games and spoke during our class reflection.

I also started helping younger girls at school to join sport.

The biggest change for me is that I am no longer afraid to stand up for myself. I've learned that leadership has no gender and being a girl means being powerful in my own way.







A session would consist of sport skills, fun games and discussion on a specific topic or value.



**Auditious Mhlanga, 17 – Recovering Confidence and Saying No to Alcohol (AWARE)**

I live in Atteridgeville and started drinking last year when life got too stressful. My mom lost her job and I felt like everything was falling apart. My friends used to say alcohol helps you forget your problems and for a while, it did. But after every weekend, I felt empty and ashamed.

When I joined Life's a Ball, I didn't expect it to change my life. But during the Underage Drinking Awareness sessions that coach Norman has taught us throughout the year, I saw what alcohol really does to your body and dreams. We had a community member shared her story of how she almost lost everything because of drinking. It made me realise that I could still choose differently.

I stopped drinking completely and focused on sport. Every time I step on the field, I remember that I am stronger than my past.

The biggest change for me is believing that I can rebuild my confidence. I now speak to boys who feel hopeless and tell them, "Your story can change too."



**Kagiso Songo, 13 – Learning About Choices and Responsibility (Common Goal)**

I live with my mom in a small township called Kekana near Hammanskraal. My mom works long hours as a domestic worker and sometimes we don't have enough money for everything we need. I used to spend the little pocket money I got on snacks and games without thinking.

When we started to talk about money, I learned about saving, planning and setting goals. Our coach made us write down our dreams and what we need to do to achieve them. I wrote: "Start a small business one day."

We also learned how to say no to wasteful spending and focus on what's important. I began helping my mom with our small garden and saving a few rand each week. We even sell vegetables to neighbours now.

The biggest change for me is that I understand responsibility for my time, money and future. I want to study business one day, and I know that the choices I make now matter.



Rugby and football were the dominant sporting codes in the sessions throughout the year. Athletics dominated the 1<sup>st</sup> term.

Other sporting codes, fun and indigenous games were played during holiday sessions and events.

### “Helping Others Helped Me Grow” - NIKE

**Name:** *Katlego Mofokeng, 13 years old*

**School:** Irene Middle School, Centurion

Being part of the Olympic Club has been the best experience for me. We plan games for the Grade 3 learners and help them during activities. At first, I didn't think they would listen to me, but they did! Teaching them to jump and catch balls taught me patience and leadership.

Coming from a township community where there aren't many opportunities, I used to think leadership was only for adults. Now, I understand that leadership starts with helping others. I even keep minutes of our club meetings.

The biggest change for me is realizing I can make a difference now, not one day. I've grown into someone who leads with kindness and purpose.



### Likhona Makhoba, 16 – Overcoming Peer Pressure and Finding Self-Respect (Common Goal)

I live in Soweto and attend Anchor Secondary School. I live with my grandmother and two cousins. Life hasn't been easy, there's not much for young people to do after school and most of the time, we just hang out on the streets. That's where I started feeling pressured to do what everyone else was doing. My friends started drinking on weekends and said it made them "forget their problems." I didn't want to be left out, so I joined them.

When Altus Sport started the programme at our school in January, I only joined because I liked soccer. But I realised it was much more than that. We learnt about respect, fair play and taking care of our bodies. During one session, our Youth Sport Leader, Tshepiso spoke about underage drinking and decision-making. She said, "Your choices today shape your tomorrow." That really hit me. I started thinking about how much time I was wasting, and how I was copying others instead of building my own future.

Now, I play sport almost every day after school and help with the younger learners during activities. I've stopped hanging around the wrong crowd. The biggest change for me is that I have learned self-respect. I can say no when I need to and I don't feel bad about it. I've realised that true confidence is not about being popular; it's about knowing who you are and making choices that help you grow.

