ANNUAL REPORT



2019

FROM THE FOUNDERS

LOOKING BACK AT THE PAST 25 YEARS, WE ARE HUMBLE, BUT PROUD OF THE ROAD WE HAVE TRAVELLED!

IF IT WERE NOT FOR OUR PARTNERS WHO ARE STILL KEEPING US IN THE LEARNING CURVE, WE WOULD NOT HAVE BEEN WHERE WE ARE TODAY! THANK YOU FOR ENRICHING US WITH KNOWLEDGE AND OPPORTUNITIES.

APPRECIATION MUST GO TOWARDS THE DEPARTMENT OF EDUCATION,
HEADMASTERS AND EDUCATORS FOR THEIR COOPERATION AND SUPPORT
THROUGHOUT THE YEARS!

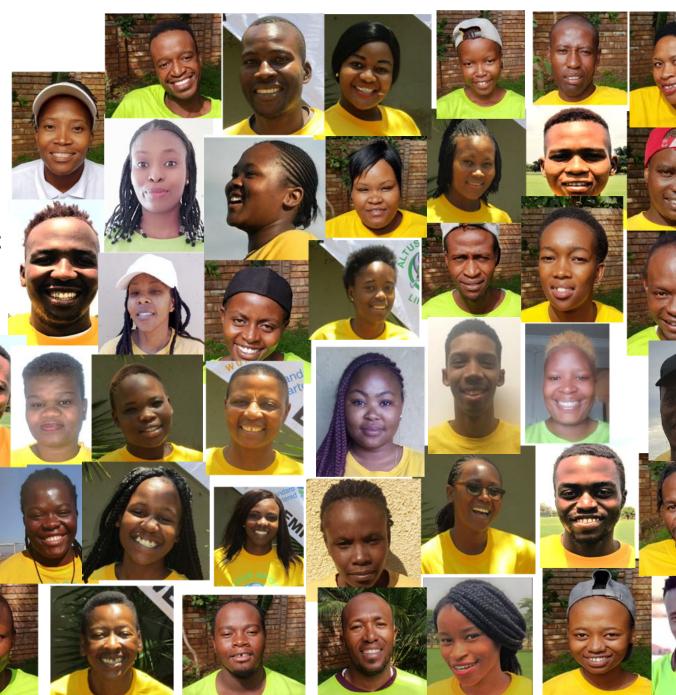
THE IMPACT WOULD NOT HAVE BEEN THE SAME IF IT WAS NOT FOR THE UNSELFISH SACRIFICES & PROFESSIONAL SUPPORT FROM THE BOARD, YOUTH SPORT LEADERS AND ALL OUR PARTNERS AND NETWORK PARTNERS WHO MADE 2019 AN EXCITING YEAR - THANK YOU! THANKS TO SIOBHAN CHAMBERLAIN, AN ENGLISH PROFESSIONAL FOOTBALLER WHO FROM HER PERSONAL EARNINGS, CONTRIBUTED TOWARDS OUR IMPACT.

A SPECIAL WORD OF THANKS TO THE MANAGEMENT TEAM, SAMANTHA, ZI, MIRANDA, RONEL AND THE COORDINATORS FOR GIVING THEIR BEST!

25

JANUARY 2019

Selected 55 Youth Sport Leaders of which 53 completed the year



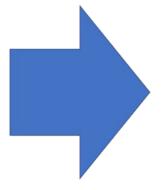


ZI TEFFO

2 HEAD COORDINATORS

MIRANDA DLAMINI





THE TEAM ADOPTED THE VALUES AND STARTED WORKING TOWARDS THE ALTUS SPORT VISION AND MISSION

VISION

Live with integrity to make a positive change in someone's life

MISSION

Utilizing sport to unlock the compassionate and positive energy in each person

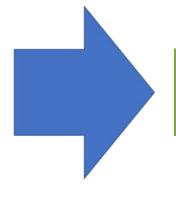
CORE VALUES

- Respect
- Excellence
- Fair play
- Accountability

FOCUSED VALUES

- Compassion
- Joy
- Generosity
- Gratitude





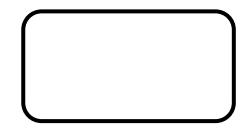
THEY IDENTIFIED 87 VENUES IN 18 COMMUNITIES

