

ANNUAL REPORT 2021



2021



ALTUS SPORT BOARD

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EXECUTIVE DIRECTOR

Gert Potgieter

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Mbali (WW)
Thabiso (SOL)
Theo (Mdm)
Chopper (FIFA)
Kgomo (UN)
Nyakallo (UN)

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Elda (WW)
Tiego (Mdm)
Masala (LAUR)

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Sipho Nene

UNICEF

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Chopper (FIFA)
Christina (UN)
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Mbali (WW GOAL)
Thabiso (SOL)
Kgomo (WW)
Nyakallo (WW)
Lebo (UN)
Adrian (FIFA)
Evidence (WW)
Masala (LAUR)
Chevon (LAUR)

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(WW) Elda (Word of Light)
(SOL) Lerato (Mmatsa PS + Container)
(SOL) Sebela (Thuto-Pele SS)
(SOL) Violet (Ranalego PS + Container)
(UNICEF) Tshepo R (ST Cimmullus PS + Rethabile PS x 2)
(UNICEF) Kelelo (YaBana x 2)
(WW) Dimpho (FF Reberrio PS x 2)
(WW) Mbali (Thatani PS)
(WW) Palesa (Sekampaneng PS)
(Mdm) Tiego (Zakhele PS)
(Mdm) Theo (Tshimollo PS)
(SOL) Phumla (Tulani PS)
(FIFA) Khetiwe (Mid-Ennerdale PS)
(FIFA) Adrian (St George's PS)
(SOL) Thabang (Rivaningo PS)

YOUTH SPORT LEADERS (70)

SOL

Tshepo Moswana
Tshepang Thibedi
Thabiso Lehuybe
Thabang Mnisi
Mpho Tladi
Nthabiseng Maluleka
Violet Morongwa
Lerato Hlongwane
Sebelele Lebatla
Poppy Phirisi
Phumla Masuku
Christina Kutumela

FIFA

Chopper Mnisi
Lucky Mosige
Adrian Baker
Chandre Druitt
Khetiwe Jezile
Nonhlanhla Ndlovu

Mdm / IMBEWU

Theo Mahlope
Tiego Ramoshaba
Lwazi Mabona
Portia Legodi
Lesego Mashishi
Cindy Thubane

