

# 2017 REPORT



**Sharing, caring and working together – doing our small bit in making the world a better place**



# **VISION**

**MAKE A POSITIVE DIFFERENCE IN SOMEONE'S LIFE**



# **MISSION**

- **THROUGH SPORT AND POSITIVE VALUES PROMOTE PERSONAL DEVELOPMENT, PHYSICAL ACTIVITY AND LITERACY AMONG YOUTHS**
- **EQUIPPING GIRLS TO EXERCISE THEIR RIGHTS THROUGH SPORT**

## **CORE VALUES**

- ☐ **RESPECT**
- ☐ **EXCELLENCE**
- ☐ **FAIR PLAY**
- ☐ **RESPONSIBILITY**
- ☐ **PEACE**

**ALTUS SPORT (NPO) IS AN OUTREACH ORGANISATION IMPLEMENTING SUSTAINABLE EDUCATIONAL PROGRAMMES THROUGH SPORT IN DEVELOPING COMMUNITIES FOR THE PAST 23 YEARS**

# 2017 VALUES

**GREAT  
LEADERS  
LEAD  
WITH  
PASSION!**

▶ **COMPASSION**

▶ **JOY**

▶ **GENEROSITY**

▶ **GRATITUDE**

**To those  
who said  
that I can't  
do it, well,  
watch me.**



# LIFE'S A BALL PROGRAMME

## LET'S COACH

**Mixed gender  
18 – 30 years**

- **Personal development**
- **Leadership**
- **Sport skills**
- **Working with kids**
- **Values**
- **Financial literacy**

## LET'S READ

**Mixed gender  
8 - 13 years**

- **Reading**
- **Under-standing**
- **Pronunciation**
- **Spelling**
- **Ball skills**
- **Values**

## LET'S MOVE

**Mixed gender  
7 - 15 years**

- **Sport skills**
- **Physical activity**
- **Movement and rhythm**
- **Values**
- **Financial literacy**

## LET'S LEAD

**Girls  
11 - 15 years**

- **Leadership**
- **Self confidence**
- **Health**
- **Financial literacy**
- **Sport**

## LET'S THINK

**Mixed gender  
10 - 13 years**

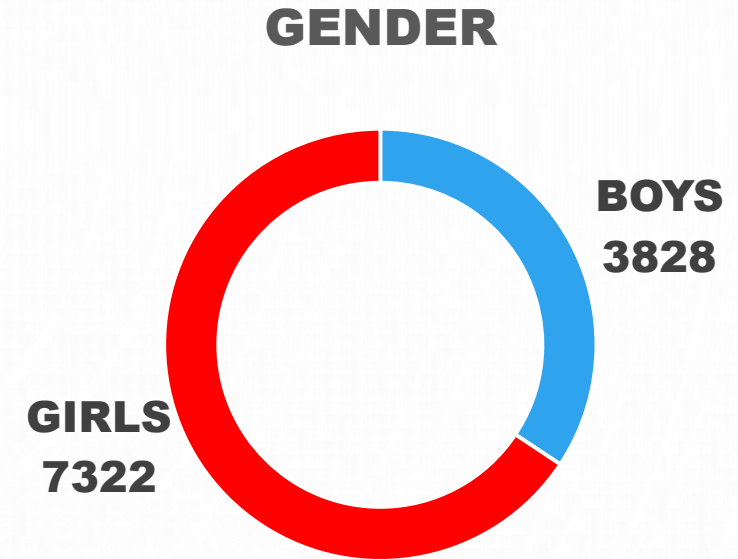
- **Chess**
- **Strategy**
- **Proactive thinking**
- **Ball skills**



# PARTICIPATION

**11 150 Participants**

- **3 053 sustainable (weekly) participants**
- **7 236 event participants**
- **861 capacity building**
- **51 venues**
- **11 communities**



		WOMEN WIN	IMBEWU	FOOTBALL FOR HOPE	TOTAL	
<b>SUSTAINABLE PROJECTS</b>	<b>Let's COACH (youth leaders)</b>	<b>19</b>	<b>7</b>	<b>8</b>	<b>34</b>	
	<b>Let's LEAD GOAL Champions</b>	<b>1307</b>	<b>-</b>	<b>-</b>	<b>1 307</b>	
		<b>25</b>			<b>25</b>	
	<b>Let's MOVE Special Needs</b>	<b>-</b>	<b>517</b>	<b>673 104</b>	<b>1294</b>	
	<b>Let's READ</b>	<b>-</b>	<b>293</b>		<b>293</b>	
	<b>Let's THINK</b>	<b>-</b>	<b>100</b>	<b>-</b>	<b>100</b>	<b>3 053</b>

