



# 2018 ANNUAL REPORT







## **VISION**

Live with integrity to make a positive change in someone's life

## **MISSION**

Utilizing sport to unlock the compassionate and positive energy in each person

## **CORE VALUES**

- Respect
- Excellence
- Fair play
- Accountability



## **FOCUSED VALUES**

- Compassion
- Joy
- Generosity
- Gratitude



# LIFE'S A BALL PROGRAMME

## LET'S COACH

**Mixed gender  
18 – 30 years**

- **Personal development**
- **Leadership**
- **Sport skills**
- **Working with kids**
- **Values**
- **Financial literacy**

## LET'S READ

**Mixed gender  
8 - 13 years**

- **Reading**
- **Under-standing**
- **Pronunciation**
- **Spelling**
- **Ball skills**
- **Values**

## LET'S MOVE

**Mixed gender  
7 - 15 years**

- **Sport skills**
- **Physical activity**
- **Movement and rhythm**
- **Values**
- **Financial literacy**

## LET'S LEAD

**Girls  
11 - 15 years**

- **Leadership**
- **Self confidence**
- **Health**
- **Financial literacy**
- **Sport**

## LET'S THINK

**Mixed gender  
10 - 13 years**

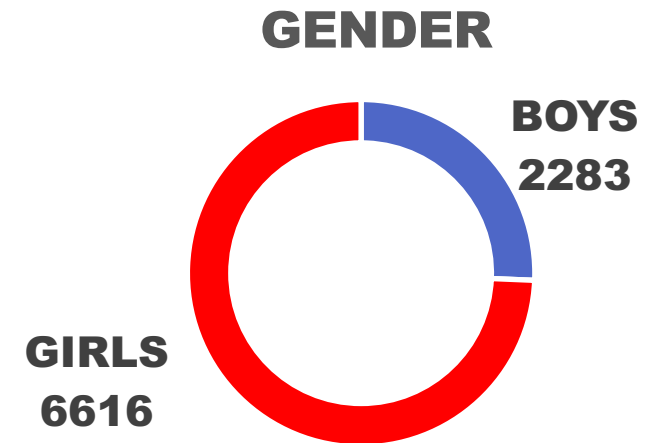
- **Chess**
- **Strategy**
- **Proactive thinking**
- **Ball skills**



# ALTUS SPORT SUMMARY 2018


- **3 736 sustainable (weekly) participants**
- **5 163 event participants**
- **602 capacity building**
- **55 venues**
- **13 communities**

**8 899 Participants**





# PARTICIPANT SUMMARY

		WOMEN WIN	IMBEWU	FOOTBALL FOR HOPE	TOTAL	
SUSTAINABLE PROJECTS	Let's COACH (Youth Leaders + Champions)	30 30	8	8	76	
	Let's LEAD	1905			1905	
	Let's MOVE		621	762	1383	
	Let's READ		272		272	
	Let's THINK		100		100	
						3736




# EVENT SUMMARY



EVENT	EVENT SUMMARY				NUMBER EVENTS	GIRLS	BOYS	PARTICIPANTS
	S				12	1335	-	1335
	TOURNAMENTS				10	978	948	1926
	HOLIDAY PROGRAMMES				12	583	569	1152
	COMMUNITY OUTREACH (Volunteers & Special Events) TOTAL				7	710	40	750
					38	3606	1557	5163



# CAPACITY BUILDING

		NUMBER EVENTS	FEMALE	MALE	TOTAL	
CAPACITY BUILDING	TRAINING CAMPS	2	55	8	63	
	WORKSHOPS	12	38	8	46	
	SPECIAL TRAINING WORKSHOPS	8	27	6	33	
	EXTERNAL EXPOSURE	4	458	2	460	
		26	578	24		602



# AREAS & SCHOOLS

## The areas Altus Sport worked in were:

- Mamelodi East
- Mamelodi West
- Mamelodi Far East
- Jakalsdans
- Mabopane
- Hammanskraal
- Atteridgeville
- Nellmapius
- Themba
- Kekana
- Diepkloof, Soweto
- Meadowlands, Soweto
- Hebron

## Schools involved



- Relepile Primary School
- Reatlegile Primary School
- Mmantoshe Moduane High School
- Tulani Primary School
- Emzinvubu Primary School
- Diepdale Scondary School
- Mangwele Primary School
- Lofentse Girl High
- Tumang Higher Primary
- Bapedi Primary School
- Ipokolong Primary School
- Aurora High School
- Boepasenetla Higher Primary
- Tiyani Primary School
- Bula-Dikgoro Primary School
- Phutaditschaba Primary School
- Bajabulile Primary School
- Bola Primary School