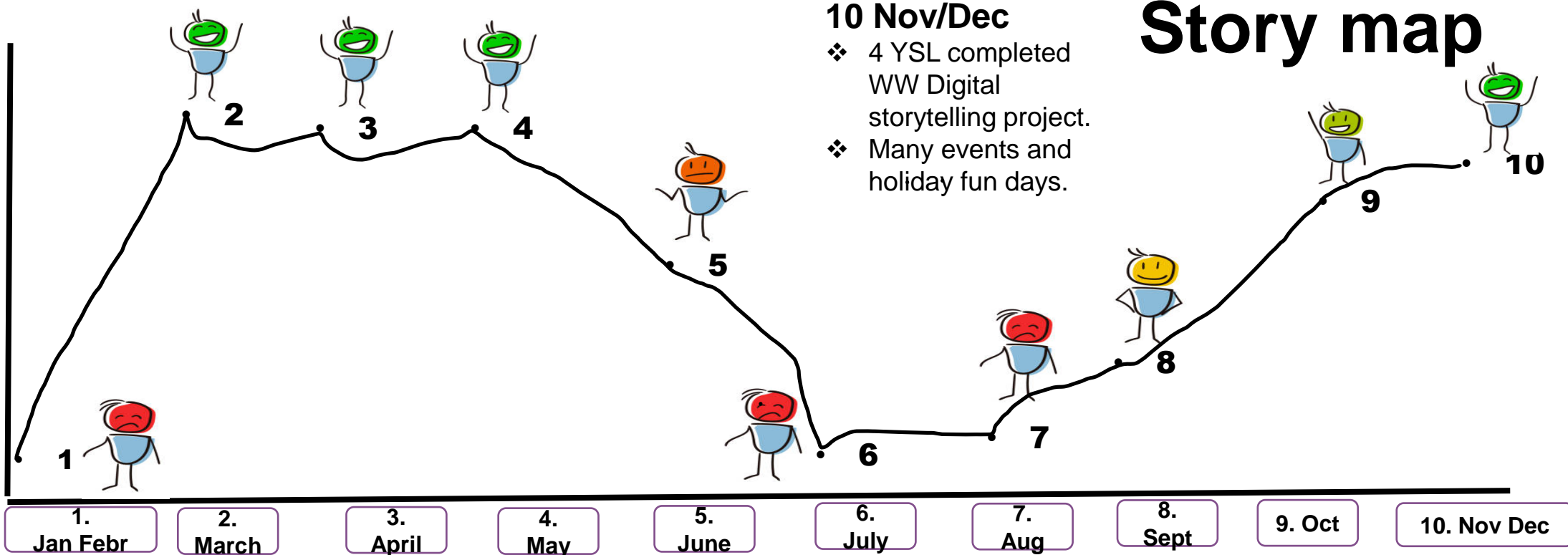
WW

Evidence Mlambo
Bonisiwe Jele
Lerato Raliopane
Nomsa Hlope
Mbali Dlamini
Thami Sikwezi
Palesa Tshabangu
Basetsana Matjila
Nyakallo Mabe
Kgomo Mmamabolo
Elda Makhurpetji
Snenhlanhla Nene

Kimridge Matlala
Khanysile Dhlamini
Dimpho Tsotetsi
Lerato Mafuya
Thulisile Malandisa
Sharon Xeza
Gontse Moswana
Lebo Thabane
Tshegofatso Lebepe
Linda Baloyi
Kelelo Maepa
Tshepo Rabaphele
Lebogang Masala
Ashanti Shikwambane
Malebo Rahposhe
Ntshu Shikwambane
Ngobile Mthembu
Meiky Kgafela
Christina Kutumela

LAUREUS

Kabelo Masala
Thuli Mohlomi
Chevon Esbie
Dineo Mathews



1 Jan/Feb

- ❖ Delayed start - 2nd wave.
- ❖ Schools reopen mid-Feb. Groups finalized & zoom workshops.

2 March

- ❖ Great month on events. Installation of Garden Markets. Workshop on Activity Booklets / M&E

3 April

- ❖ More events.
- ❖ Last delivery hygiene & food packs. Schools close 23 Apr- 3 May

4 May

- ❖ New activities! LGBTQ+ event & Robotics workshop.
- ❖ More Garden Markets installed.

5 June

- ❖ Sessions held.
- ❖ Schools close 30 June – 26 July

6 July

- ❖ Devastating month due to Covid.
- ❖ Lock down and schools only reopen end July.

7 Aug

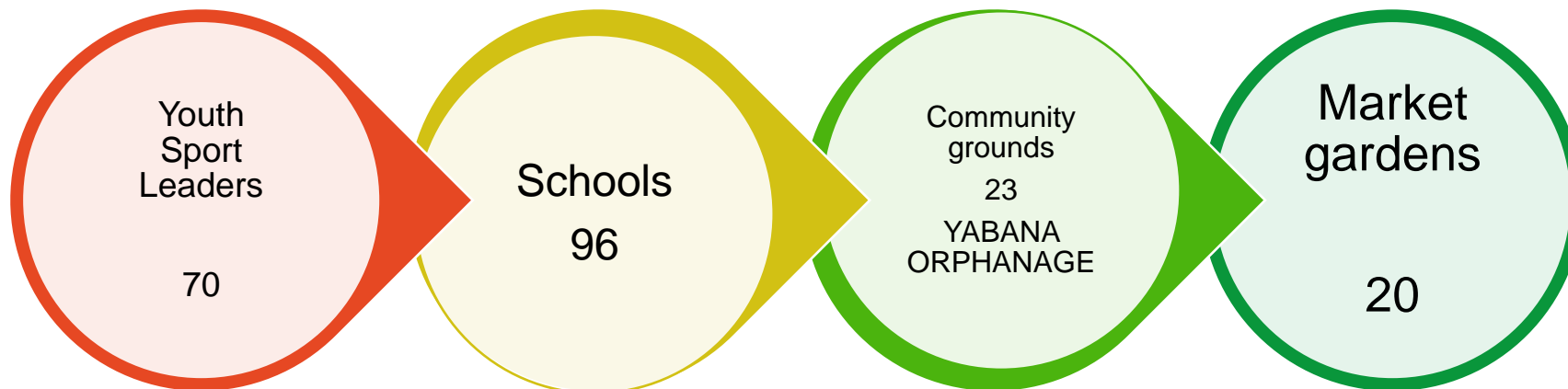
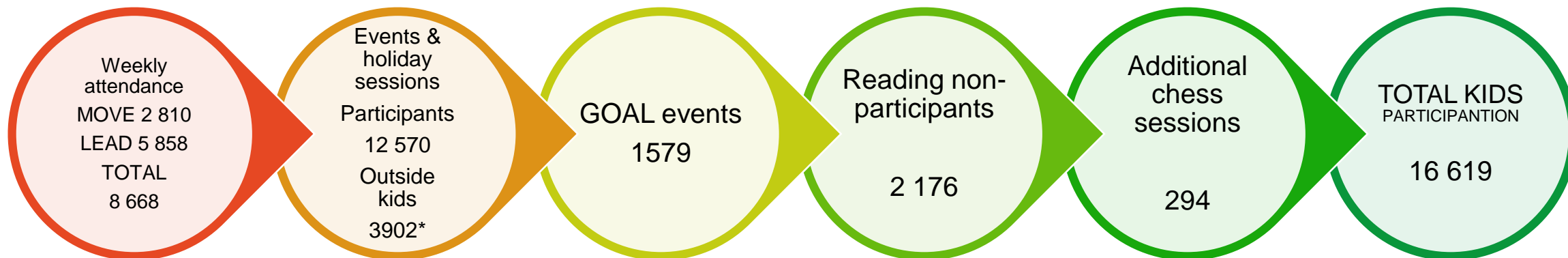
- ❖ Improvised activities take place.
- ❖ Numerous zoom meetings & workshops.