PROGRAMMES:

LET'S LEAD (girls only)
LET'S MOVE (mixed gender)

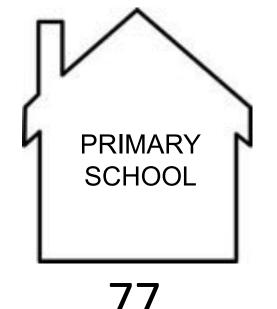
LET'S READ

LET'S THINK



COMMUNITY GROUND

2



SECONDARY OR HIGH SCHOOL







ESTIMATED NUMBER OF 2-HOUR SPORT & LIFE SKILL SESSIONS

8 586

ESTIMATED NUMBER
OF KIDS
PARTICIPATING IN
GOAL EVENTS

1 626 girls

ESTIMATED NUMBER
OF KIDS
PARTICIPATING IN
SUSTAINABLE
WEEKLY SESSION

8 566

ESTIMATED NUMBER
OF PARTICIPANTS IN
OLYMPISM SESSIONS
- OUTSIDE SCHOOLS

3 558

TOTAL NUMBER
INVOLVED IN
OLYMPISM SESSIONS:

3 558 + 8 566 = **12 124**

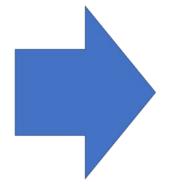
ESTIMATED NUMBER OF KIDS PARTICIPATING IN EVENTS / TOURNAMENTS/ HOLIDAY PROGRAMMES

17 359

ESTIMATED NUMBER OF KIDS PARTICIPATING IN EDUCATIONAL WORKSHOPS/TRIPS/EVENTS

339





NUMBER OF KIDS THEY WORKED WITH ON A WEEKLY BASIS THROUGHOUT THE YEAR

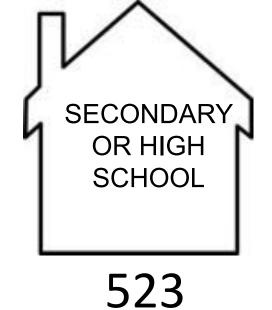
PROGRAMMES:

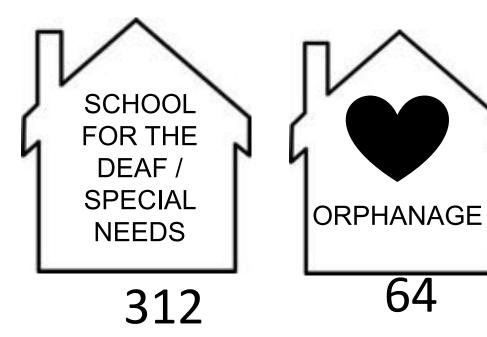
LET'S LEAD (girls only)
LET'S MOVE (mixed gender)
LET'S READ /STORY TIME
LET'S THINK