- 
- 
- Marakalong Primary School
  - St Cummilius Primary School
  - Lefofa Primary School
  - Dominican School For Deaf
  - Lehwelereng Secondary School
  - Itirileng Primary School
  - Makgake Primary School
  - Reneilwe Primary School
  - Rekopantse Primary School
  - Ditshaba Primary School
  - Soshangaan Primary School
  - Rekopantse Primary School
  - Bathokwa Primary School
  - Jan Kotlo Primary School
  - Sediba – Sa – Thuto Primary School
  - Nellmapius Ext 6 Primary School
  - Nellmapius Secondary School
  - Iketleng Primary School

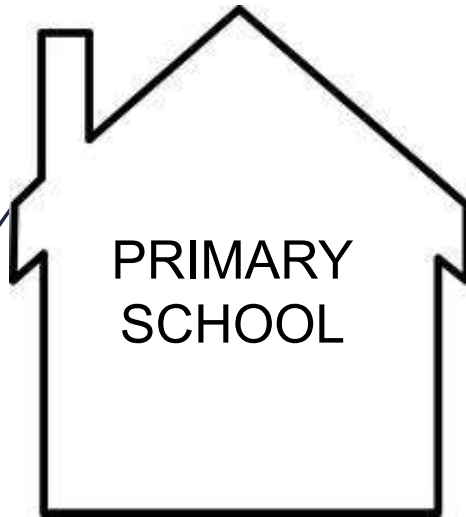
- Ramhahle Primary School
- Letsibogo Girls High School
- Ezazi Primary School
- Morotele Primary School
- Refentse Primary School
- Dr Monaire Primary School
- Meetse-A-Bopelo Primary School
- Mahlasedi Masana Primary School
- Hebron Technical High School
- Mononong Primary School
- Pula-Difate Primary School
- Zakhele Primary School
- Balabogeng Primary School
- Dikago-Dintle Primary School
- Mololwa-Dube Primary School
- Hammanskraal West Primary School



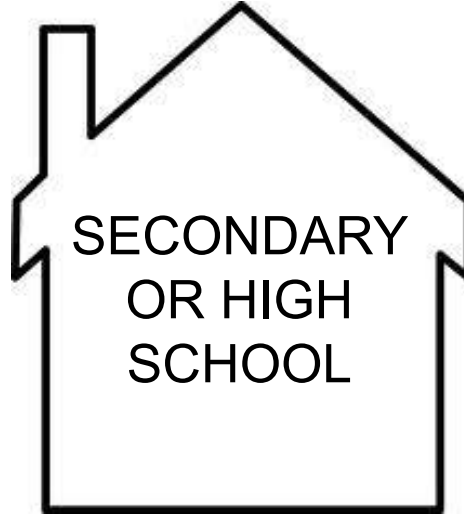


# VENUES

\*some schools took part in multiple programs



42



10



1



2



1



# FOOTBALL FOR HOPE PROJECT



LET'S COACH

•

8

LET'S MOVE

•

762



MSC Story

Name: Lincon Kekana

At Altus Sports they taught me to respect, to be active for my health. I learned to take care of myself and to respect others.

I am positive, fit and a good leader at sessions and at school. My coach taught me <sup>to</sup> have a goal and to always persevere if things don't go well. I'm now a strong person and I say No to bad influence and can choose right friends.

I joined Altus Sports because they teach us different things everyday. They teach us to play different sports too. It keeps me away from bad friends and doing nothing at home.

I'm a good leader and speak with confidence. My coach is a good ~~the~~ coach and guide us when we don't do good things. He makes us to enjoy at practice and encourages us to work hard at school.

Thank you !!!

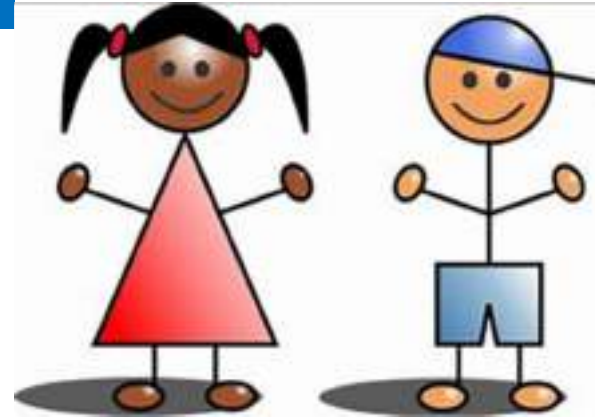






# IMBEWU PROJECT

# IMBEWU



**LET'S COACH**

• **7 & 1 COORDINATOR**

**LET'S THINK**

•

**100**

**LET'S READ**

•

**272**

**LET'S MOVE**

•

**621**







1. How did you become involved in Imbewu Program?

I got involved in the program when it was introduced to us at school.