8 Sept

- ❖ Start of hosting events.
- ❖ Futuremakers partner day.

9 Oct

- ❖ YSL implemented a substantial amount of holiday events to make up for lost physical activity time.



* no kids counted twice

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**ACTIVITY
BOOKLETS**

All Altus Sport Activity Booklets are based on the GOAL curriculum



TOPICS COVERED

- ☐ Be positive
- ☐ Keeping healthy during Covid-19
- ☐ Peer pressure – learn to say no!
- ☐ Conflict
- ☐ Leadership:
- Self-confidence
- Perseverance
- Honesty
- Trustworthy
- Courage
- ☐ Who am I?
- ☐ What do I want to do
- ☐ My goals

Activity booklet 2 was basically the same for the Let's Lead (girls only) and Let's Move (mixed gender) programmes.

Content in both booklets:

- ☐ Knowing my body
- ☐ Puberty
- ☐ Looking after yourself
- ☐ Changes in feelings & relationships
- ☐ Hygiene
- ☐ HIV & Aids
- ☐ Covid-19
- ☐ Healthy relationships

Girls only:

- ☐ What happens during menstruation
- ☐ Staying healthy during menstruation
- ☐ Menstruation quiz
- ☐ Avoiding pregnancy & STI's

Boys:

Myself & my body

- ☐ Respect towards elders/girls/boys
- ☐ Myself and my abilities / interest
- ☐ Friendship
- ☐ Be respectful: Manners

All participants received the same booklet.

Content:

- ☐ Resilience
- ☐ Becoming a good leader – practical skills
- ☐ A leader must
- ☐ My rights
- ☐ Girls' rights
- ☐ Rough play / fighting / bullying
- ☐ Being bullied
- ☐ Me, the bully
- ☐ I am the bystander
- ☐ Cyberbullying
- ☐ Violence and gender-based violence
- ☐ Forms of violence
- ☐ Breaking the silence
- ☐ What to do, where to go
- ☐ Peace
- ☐ Be money savvy

THANK
YOU



for allowing us to combine and adapt our manuals into this activity booklet. Hereby each participant could receive a booklet, work at home, but still receive the key messages.







SESSIONS

took on various forms























EVENTS / HOLIDAY SESSIONS



altusport
FAIR PLAY
True Foundation
YOUTH EMPOWERMENT









Goal
reaching
new heights

**GOAL EVENTS and
GAMES**







WASH UNITED MHM PROGRAMME



Quad Camera
Galaxy A21s



Shot with my Galaxy A21s

3 EVENTS = 107 girls: Mamelodi, Vukani, Soweto



Shot with my Galaxy A21s



CHESS





READING CORNERS









HIGHLIGHTS

“With your awesome support and despite the various Covid setbacks, we successfully workshopped 100 learners (80 girls, 20 boys) aged 10-16 years over a 3 day period in Drone Piloting, AI Coding, Sphero Robotics and Filmmaking. Our partners include yourself ,Altus Sport, iSchool Africa, Matriarch Films, PESP (Presidential Economic Stimulus Plan) and the NFVF (National Film and Video Foundation). What an amazing experience indeed.”