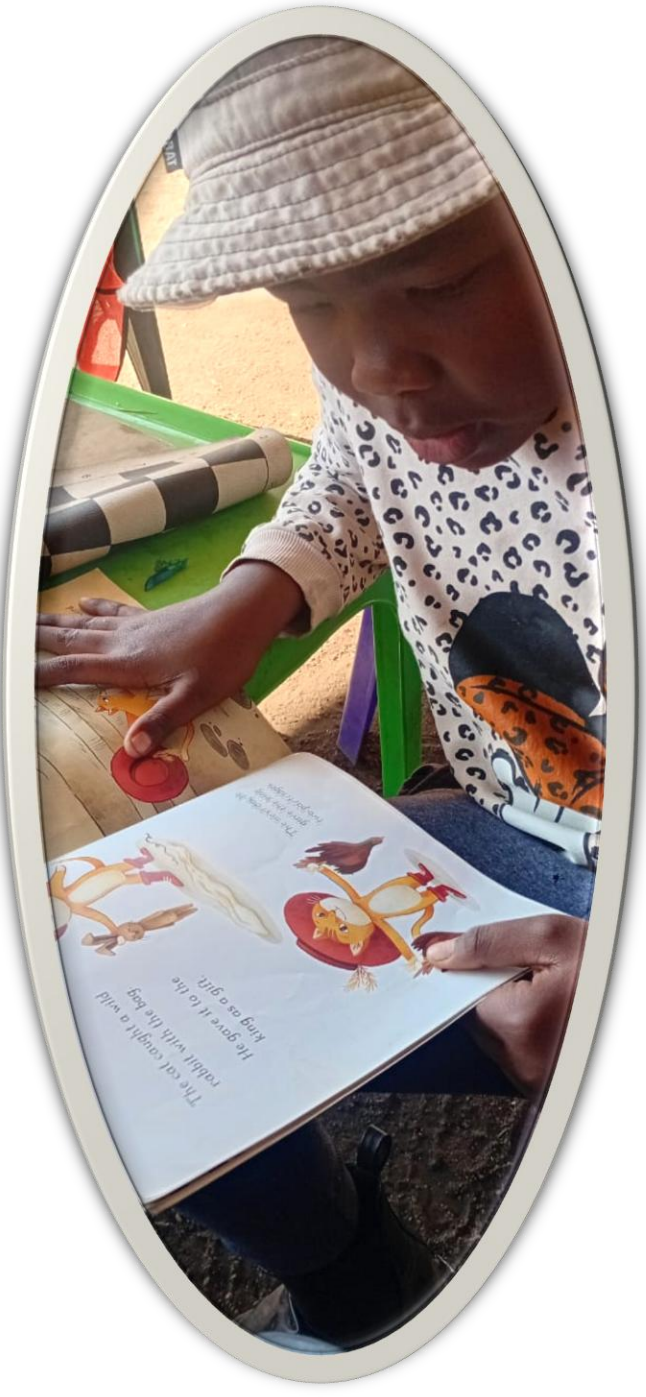


# **READING CORNERS**



Four main reasons led to the initiation of the reading corners.

1. Young siblings waiting next to the field during a Life's a Ball session
2. Enhance reading and listening skills
3. Cultivate a love of reading and handling books
4. Participant from the session takes on a leadership role at the reading corner.





Each week, one leader is chosen to read to their younger siblings. 90% of learners have younger siblings that have to wait for them to finish their session, as they take care of them.





HIV AIDS

# EVENTS



Holiday sessions vary from learning a new sport (rugby for girls), fun activity games and supervised soccer in the streets

## **A few snippets from the YSL: Question: “who was proud of their 1<sup>st</sup> day of their holiday programme”?**

*“Me I’m proud miss Lee I had fun today, the boys played street soccer today, they caught on to football three values real quick and these were all community kids most of whom we have never worked with, the most fun part was the mentoring bit, a reminder why our program is important to our communities it’s not just sport like they expect, it’s something more and the kids seem to always instantly connect with us no matter where we go.”* **Lwazi**

*“Today's session with the kids was pure joy! They brought so much energy and enthusiasm. We did some amazing activities that sparked their creativity and curiosity. Watching them learn and grow is the best part of my day. Their smiles and laughter made every moment special. I'm so grateful to have the opportunity to play a role in their development and make a positive impact on their lives. Spending time with the kids was a reminder of the importance of play, creativity, and connection. I'm thankful for the experience and look forward to many more fun-filled sessions.”* **Meiky**