2. Write down or tell a story about your Most Significant Change during your participation in Imbewu Program. Please include personal experiences and feelings that illustrate this change; try to answer how significant this change was to you?

I had a low-self esteem and didn't believe in myself and it was difficult for me to share with others but as I was attending the sessions and being taught about values I changed and became a better person because my classmates were changing ~~their~~ their attitudes towards me as well. I made a decision to do my best to excel in all values and I learned to never lose hope and try not to be hard on myself.

I learned that loving and caring are the most important things that will help me succeed and make me love and get along with others.

Albus-Sports changed my behaviour in such a way that I have peace within me and to work hard in my education and make me to be happy at all times and try to help others who needs help which is something I never did before.

I was happy to become part of the program because it kept me away from my bad friends at home and made me associate with people and choose positive friends. It made me realise that I can achieve all that I set my mind to. I now believe in myself.



# GOAL PROJECT



LET'S COACH

•

**30**

CHAMPIONS

•

**30**

LET'S LEAD

•

**1905**

GOAL EVENTS

• **1335**



**COMIC  
RELIEF**



# SOWETO LAUNCH 2018





I was a happy girl which had both parents and a family. I was also happy when my mother was ill. my father was not present at all but life continued as I trusted in God. I've always believed that He was watching me every step of the way. When my little life went on, my mother was taken to hospice and that was the last time I saw her. I was so sad and heart broken because I lost a lovely kind precious mom and all her kindness.

After burying her, the smile I had on my face was gone for 6 years. I don't even know if my father is alive or not. He doesn't even care about me. I feel like he wanted my mother to die because he said he will not take care of me ever. So I had a single love from a parent. I was lost in the darkness until I found my aunt and grandmother to lighten up my life.

I was happy to join Aitua-Sport because our Coach loves us. She taught us to always be positive and to love ourselves. Coach helped me to have confidence, she believes in us. I have learned to ~~live~~ live in peace with others. I have learned to keep myself clean, I learned about menstruation and to exercise.

Aitua-Sports teaches us to have a brighter future. It teaches us to have goals/dreams we want to achieve in life. My Aunt is proud of me and I want my coach to help me to forgive my father. Thank you

Name: Reithaberso

24 May 2018

Surname: Phaniang

School: Lehwaiereng Secondary School

→ My name is Reithaberso Phaniang am 18 yrs old. I am a first year student here at Lehwaiereng Secondary School. Ever since I joined AITUS SPORT I have been doing exercises and getting fit.

→ The challenges at home sometimes I can't handle them so I escape at times and come to AITUS SPORTS, when am there I can even forget about the challenges back at home, I remember them at home.

→ I have been taught life lessons and now I have been a healthy and strong teenager, things that I didn't know about now I know. And am ready for anything that's coming my way. They want put me down even if they try so hard. Not later!! AM WITH AITUS SPORT!!!

→ All that I couldn't do now I can and with confidence, I was not a fan of cricket but now am. and also rugby.

→ My worries, secrets, effort I bottle them up and take them out when am with the other girls because I know whatever we say and wherever we go, what we say or do stays there and it is never exposed to anyone who has joined AITUS.



**UNICEF**





# FITNESS RESULTS

## SIT-UPS



Boys: 52,1 %  
Girls: 50,8 %

## PUSH-UPS



Boys: 60,6 %  
Girls: 89,3 %

## AGILITY



Boys: 12,4 %  
Girls: 100 %

## LONG JUMP



Boys: 13,3 %  
Girls: 4,9 %

## Overall % improvement



# ATTITUDE CHANGES

93,1% of the learners indicated that they will always try again if they failed



86,5% of the learners had a very positive view of themselves



Only 1,4% of learners reported that they would never like to play in a mixed gender team



Only 2,1% of the learners still believe that only women should look after children