African WAY (Women and Youth) Foundation Mary-Ann Mandishona



1. Robotics



YSL involved: Mbali Dlamini, Nomsa Hlope, Bonnie Jele and Thulisile Malandisa

2. LGBTQ+ event



Zi Teffo and Christina Kutumela, the Altus Sport participants in the international LGBTQ+ Play Proud programme hosted a very informative event. Activities included physical activities, penalty shoot-out, debate, creative art, role play and GOAL games.

Values highlighted:

**RESPECT, GENDER EQUALITY, SAFE SPACES, MY RIGHTS,
FAIR PLAY**



**COMMON
GOAL**



3. Laureus Ambassador



Dumisani Chauke, SA sportswomen, was welcomed as a new Laureus Ambassador at an Altus Sport session. Filming took place for the Dan Nicholl Show.

4. NATIONAL RECREATION DAY

626 Challenge

This annual project of the Department of Sports, Arts and Culture (DSAC) run by the SSCN, was implemented by Altus Sport for the Gauteng province in 2021. The objective of the challenge was to promote and advocate the value of sport and recreation in combatting non-communicable diseases and how this contributes to a healthy winning nation. The challenge was run in a “relay” format where each province in South Africa had a time slot for activities during the day.

The partners involved

- SSCN
- DSAC NORTH CORRIDOR
- ALTUS SPORT
- VODACOM BULLS
- DEPARTMENT OF BASIC EDUCATION
- PVM
- AFRICAN BANK



The 169 Altus Sport kids and YSL participated under cover as Tshwane experienced heavy rainfall that morning!!

5. Relief fund



All hygiene packs and food parcels distributed to the GOAL girls.
Hygiene packs = 4800 TOTAL (3314 in 2021 & 1486 in 2020)
Food parcels = 360 TOTAL (240 in 2021 & 120 in 2020)
Cell phones to YSL = 35



Hygiene packs to the boys

MdM / IMBEWU made it possible to distribute hygiene packs to all the boys in their programme. A total of 500 packs were distributed.

IMBEWU





standard
chartered

GARDEN MARKET



From here







..... to here



THANK YOU SCB!!



from the kids



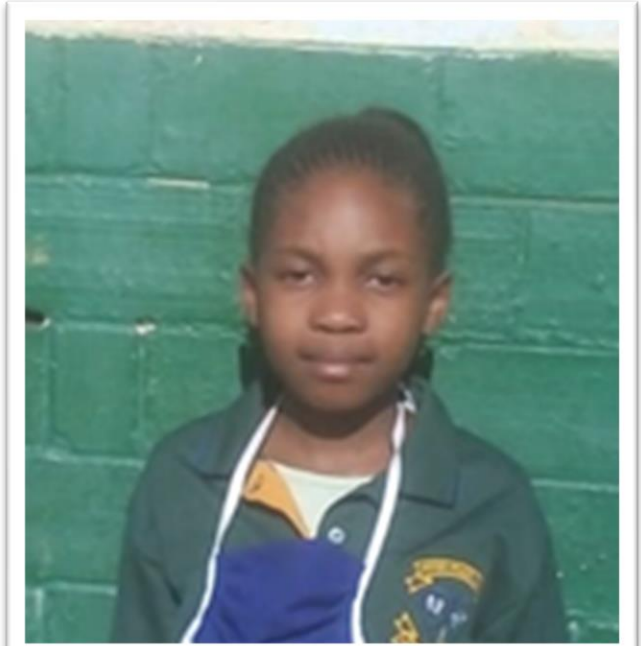
“Altus Sport has been the best thing in my life. I have learned a lot.

I have learned how to respect myself and others. I should focus on my education not boys. Altus Sport made me put myself first and be a leader in my own little world. I'm so grateful that Altus Sport came early in my life. I learned to say no to wrong things. I'd like to thank Coach Bonnie for her support and encouraging words.”



“My mother abandoned me when I was 5 years, so I have been taken care by my two loving grandmothers and my father who is now retrenched by this pandemic.”