*“Good afternoon, Miss Lee. Since I started my holiday program on Monday, it has not been easy and fun cause I was cleaning and watering the veggie village, but today was awesome, playing with the kids, I only realized that I missed playing with them, how i enjoyed myself today makes me to look forward to a new term. Can't wait “* **Phumla**

*“The first day of my session I started with only 8 learners by the end of my session i had 33 learners of which was a great start for my holiday program. I had learners mostly from the community who was their first time attending a holiday program which they enjoy a lot playing different games. Today we had our first session cleaning inside and outside the container and also the school play grounds which was a great workout for everyone in preparation of our upcoming Holiday Program Event that’s happening tomorrow at the school, that's what made my holiday program great. So everyday it's new faces and the numbers increase, kids are happy and they want to stay for an extra hour so I usually give them an hour extra.”* **Thobile**







# ALTUS SPORT HOSTED TWO MAJOR EVENTS

**OLYMPIC DAY: 20 JUNE 2025**





Please follow the link to the detailed report

<https://acrobat.adobe.com/id/urn:aaid:sc:EU:227fce72-dee2-4666-8be0-2afb9f32b9c6>



## PEACE DAY: 26 SEPTEMBER 2025

Altus Sport proudly hosted its annual International Peace Day event at Zodwa School for the Mentally Handicapped in Atteridgeville. This year's theme focused on Olympism and the values of ***peace, inclusion, and the right of every child to play and participate in safe environments.***