## WHY BOYS JOINED THE PROGRAMME

LEARN A NEW SKILL



LEARN A NEW  
SPORTING CODE

TO BE HEALTHY



LEARN A NEW SKILL

## WHY GIRLS JOINED THE PROGRAMME



# MAIN REASONS WHY LEARNERS WOULD SKIP A SESSION

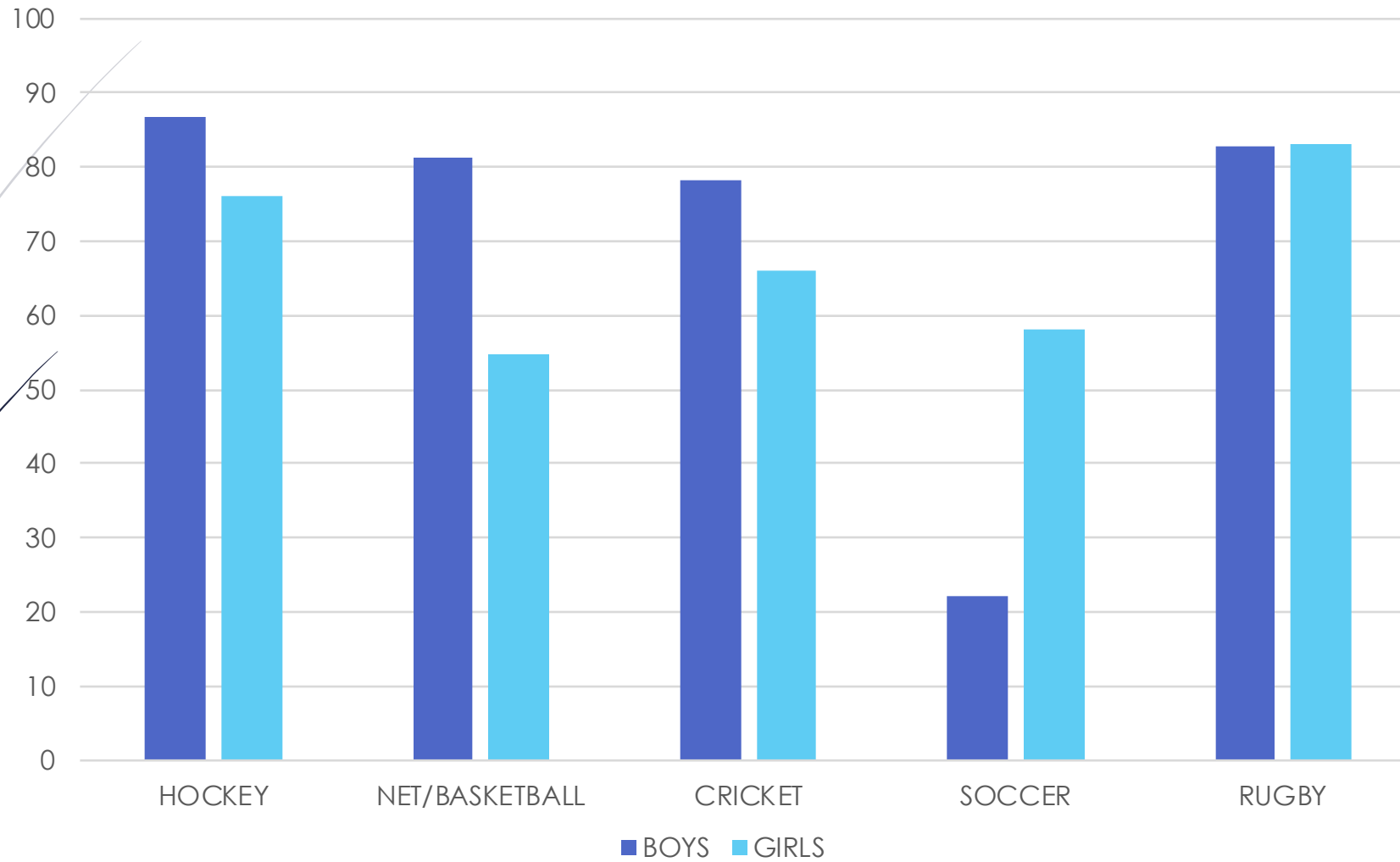
## TRANSPORT



## FAMILY ISSUES



## OVERALL IMPROVEMENT ON SPORT SKILLS





# VISITS TO

## GOLF COACHING BY SANDF



## CAREER EXPO AT AIRFORCE BASE



## SWIFT SISTERHOOD CINEMA EXPOSURE, SOWETO





# VISITS FROM



**BRITISH AIRWAYS**



**JOHN BARNES**

**DUTCH FOOTBALL**



**SOWETO COACHES WITH AMANDA  
DLAMINI & SHAKES MASHABA**







# OLYMPIC DAY





**THANKS TO**

**OUR YOUTH LEADERS**





## IMBEWU COACHES

Masego Baloyi  
Lindiwe Mabona  
Lesego Mashisni  
Christina Kutumela  
Mohou Kekana  
Doreen Masipa  
Nelson Masemola