“Thanks Altus Sport my school now has sports activities for girls and it really helped me with my confidence as a girl. It also boosted my leadership skills because I am a leader myself.”



“I have learned a lot of things about my body and puberty.

I enjoy playing sports.

Our coach is kind and cool and I learnt that we must respect each other in the group and respect adults. I like that our coach told us that we must not tease other children or make a joke about their homes. We must not gossip about them .Our coach also told us that we must love each other”

Q & A SESSION from the kids.....



Tell us about yourself?

I am KAMOHELO MOTILANE, 13 years old and attend Thutukani Tswelopele Primary School in Finetown, Lenasia. I live in one bedroom shack with my 2 older sisters. My parents passed away 3 years ago and now the community has donated this home to us until my sister can find a job.

What is the one thing you would change in your community/school?

DRUGS AND WOMEN ABUSE IN OUR COMMUNITY PLAYS A SAD PART. I WISH YOUNG PEOPLE COULD AVOID USING DRUGS AND MEN COULD STOP ABUSING WOMEN AND CHILDREN.

How did you feel when you learned about (ANY TOPIC FROM THROUGH OUT THE YEAR)?

MENSTRUATION. I WAS SCARED AND UNCOMFORTABLE TO TALK ABOUT PERIODS! BUT MY COACH MADE ME UNDERSTAND MORE AND THAT MY BODY IS GROWING AND I'M GOING TO EXPERIENCE CHANGE.

Did you experience any challenges/difficulties during the programme? If yes, what were they? How did you overcome these? YES, I DID EXPERIENCE DIFFICULTIES WITH MY TEAMMATES. THEY USED TO MAKE ME FEEL UNCOMFORTABLE DURING SESSIONS. I OVER CAME MY FEAR BY TELLING MYSELF THAT I'M STRONG, CONFIDENT AND I'M SPECIAL.

What was the most important lesson you learned during this programme? Why?

I LEARNED TO ALWAYS BE POSTIVE AND THAT YOU'RE BACKGROUND DOES NOT DETERMINE YOUR FUTURE. ALWAYS SET GOALS FOR YOURSELF AND HAVE RESPECT FOR EVERYTHING YOU DO.

Is there anything else you would like to add about the programme or Altus Sport?

ALTUS SPORT PROGRAME HAS CHANGED MY LIFE TEACHING ME THE IMPORTANCE OF KEEPING HEALTHY AND FIT. ITS IMPORTANT TO PLAY SPORTS BECAUSE IT HELPS BOOSTS OUR CONFIDENCE. ALWAYS HAVING A COACH IN OUR LIFE HELPS A LOT BECAUSE WE HAVE SOMEONE TO TALK TO.

**YOUTH
SPORT
LEADER
CHEVON ON
HER
PARTICIPANT
REVINO**



I have been working with this child since the beginning of the year, he is a very out spoken person, also shy at times, and very talkative. His not just any child he will also tell me to buy him food or bring him a chocolate. Because he has a situation which I understand.

In the group session he is the only boy in the group of girls. I couldn't understand why he would join the group of girls. So he told me he feels comfortable being with girls, and I also think that he doesn't know himself yet because his into girls staff, which I understand it's okay to be difficult, it's okay to be who you want to be. He always makes the session very enjoyable and fun. His one of the learners that has always asked me questions and wants to know about things that concern girls. There is something about him, we had a conversation which concerns his family he doesn't talk a lot about it, so I told him it's okay to not talk about it but it's also not okay to not talk about it. His very passionate, soft and loving. He can be rude sometimes and joke about, but he knows there must be discipline in my group.

There was this day on the 25th of May he told me that that I must give him some food because he had nothing to eat, and my heart just melted in pain. I gave him food he eat it like he didn't have food last night. I also told him you don't have to be shy to ask me for help, and I don't want to see him struggling. He is fine now and doing well.

Revino is just one of a kind a loving boy that needs love and attention, I love and care for him so much. He is the Altus Sports king in the group. As I always tell them to do good in everything and be positive in everything you say, but most importantly don't ever be ashamed of who you are.



My name is Khaya Dlamini. I am 12 years old and attend New Generation Combined Primary School in a rural village on the outskirts of Lenasia. I live with my parents and 2 siblings in a 1-bedroom shack that we share.