TOTAL 8 566

COMMUNITY GROUND 226

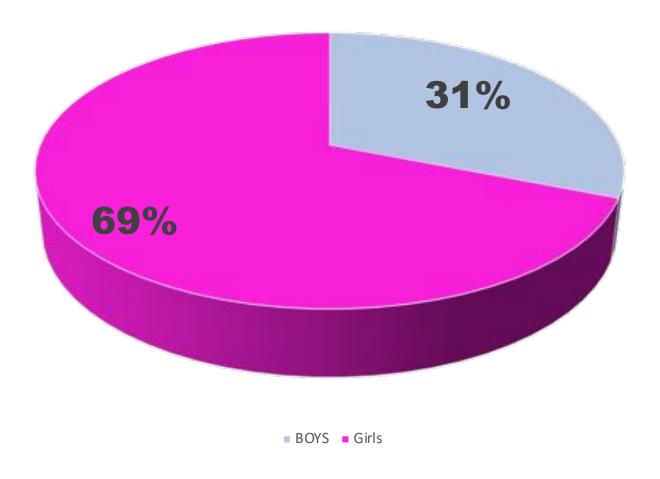






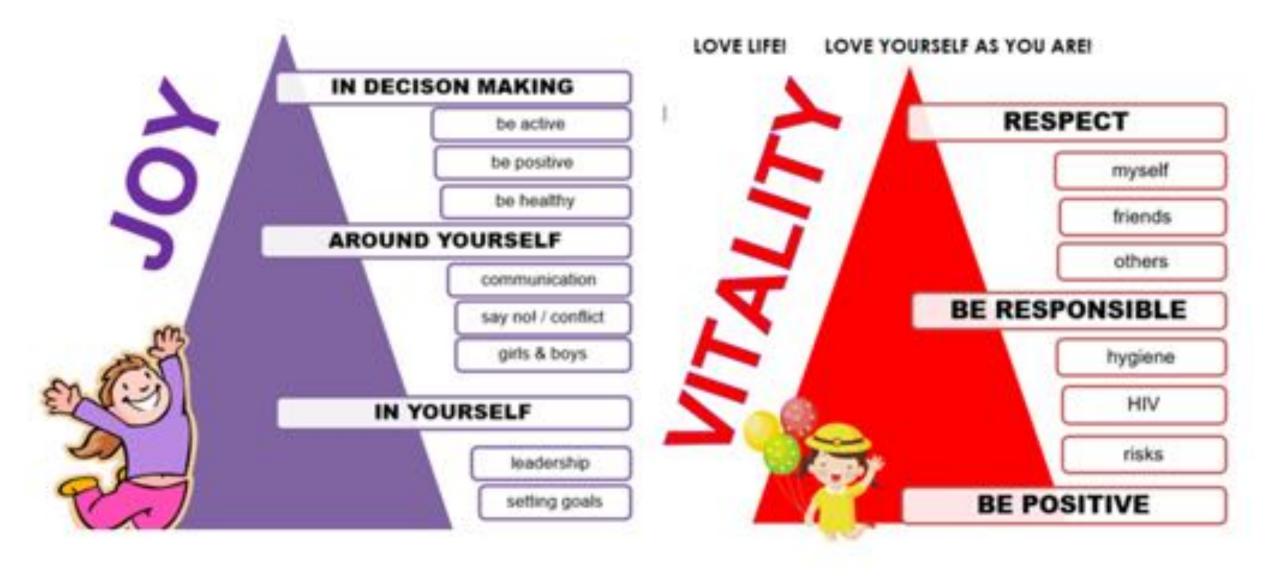


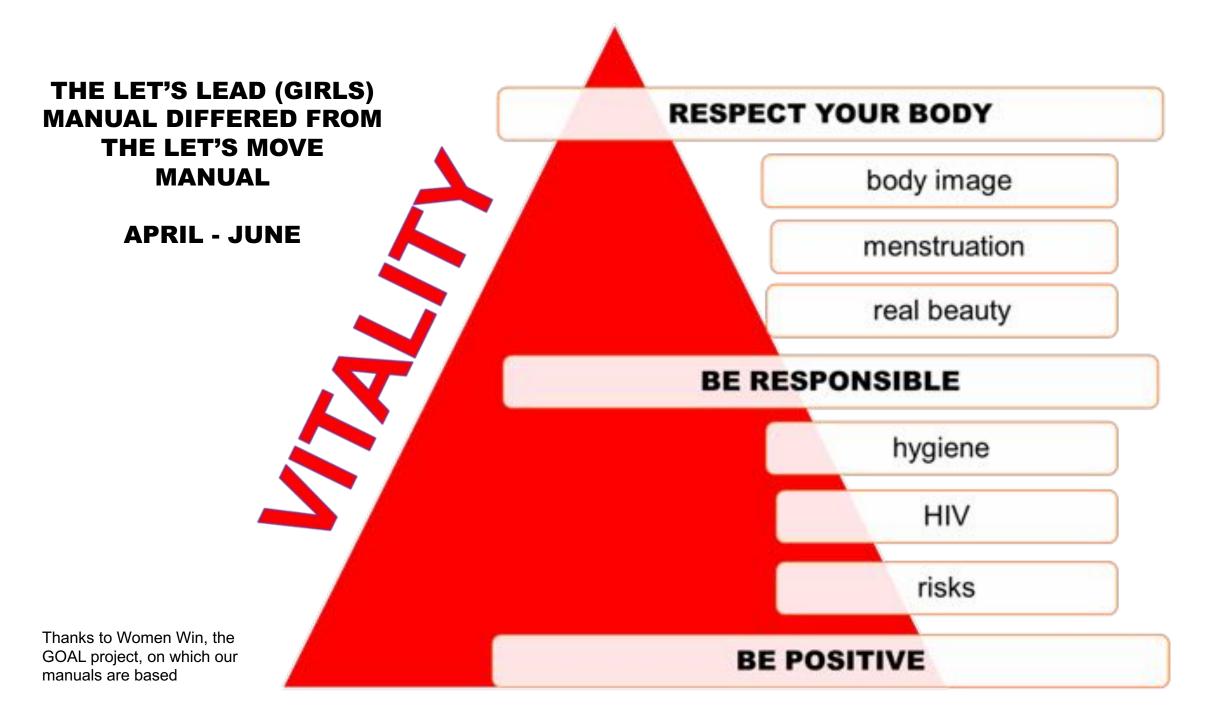
GENDER



6 389 boys 14 181 girls = 20 570 participants

THEY REINFORCED THE FOLLOWING





JULY - AUGUST

EMPOWER YOURSELF - BE A LEADER - BE A PEACE MAKER! LEADERSHIP step-out GENDER AWARENESS THE BULLY cronge pytonowi VIOLENCE different forms genom takké vlotnost BREAKING THE SILENCE HOW WHEN IN, WHEN

SEPTEMBER - NOVEMBER

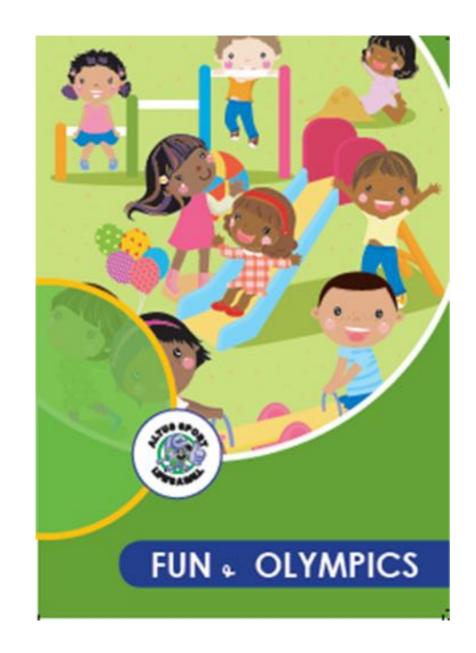




OLYMPISM

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PHYSICAL ACTIVITY

SPORTING SKILLS

FITNESS











SHARING KNOWLEDGE

THINKING

READING



TRAINING CAMPS & WORKSHOPS

- ☐ FOOTBALL3
- ☐ CRICKET SKILLS
- ☐ RUGBY SKILLS
- ☐ HOCKEY SKILLS
- ☐ NET/BASKETBALL SKILLS

☐ CONDUCTING A S4D SESSION ☐ HOW TO CONDUCT A DEBAT SESSION □ POLICIES ☐ VALUES NEEDED TO BE A STRONG YOUTH SPORT LEADER □ OLYMPIC EDUCATION □ DECISION MAKING ☐ COMMUNICATION ☐ CONFLICT ☐ GENDER □ PROGRAMME PLANNING ☐ RESPECT ☐ HEALTH: HYGIENE/MENSTRUATION ☐ SETTING GOALS ■ MENTAL HEALTH ☐ LEADERSHIP ☐ GENDER EQUALITY ☐ SAFEGUARDING OF CHILDREN / YOUTH LEADERS ■ MONITORING & EVALUATION ■ MINDSET MOTIVATION



EMOTIONAL INTELLIGENCE



PSYCHOLOGY DEPARTMENT, UNIVERSITY OF PRETORIA







OPPORTUNITIES THAT CAME UP

THANK YOU!!