## FOOTBALL FOR HOPE COACHES

Sibusiso Mnisi  
Andries Mahlangu  
Thabiso Lehubye  
Thapelo Mofombi  
Paulos Matabane  
Godfrey Nkwinika  
Nthabiseng Maluleka  
Ipeleng Molokomme

## GOAL COACHES

Lindi Mabona  
Christina Kutumela  
Leko Skosana  
Doreen Masipa  
Nokuthula Mohlomi  
Phumzile Ntuli  
Nthabiseng Maluleka  
Tshepang Thibedi  
Gontse Moswana  
Palesa Tshabangu  
Nthabiseng Matsimela  
Basetzana Matjila  
Miranda Dlamini  
Lisa Hlutywa  
Mpho Tladi  
Mahlatse Mokena  
Tsholo Mahalangu  
Fikile Sithole  
Sibongile Khumalo  
Phumla Masuku  
Thando Dlamini  
Constance Mahlatsi  
Livhuwani Mathahta



## COACHES THAT MOVED ON IN 2018

Lucas Temane, Amogeleng Ramokolo,  
Kedibone Mokholoane, Katlego  
Sibanyoni, Nonhlanhala Mana, Khanyisile  
Mdhluli, Amanda Skoshana, Biopelo  
Modibane, Doreen Masipa, Lerato  
Mqiba



# THANKS TO



## → MANAGERS

Zi Teffo & Samantha Pennells

## → COORDINATORS

Miranda Dlamini  
Lindi Mabona  
Fikile Sithole  
Nonkululeko Skosana  
Lisa Hluwaye

## → BOARD MEMBERS



## → M&E TEAM



# FUNDING PARTNERS 2018



IMBEWU





# NETWORK PARTNERS



# BOARD MEMBERS

**GERT POTGIETER, LIANA LAUBSCHER, KGABO MATJANE, RICHARD CHAUKE, DR ENGELA VAN DER KLASHORST, DR PHIL MAHUMA, JAMES MOKOKA, DR POPPY MASHEGO, PROF PEET DU TOIT**



# STAKEHOLDERS

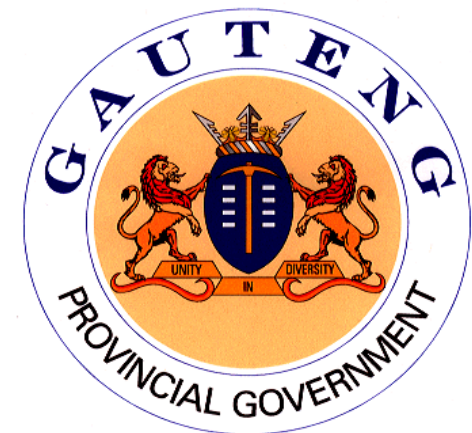


basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



CITY OF  
**TSHWANE**  
IGNITING EXCELLENCE





► **ON BEHALF OF OUR BOARD AND EXECUTIVE COMMITTEE WE WOULD LIKE TO EXTEND AN ENORMOUS VOTE OF THANKS TO ALL OUR LOYAL YOUTH SPORT LEADERS. THEY DID A TREMENDOUS JOB BY IMPLEMENTING OUR PROGRAMMES SUSTAINABLY IN THEIR COMMUNITIES.**

► **A SPECIAL WORD OF APPRECIATION TO THE DEPARTMENT OF EDUCATION, HEADMASTERS AND EDUCATORS FOR THEIR COOPERATION AND SUPPORT.**

► **OUR THOUSANDS OF BENEFICIARIES WOULD NEVER HAVE BEEN POSITIVELY ACTIVATED IF IT WERE NOT FOR THE UNSELFISH SUPPORT OF OUR FUNDERS, LOCAL STAKEHOLDERS AND PARTNERS!**



**A HUGE THANK YOU FOR YOUR CONTINUOUS SUPPORT!**



# CONTACT DETAILS

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