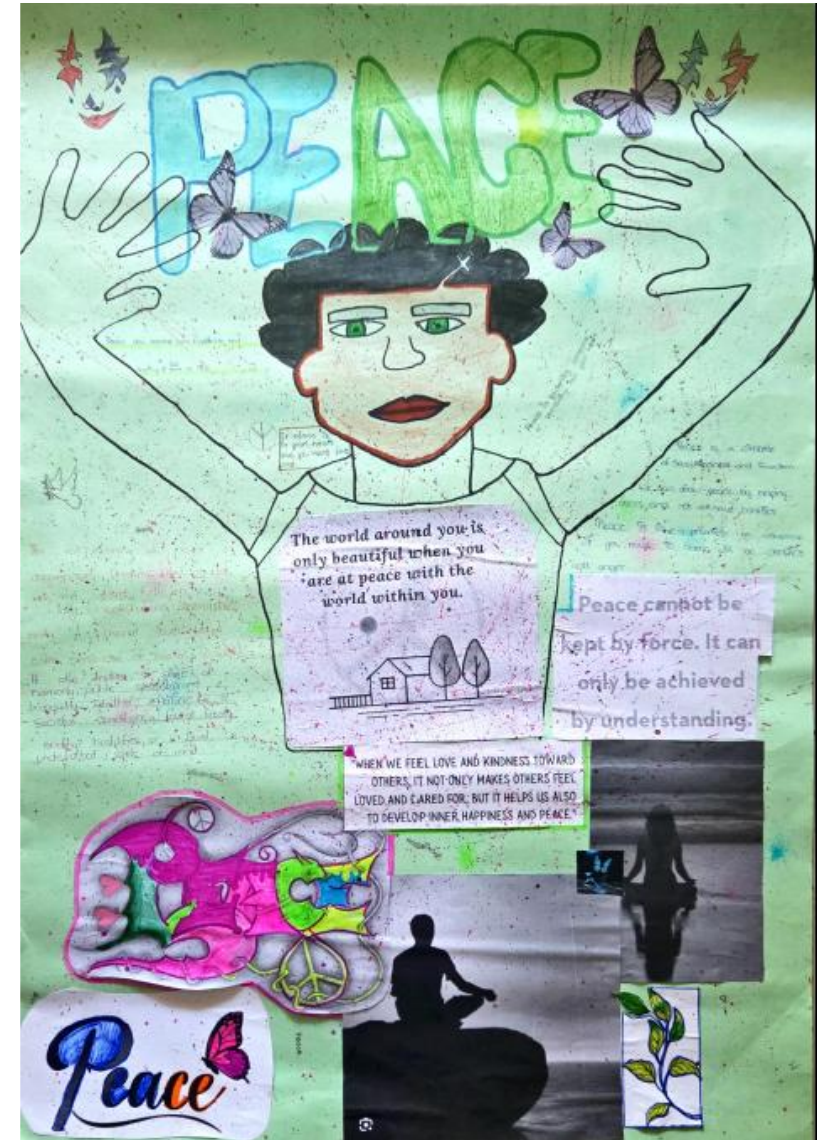
Link to detailed  
report

<https://acrobat.adobe.com/id/urn:aaid:sc:EU:0506a1a0-e177-485c-8441-3d543be51107>



## PEACE WEEK INNOVATION

In addition to the event, we piloted our first ever Peace Week, involving several partner schools. Learners engaged in art, dance and song activities to express what peace means to them. This approach broadened the impact, reaching children who may not connect primarily through sport, and emphasized that peace can be lived and celebrated in multiple ways—through creativity, culture, and community engagement.



# WINNERS OF PEACE WEEK

## ART & DANCE CATEGORIES

The school as well as the winning participants received financial compensation as well as certificates.



**SIKHANYISELE PRIMARY SCHOOL**



**THOHYANDOU PRIMARY SCHOOL**



**NANTES PRIMARY SCHOOL**



**JOHN MITCHELL PRIMARY SCHOOL**



**FAIRVIEW PRIMARY SCHOOL**



**LAUREUS**  
SPORT FOR  
GOOD  
— SOUTH AFRICA —





Liana Laubscher engaging with a group from the School for the Deaf.

The day covered the pillars of:  
Move | Play | Discover | Learn.

Altus Sport and the University of Johannesburg were involved under the “learn” theme, designed to enlighten them on the values of Olympism.



The 110 learners who attended the Olympic Day in Johannesburg represented Bertrams Junior Preparatory School, Dr Knak Primary School, Iphuteng Primary School, Zenzeleni Primary School, and St Vincent School for the Deaf.



# **OUTREACH PROJECTS**



Four days a week the Youth Sport Leaders implemented the Life's a Ball curriculum. On a Friday the leaders could implement their own community project.

The majority leaders covered the initiative of Sport & Education; a few did Sport only which included running a mini netball group, coaching at a soccer club and assisting at a tennis club.

We saw a great activation of community ladies and grannies!





Since I saw that many kids come to the park to play, I decided to take my outreach there, because we attract many kids. We have 20 girls and 12 boys, total 32. We usually play different sporting games and indigenous games. They are fun and bring out all the energy in us.

***Violet Kutumela, New Eersterus***



These community projects included all ages, small, tall, old and young! Our leaders managed to get the community moving!





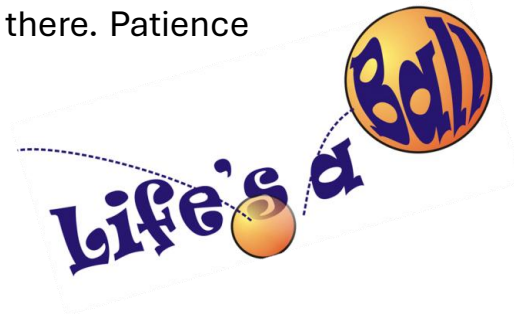
**BASIC SKILL DEVELOPMENT AND ENJOYMENT!**

**My outreach: Helping my community children with homework, reading and playing games outside.**

It is an honor to be able to assist more than 40 kids in sports and learning and also being able to be trusted by their parents. It was never easy to deal with different kids from different backgrounds, but me being passionate enough to be able to deal with them makes me create a unique bond with them because that enables them to be more comfortable and more open without feeling judged or feeling any distracted.

Grade 1 to 8. Some of them come from special school (Phiri Special School) they also need to give them attention also ask them what they have done at school it's really a nice experience but really need to understand them it was tough before with special school kids, but I'm get there. Patience always works!

**Meiky Kgafela - Soweto**



This is a outreach programme at Wizkids Educare in Nellmapius that runs on Fridays. In this picture we had a book time where I get to read stories and ask questions so I can test their listening and comprehension skills. There's more activities that happen outside the classroom to keep the little ones fit and going.