			NUMBER EVENTS	GIRLS	BOYS	PARTICIPANTS
CAPACITY BUILDING	TRAINING CAMPS All Youth Leaders		1	21	13	34
	GOAL leaders		1	20	0	20
	GOAL champions		1	28	0	28
	GOAL master training		1	3	0	3
	LEADERSHIP CAMPS participants		2	46	46	92
	YOUTH LEADER WORKSHOPS		12	268	154	422
	CONFERENCES ATTENDED		8	90	45	135
	VOLUNTEER INTERACTION		5	123	4	127
						861



			NUMBER EVENTS	GIRLS	BOYS	PARTICIPANTS
EVENTS	GOAL EVENTS		9	1698	3	1701
	EVENTS & TOURNAMENTS		16	1013	741	1754
	HOLIDAY PROGRAMMES		13	571	572	1143
	ENTREPRENEURSHIP DAYS		5	838	1188	2026
	COMMUNITY OUTREACH		5	449	163	612
						7 236

# FOOTBALL FOR HOPE PROJECT





# FOOTBALL FOR HOPE PROJECT

**LET'S COACH**

•

**8**

**LET'S MOVE**

•

**777**

## COMMUNITIES

- Jakkalsdans
- Atteridgeville
- Far East Mamelodi
- Hammanskraal

## SCHOOLS/VENUES

- YaBana Village
- Molokwa\_Dube Primary School
- Dikago – Dintle Primary School
- Iketleng Primary School
- Sediba-sa-Thutho Primary School
- Phutaditchaba Primary School
- Dominican School for the Deaf
- Community Ground Jakkalsdans



- **12 Workshops**
- **1 Coach Camp**





FFH Coach, Thabiso, playing a touch rugby match with the ENSTA rugby team from France