Danish Embassy



Equal Playing Field World record



SFW Festival19 / SCB GENDER EQALITY



WW Mbali – leadership Made to Play fund France & Amsterdam

Golf

Film & robotic workshop



Educational trip Mankind



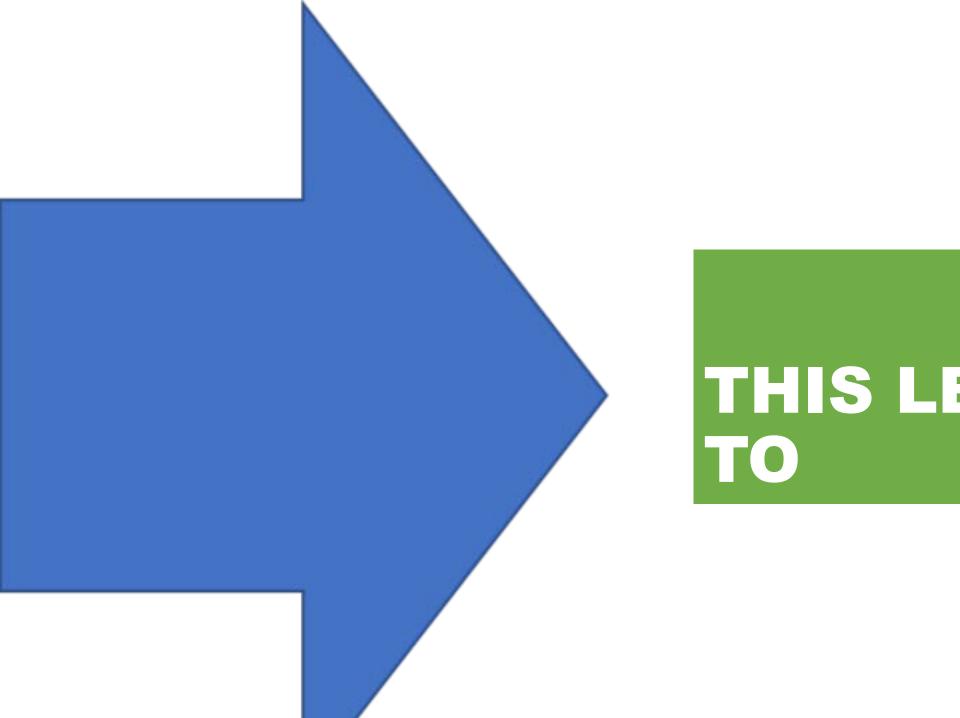
IOC











THIS LEAD TO



ENTREPRENEURSHIP



GIVING BACK



STRONG LEADERSHIP

RUNNING AN OWN CLUB



CONFIDENCE



FACILITATING





TEAM BUILDING

GAME DRIVE







RESULTS

PHYSICAL ACTIVITY, SPORT SKILLS, FITNESS

PUSH-UPS



Boys: 51,7 % Girls: 67,5 %

SIT-UPS



Boys: 28 % Girls: 37,6 %

AGILITY



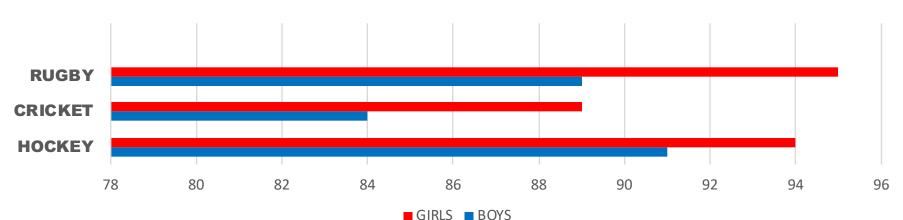
Boys: 15,7 % Girls: 100 %

LONG JUMP



Boys: 8,19 % Girls: 9,96 %

% IMPROVEMENT IN SPORTING SKILLS



These are new sporting codes to the participants tested.

ATTITUDE CHANGES

98% of the learners indicated that they will always try again if they failed



96% of the learners had a very positive view of themselves by the end of the year





65% of learners reported that they do not mind in playing a mixed gender team



98% of the learners disagreed that only women should look after children

PARTICIPANT

THEGOFATSO NIKOANA

I write this letter to thank Altus Sports for helping me develop a positive attitude. I was bully and never seen anything wrong in being a bystander because everyone fight at school and in the streets and I believed that one should always fight back when being disrespected but, my couch (KIM) taught us to be good leaders and always make peace with everyone. She told us that that being a bystander means you support the fight. I felt bad because I thought she was directing that to me. She then tayint us about a Character of a good Leader, Discipline, good Communications skills and to also lead by example It was not easy for me because I felt weak and embarrased to make peace with those I always fought with. I love the change in me. I'ts a good peeling knowing that I will help those who are bullied and never engage in a fight. I know I will be a good sister to my siblings. My mother even said that I have changed and she said she's proud of me. My mother supports me now for attending Altus-Sports and said that it's a good place for me to be.