**Phumzile Ntuli - Mamelodi**



## CHEVON ESBIE - *Eersterust*

My outreach programme with grade R learners contains educational games and sport skills.

I also speak to them about leadership skills, because it has to start at a young age to know the difference between being able to stand up for yourself and be safe in the environment you play in or surround yourself in.



His name is Leanzo, Grade R learner at PS Fourie Primary School. Leanzo is a very shy boy but when it comes to doing activities he knows how to express himself. He is very outspoken, he said to me this flower means everything to him because it reminds him of his mother because she's a strong woman, and a good mother to him.



## **STANDARD CHARTERED BANK ENTREPRENEURSHIP DAY FAIRVIEW PRIMARY SCHOOL**

Standard Chartered Bank South Africa, together with the Head of Finance Africa, spent the day at Fairview Primary School assisting the Gr 7's with Entrepreneurship Day. The Gr7's got full insight from their budgets to their marketing.

Thank you, Standard Chartered Bank South Africa, for donating caps, booklets and pens!!



# AWARE YOUTH DAY EVENT – 30 JUNE 2025

The AWARE.ORG team and volunteers spent Youth Day at Thulani Primary School playing sport activities, reading and planting veggies in our market gardens. The learners created a pledge wall by “hand printing” and committing in saying NO to underage drinking. The AWARE team donated plates towards the feeding scheme.

Below: SGB member Thandiwe, Principal Armstrong Ntuli and Mokebe Thulo CEO of AWARE.org

[https://1drv.ms/v/c/04899d834bc41711/IQAS4VKzx5sJQbFCIp\\_4qH9sAc2N50-K-3PKMYQ9kx9HWmE?e=dsfF7J](https://1drv.ms/v/c/04899d834bc41711/IQAS4VKzx5sJQbFCIp_4qH9sAc2N50-K-3PKMYQ9kx9HWmE?e=dsfF7J)





**GARDEN MARKET**  
**LET'S GROW**

# 1. SHEILA'S REPORT: RAPELEGO PRIMARY SCHOOL

It's been a fantastic year working on our veggie garden project with my enthusiastic participants and our six farmers at our school. Let's walk through our journey step by step, covering planting, growth, harvesting, selling, and key highlights.

**January: Planning Session** - We kicked off the year with a planning meeting involving all participants, deciding on crops suited for South Africa's climate like tomatoes, spinach, carrots and sweet potatoes. - **Plantings:** January saw us planting heat-tolerant veggies like tomatoes, spinach and sweet potatoes then **February to April:** Growth and Maintenance- Crops Sown: We planted cabbage, beetroot, and onions fitting the winter seasons.- **Watering:** we were watering practices suitable for our veggies climate. - **Crop Rotation:** Implemented rotation to maintain soil fertility and reduce pests. **May to July:** Winter Crops and Harvesting- Winter Veggie Focus: Planted cabbages, spinach suited for cooler months.- **Harvesting:** Started picking spinach, beetroots and spring onions.



**August to October:** Harvests: we picked tomatoes, spinach, cabbage and spring onions for the school to cook for our learners. –

**Selling:** participants managed sales recording profits of approximately \*R800. 00 from key veggies like tomatoes, spinach, sweet potatoes, cabbage, spring onion, beetroots and carrots. We were selling in the school. –

**Community Engagement:** we managed to sell +/- R400 and it made a huge gardening attracting local interest. Because our local farmers also needed our help with theirs, we helped on weekends and holidays.

**Highlights-** Good harvests from tomatoes, spinach and sweet potatoes. - **Challenges:** Managed pests like caterpillars we used organic sprays and strategies I learned at our workshop. Also, our tunnel got burnt on the other side. With the school help and our farmers, we managed to cover it with the green net that the school had. –

**Profit Sharing:** Profits split among participants based on selling eg if we are selling spinach for R10.00 they take R5.00 then bring R5.00 back. It's for our garden to buy more plants so that we keep our garden on going. If we have money left we buy snacks for our holiday program. –

**Learning Curve:** Participants gained hands-on experience in crop rotation, composting, organic pest control and making profit.