My principal, Mr. Kumbi told me that I must join the Altus Sport programme. I asked him why and he said that “he sees me get bullied everyday” and maybe by joining this programme I can learn to stand up for myself. He wasn’t wrong!! I was bullied almost everyday of my life since I can remember, not because of how I look or how small I am but because where we live and how poor we are. Children especially doesn’t understand how hard it is growing up when you have almost nothing. Very little food, not a lot of clothes and sharing a bed with my parents and siblings. It isn’t easy but we as a family have everything we will ever need. We have love in our home, and we live peacefully together. That is all we need. That is why I couldn’t understand why I was bullied.

In the programme, coach Sisando taught us about bullying and different kinds of violence. The same kids that bully me was also attending the same sessions. In the end what I learnt was to stand up for myself and not to let others bully me. I knew that though... the biggest lesson that was learnt was to the boys that bullied me. I was so happy when they came to say sorry. The one boy, his name is Joseph, he said to me “Kumbi, I never realized I was hurting you because I didn’t beat you physically but now, I know that I hurt you emotionally and I am sorry.” I told him that I am happy and now we are friends.

All of us, we are mostly boys now talk to each other with respect.

I have a lot of self-confidence and want to make sure that everyone has that as we are from a disadvantaged background but just because we are poor doesn’t mean we are poor. We are rich with love and happiness!



My name is Amukelani Seabi, I am 14 years old and attend Lumelang Primary School in Tladi, Soweto. I live in 2-bedroom house with my parents and 4 siblings. We all share one room and I share a bed with my older sister and my 2 brothers share a single bed.

My biggest problem before joining Altus Sport was peer pressure. I would spend time in the streets after schools and smoke with my friends and older boys. I never used to do homework and didn't study very hard, because of that I have failed Gr 7 twice. My parents were so disappointed in me. After I failed the 1st time, I didn't really care and carried on with my old ways, then again, I failed. I wanted to blame everyone else except myself. I was depressed and gained a lot of weight by eating and drinking alcohol with my friends.

Since joining Altus Sport at school, I have managed to pass all my subjects and I have also passed this year. I am going to Gr 8 next year and I am so happy. Not only have I lost weight, but I have learnt what peer pressure is. I never knew that a thing such a peer pressure existed. This was a very big weakness I had, and I remember that I always used to tell my parents that if they are doing it, why can't I? Boy, was I wrong!

As a young woman now in my teenager years I am happy that I wasn't pressured into other things such as drugs or having sex with the older boys. To be honest, I almost did but I had already learnt the negative effects of teenage pregnancy and sexual diseases. I SAID NO! I am so happy that I know how to be independent and a leader! I have rights and I know how to say NO when it comes to things that I don't want!



Youth Sport Leader Dimpho on herself and on her participant Mbali Kauende from Pheladi Nekane Primary School in Mamelodi

“As a coach I hoped that Mbali would be confident enough to stand her ground. It was so amazing to see her grow into that person over the past few months. She now comfortably talks about menstruation and puberty with her friends and me. She can handle bullying situations in a good manner and has learnt how to avoid being bullied in the first place.

She is now bold.

The confidence levels of the girls have risen. They treat each other with so much respect and they have learnt how to deal with conflict.

Altus Sport has taught me to work with different personalities at the same time. Learning how to tackle challenges with the girls was a bit difficult given their different characters and personalities. Some of the girls had a hard time letting me in and I respected that as a coach. This year has taught me to be impartial.”



**GOAL
CERTIFICATES**

ALTUS SPORT
LEADS IN
gender
equality

ALTUS SPORT
LEADS IN
respect

ALTUS SPORT
LEADS IN
fair play

ALTUS SPORT
LEADS IN
safe
spaces

ALTUS SPORT
LEADS IN
my rights

Your support is much appreciated!

A special word of thanks and appreciation to:

- Altus Sport Board Members
- Altus Sport Management: Gert, Samantha, Miranda, Zi, Ronel
- Coordinators, M&E Assistants, Event Leaders
- YSL taking care of the Garden Markets
- Youth Sport Leaders
- Department of Education / Principals / Educators
- Standard Chartered Bank South African office
- Robin Good Foundation – Garden Markets
- African Way Foundation – Robotics
- WASH United – MHM programme
- Stakeholders
- Partners / funders

LOCAL STAKEHOLDERS



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



**CITY OF
TSHWANE**
IGNITING EXCELLENCE



**Without our valued partners we could not touch
the lives of those who need it most**



IMBEWU



**THANK
YOU!**