'I Love Altus Sports and thank you for changing our lives and making us future leaders.

To unem it may concern

I Regilius Kintimela the parent of Tehiamo Kintimelo Am so greatful to Altius - spoets for all the lessons / leachings that my child went through. Altius - spoets has bought my child to be a young responsible person . Tehiams is doing very well at school and at home. She's more focused and more determined to do well in her studies and in her quite.

She always set goals and make sure that she achieves. Second week of September, Ishiamo started to notice her periods and I was so shocked when she knew what was happening with her body and she knew how to deal with the situation. Attes, storts challenged me a lot as a perent, because I get like I never book time to teach her certain things as expected, but she taught me that as a perent I should be very cartious and speak about menstruations and other things to her and her sister. Ishiamo is sent allowed, ambitious and well descriptined

Thank you fittus. States for impailing good values in our kids, Assisting them to be leaders I role models at on early age My wish is that she continue to be at Arius- stores aven at high School. You programme is very much important and needed

Sp. L Kulmela.

PARENT

How Allow sport burned my life to good

Hi my name is thereony and im from Boshanguve block HH. I joined allus sport early on Jebuary 2019 and yes I was on a right track of life and was a father. But then after coming from camp first time and I come a different person. I feeled more like a Champion

Then I knew how to be part of Community and found a new tamily called Altus sport First I knew how to behave throw and a Clear mind of treating people as I also want to be treated. Then the 16 a mangal book. It is for kids more like a guideliner but ever I going around, Searching and Collecting information It made me learn more and brought the brighter side I didn't know It was strong

In just a geor 1 feel 1 already have gone for ten Steps Toward their before of my life know people From Community, Churches and Schools acknowledge the work in doing throw Altus sport and It Feels good knowing that you are part of one big family and by that I would love deeply Suy thank your Altus sport for the change and good undestanding you bring to my life and your fearthing let it continue Thank you

YOUTH SPORT LEADER

FROM THE ALTUS SPORT TEAM

LIFE'S A BALL IS AN AFTER SCHOOL PROGRAMME WHICH COMPLIMENTS THE SCHOOL CURRICULUM

- □ PROVIDES SPACE FOR NEW SPORTING SKILLS
- ☐ PROVIDES LEADERSHIP OPPORTUNITIES
- ☐ MOTIVATES PHYSICAL ACTIVITY
- EMPOWERS THE GIRL CHILD
- □ SUPPORTS LITERACY LEVELS
- ☐ ENHANCES EMPLOYABILITY SKILLS



STRONG FOCUS ON THE GIRLS

KNOWLEDGE: HYGIENE, REPRODUCTIVE HEALTH AND RIGHTS, FREEDOM FROM ABUSE, FINANCIAL LITERACY

ATTITUDE: GIRLS SEE
THEMSELVES AS LEADERS

BEHAVIOUR: GIRLS ACT AS LEADERS AT SCHOOL, GIRLS NEGOTIATE THEIR RIGHTS AT HOME

STATUS: PARENTS &
COMMUNITY VIEW GIRLS AS
LEADERS

CONDITION: IMPROVED POSITION OF GIRLS IN THE COMMUNITY







SUMMARY



- > 8 566 sustainable (weekly) participants (6 737 girls 1 829 boys)
- > 17 359 event participants (9 853 girls 7 506 boys)
- > 1 159 GOAL events
- > 3 558 outside Olympism sessions (participants not in the programme)
- > 87 venues
- > 18 communities



20 570 PARTICIPANTS

FUNDERS











IMBEWU



Active
Society
Commission



NETWORK PARTNERS















STAKEHOLDERS

WITH YOUR HELP WE CAN MAKE A DIFFERENCE!