Rapelego Primary School

“As a youth sport leader volunteering Altus Sport for my sessions being S.T. Camillus Primary School every Wednesday to Friday, my role extends far beyond the sports field. Together with the participants in my programme, we care for a garden tunnel where spinach is our main crop. Each morning, the learner's water the plants, and I monitor their growth after school. This shared responsibility has become a powerful tool for teaching discipline, teamwork, and care. The spinach we grow serves multiple purposes. It generates income, supports the school’s feeding scheme, and most importantly, nourishes the lives of the learners in ways that go beyond nutrition. Some participants quietly ask for a bunch to take home, and I always make sure they receive it. I’ve come to understand that this simple act of giving can mean a lot, especially when food security is uncertain. Recently, one of the learners experienced a loss in her family. Her uncle, who lived with them, passed away. In that moment, I gave her five bunches of spinach — not just as food, but as a gesture of support, comfort, and solidarity. It reminded me that our garden is more than a source of vegetables; it’s a space of healing, dignity, and community care.”

***Tshepo Raphephele - Hammanskraal***



## 2. Growing More Than Spinach



### 3. VIOLET KUTUMELA Sportainer New Eersterus

“We have our veggie garden at Vukani Community Centre in New Eersterus. We started by planting spinach which we sold for R10 a bundle. The money that we made from selling spinach we used it to buy more seeds. We decided to plant lettuce , tomatos and onion.

We water our garden two times a day with the help of volunteers at the container and participants. On Fridays we usually remove weeds in the garden, water the garden and harvest.

We use some of the veggies to cook for kids at holiday programs and other seeds to replant . We have this other Grandpa who helps us everyday showing us how to plant. He also helps us with harvesting.

Sometimes we help participants who are disadvantaged with veggies so that they can have something to eat at home. We are grateful to have this veggie garden.”

***Violet Kutumela – New Eersterus***



#### 4. VEGGIE GARDEN AT THE AWARE SPORTAINER IN SOWETO



# **OLYMPISM CLUBS**



Altus Sport and the South African Centre for Olympic Studies and Social Impact, SACOSI, drafted a project, Olympism Club, to be implemented at primary schools.

As this project has been on the “to do list” for some time, Altus Sport launched the 1<sup>st</sup> Olympism Club without funding in April 2025.

In August, **Women Win** donated funding for 4 more Clubs to be established and implemented!

Altus Sport is proud of the 5 active Olympism Clubs! We will be going out of our way in gaining a sponsorship for this impactful project.

The following Altus Sport Board Members agreed to take on a mentorship role at each Club: Gert Potgieter, Dr Engela vd Klashorst, Tania van Wyk, Tshidi Monatisa and Sarah Oescher.





### Description

Establishing Olympic Clubs in primary schools aims to develop multiple roles through sport and physical education.

**Senior phase:** Grade 7 learners receive guidance, training and opportunities to lead and inspire activities to the foundation phase at their schools. Hereby they gain various sport management and leadership skills while growing in self-confidence.

**Foundation phase:** In return this learner-led initiative is designed to inspire and motivate children in lower grades on various levels – sport & physical activity, health and well-being, art, culture, and positive values. Activities are linked to the CAPS curriculum which directly assists the educators.

**Mentorship:** Youth Sport Leaders (YSL), aged 18 – 35 years from Altus Sport, will be the driving force behind each Olympic Club, acting as a mentor and motivator for activity and creativity. Altus Sport Board members have agreed to join hands with the YSL in the mentorship programme.



### Project Objectives

1. Promote Olympic values: Respect, Excellence, Fair Play, Friendship, Responsibility
2. Develop leadership and organisational skills
3. Implement basic sport management functions
3. Encourage physical activity, teamwork, and fair play
4. Foster an inclusive, respectful school culture
5. Provide mentorship opportunities

## Altus Sport launched a pilot Olympic Club at Irene Middle School in April 2025

A pilot at Irene Middle School showed growth in:

**Personal development** – Building confidence, leadership, and responsibility

**Movement and sport skills** – Learning basic and advanced physical skills

**Social integration** – Promoting active citizenship and community contribution

**Cognitive development** – Encouraging problem-solving and planning

**Sport management** – Gaining experience in organising and leading events

Club activities include all forms of physical activities, competitions, creative events, and basic sport management, guided by Olympic values.



In April this year, Altus Sport and I launched an Olympic Club at Irene Middle School, specifically designed for Grade 3 learners. As part of the club's structure, I selected 10 Grade 7 learners both girls and boys to take on the role of peer coaches.

Each Friday, these young coaches lead small groups of Grade 3 participants in fun, engaging physical activities that focus on fundamental movement skills such as jumping, balancing, kicking, catching, and skipping.

The sessions also incorporate key Olympic values including respect, friendship, and fair play. Our aim is to foster these values through play and teamwork, making the experience not only educational but also fun and memorable for all participants.

We hold weekly committee meetings every Thursday to reflect, plan upcoming sessions, and track the progress of each group. As the mentor of the Olympic Club, I monitor all activities, complete baseline assessments, and record group performance points based on engagement, skill development, and teamwork.

This journey has been incredibly impactful for me. It has deepened my understanding of youth leadership, strengthened my facilitation and mentoring skills, and allowed me to witness firsthand how sport can build confidence and a sense of responsibility in children.

For the Grade 7 learners, taking on the role of a coach has been a transformative experience. They are developing leadership, communication, and problem-solving skills, and gaining confidence in their ability to guide and support others. These are life-long skills that will benefit them both academically and socially now and in the future. This initiative is more than just a club; it's a platform for empowerment, leadership development, and community building.

*Sandy Mahlangu- Youth Sport Leader*





Thank you to Women Win for making it financially possible to launch and implement 5 Olympism Clubs in 2025!





**OLYMPISM CLUBS – LEADERS IN ACTION!**



I'm Sheila Maluleke, a youth sports leader who is passionate about mentoring our next leaders through sports by helping them to develop their skills and contribute to grow the success of the club.

Activities: fitness, reading corner, sport, skipping, balancing, kicking, throwing and catching.



My name is Thobile Maseko, a Youth Sports Leaders at Altus Sport and also a mentor for the Olympic Club. I recently started the Olympic Club at Thulani Primary School on the 11<sup>th</sup> August 2025, where I have six committee club members (three girls and three boys), who are also leaders of the Olympic Club. Our committee members consist of the following roles:

- Head Coach (chairperson)
- Writing Boffin (secretary)
- Equipment Manager
- Marketing Manager
- Health and Safety Manager
- Fitness Coach

Each leader has a role in the committee. Each leader has 7-8 members in their groups. We meet every Monday and Wednesday after school from 14:00-15:00. The committee also holds their meetings once a week.



Thobile has motivated the committee to involve their groups in gardening



## OLYMPISM – PHYSICAL ACTIVITY – KNOWLEDGE - LEADERSHIP



The Olympism Club training workshop provided Youth Sport Leaders and participating learners with added leadership and sport management skills to effectively run their Clubs in 2026. Practical sessions were held to empower the leaders in fun and needed physical activities, which will be carried over to their schools.

Olympism, which refers to “way of living” is a core element of Altus Sport and the Life’s a Ball programme. “Way of living” incorporates the messages Altus Sport and all its partners would like to carry over to the leaders and beneficiaries of our programmes.

- Physical activity, fun, healthy lifestyle
- Sport: Streetsoccer and touch rugby
- Respect, friendship and excellence
- Fair play and inclusion
- Responsibility and informed decision making
- Resist negative peer pressure and encourage healthier alternatives to risky behaviour.



# OTHER HIGHLIGHTS

## EXECUTIVE DIRECTOR GERT POTGIETER

1. Gert was selected as a member on the Global Coordinators Development Framework of the International Olympic Academy Participants Association.

SCOPE: “A New Era of Inclusion, Connection & Olympism in Action” forming the global oversight and innovation network.

2. Gert will also be the coordinator in South Africa for the International Olympic Academy Participants Association 2026 – 2027.



## PROGRAMME MANAGER - ZI TEFFO

Our Programme Manager, Zi Teffo, proudly completed his Bachelor of Arts Honours in Development Studies, graduating on 16 October 2025. His studies equipped him with advanced knowledge and understanding of global development dynamics, with a strong focus on human security, safety, and resilience.

Zi’s research explored the connection between unemployment and the vandalism of water sources in his village, while his Portfolio of Evidence addressed five critical governance challenges within the Tshwane Metropolitan Municipality: public participation, transparency, responsiveness, accountability and the rule of law.



## NKOSINATHI DESANTO – LAUREUS YES PROGRAMME (January–November 2025)

Our Laureus YES participant and Altus Sport Youth Sport Leader, Nkosinathi Desanto, successfully completed the 11-month programme, marking a powerful journey of personal and professional growth. When he began, Nkosinathi described himself as shy and uncertain, but through the programme’s camps, mentorship and training, he transformed into a confident, disciplined, and purpose-driven young leader.

He went on to complete a Sport Administration course with distinction at ETA Nkosinathi excelled once again, graduating with distinction and earning a bursary to further his studies in Exercise and Fitness, Sport Administration or Coaching Science (all NQF Level 5).

Through the Laureus YES Programme, Nkosinathi gained leadership skills, motivation, discipline and a clear sense of purpose. He expressed deep gratitude to Altus Sport, the Laureus YES family and his mentor, Samantha Pennells-Ingle, for her unwavering support and guidance.

Today, Nkosinathi stands as a confident and inspired young leader, ready to empower others through sport and to continue pursuing excellence in his personal and professional journey.



## SAMANTHA PENNELLS-INGLE – 2025 CLAY TARGET SHOOTING

Our Projects & MEL Manager, Samantha Pennells-Ingle, had an exceptional 2025 season on both National and International stages, showcasing her continued excellence and dedication to Clay Target Shooting.

Samantha made history by setting a new South African Ladies Record (189/200) while winning the Ladies Universal Trench International Grand Prix of South Africa, placing an impressive 6th overall out of 128 competitors in this international competition.

She went on to defend her title as the South African Ladies Universal Trench Champion, demonstrating consistency, precision and focus throughout the season.

Representing South Africa at the 43rd Universal Trench World Championships in Rome, Italy, Samantha proudly placed 27th out of 89 ladies, competing against the world's best in challenging conditions.

Her achievements in 2025 reflect not only her technical mastery and resilience but also her role as an inspiring ambassador for women in sport — both on and off the range.

**SAMANTHA PENNELLS-INGLE SETS NEW SOUTH AFRICAN NATIONAL LADIES RECORD IN FITASC UNIVERSAL TRENCH!!**

Congratulations to Samantha Pennells-Ingle who shot 189 ex 200 at the FITASC Universal Trench African Grand Prix held at Wattlespring Sport Shooting Club on 15th/16th February 2025 and set a new Ladies South African Record

Photography Credit : Frans Lombard, ActionPix

# NIKE X PROTEIN PHOTO SHOOT AND INTERVIEWS

NIKE and Protein Agency from the UK spent a day with Altus Sport participants. Three girl learners were chosen to be interviewed and 1 Youth Sport Leader. The day was spent at Seetsa-sa-Kwedi Primary School in Soshanguve.



*Photo credits: @domkorbcreative @weareblacksmith*

*Production: @Protein*





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# A BIG THANK YOU TO ALL WHO MADE A DIFFERENCE IN SOMEONE'S LIFE!!

- Altus Sport Board
- Management team
- Youth Sport Leaders
- Volunteers: SCB
- Department of Basic Education
- Schools, Principals & Educators
- Blue Bulls Rugby Union
- NIKE SHAPA Centre
- South African Centre for Olympic Studies & Social Impact
- SASCOC
- City of Tshwane / Johannesburg
- Tshwane Sport Confederation
- SSCN

**Most of all our funding partners!!**

- NIKE
- COMMON GOAL
- AWARE.ORG
- LAUREUS SPORT FOR GOOD SA
- STANDARD CHARTERED BANK SA
- WOMEN WIN