## TOURNAMENTS & HOLIDAY EVENTS

**FIFA**   
FOOTBALL  
FOR HOPE



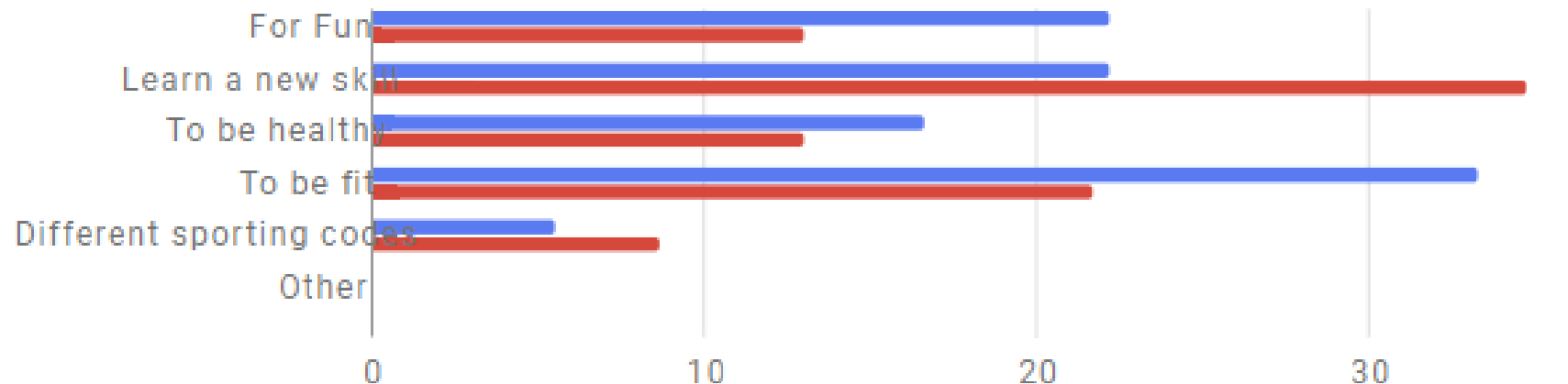




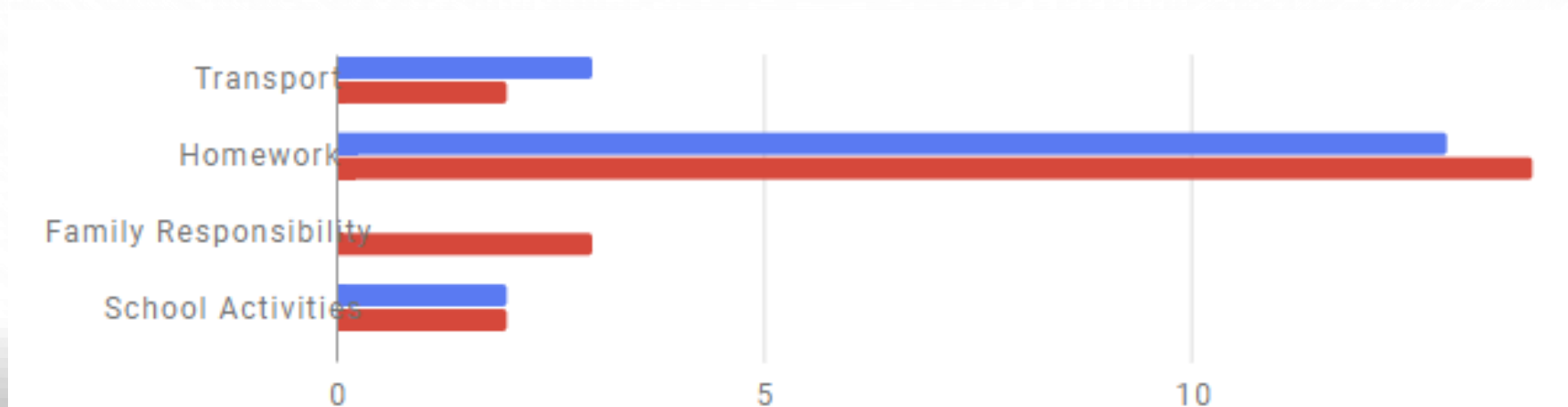


# REASONS FOR JOINING ALTUS SPORT

Boys:  
Girls:

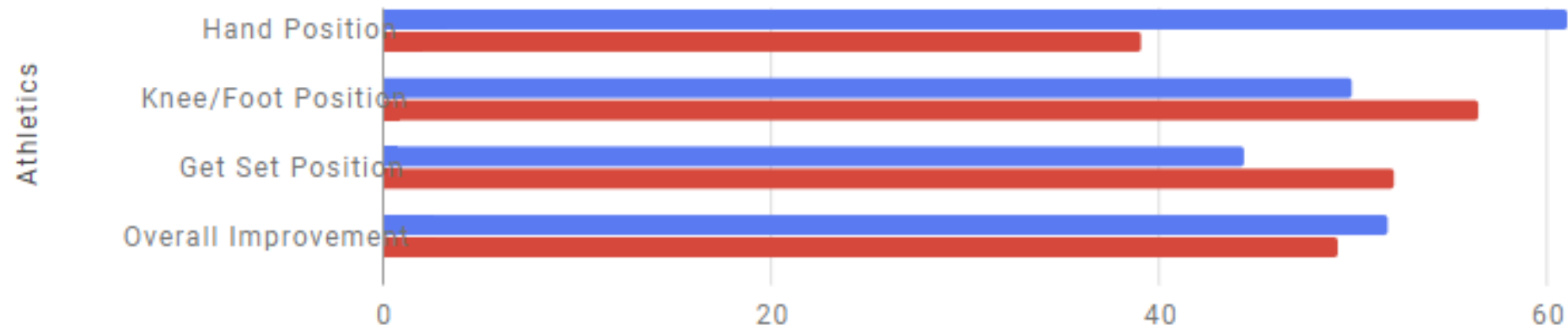


# REASONS FOR NOT ATTENDING A SESSION

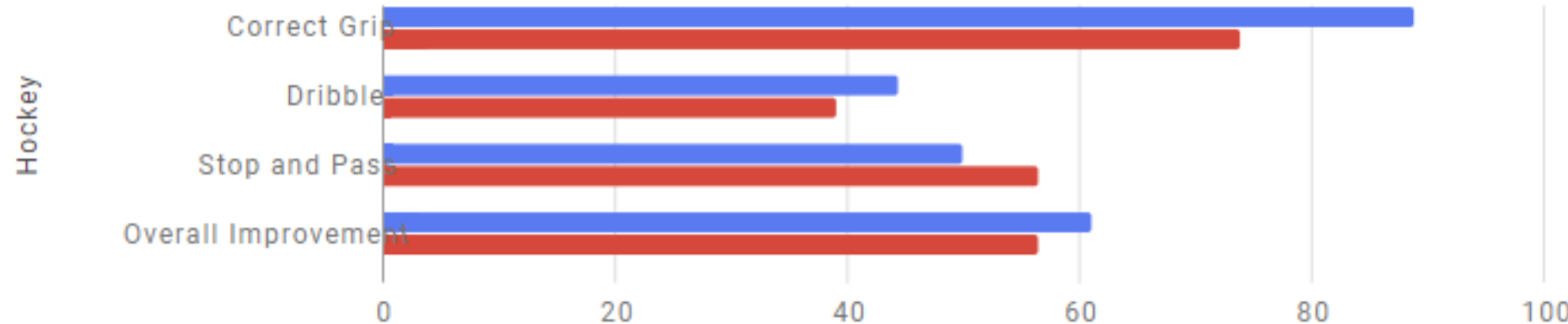


# SPORT SKILLS

## Athletics IMPROVEMENTS in %:



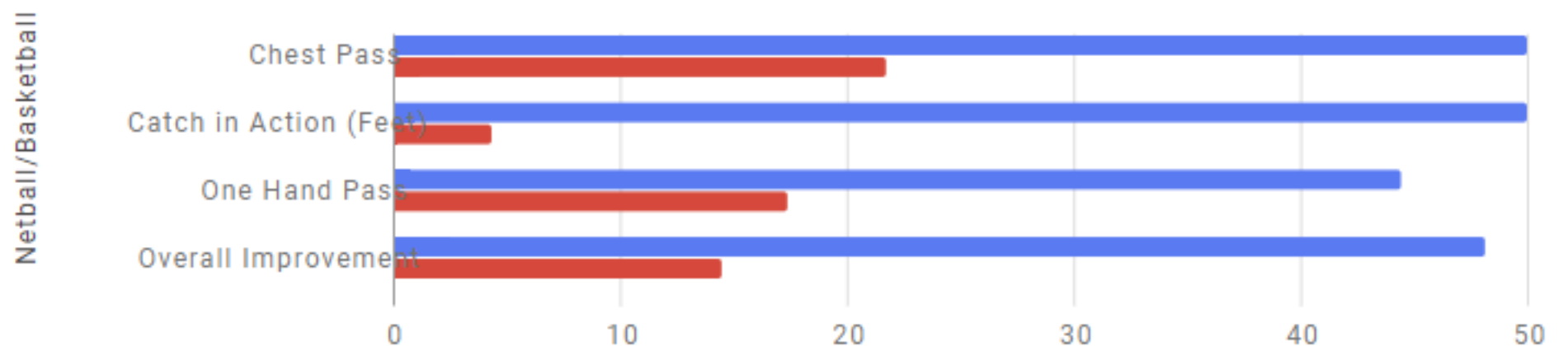
## Hockey IMPROVEMENTS in %:



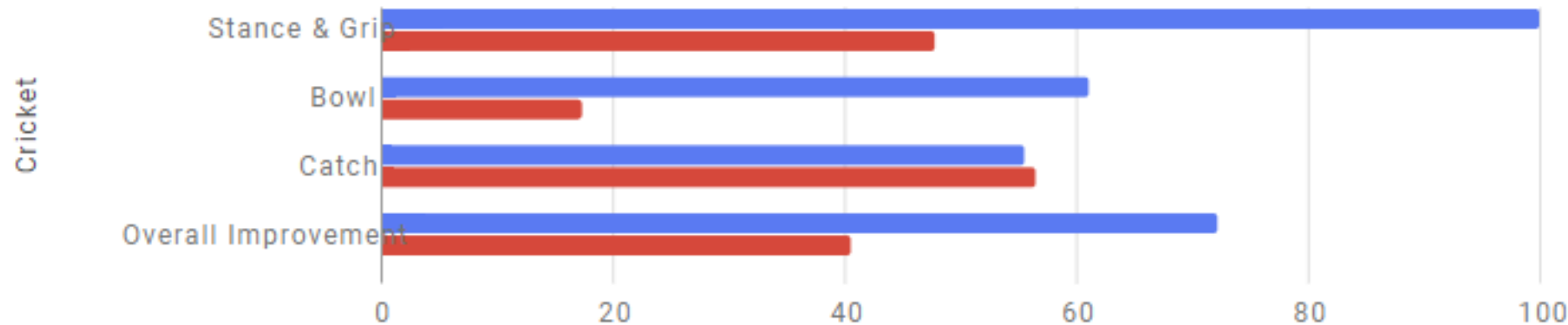
# SPORT SKILLS



## Netball/Basketball IMPROVEMENTS in %:



## Cricket IMPROVEMENTS in %:

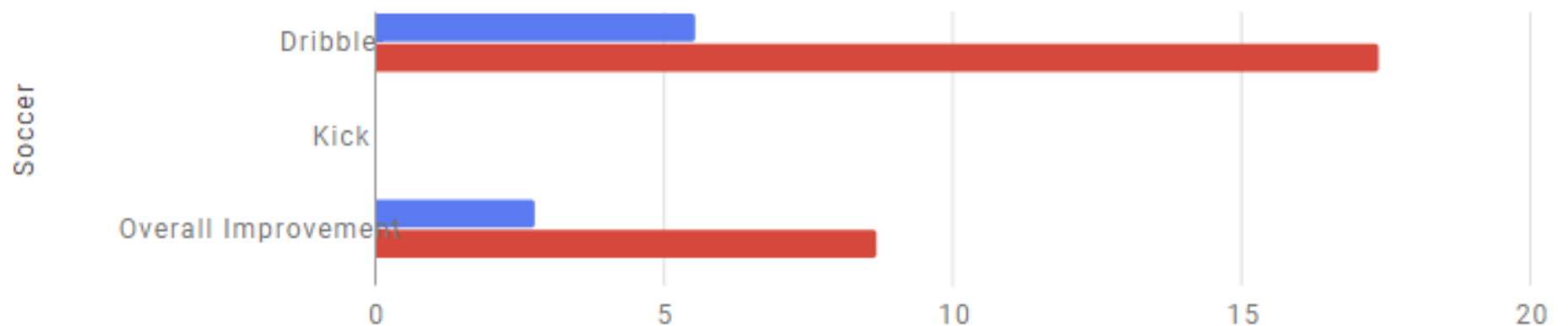




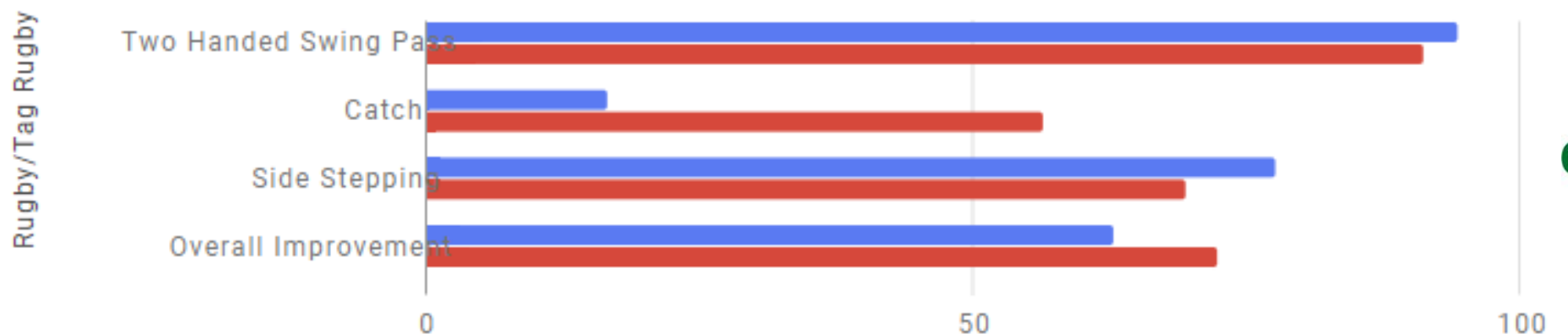
# SPORT SKILLS



Soccer IMPROVEMENTS in %:



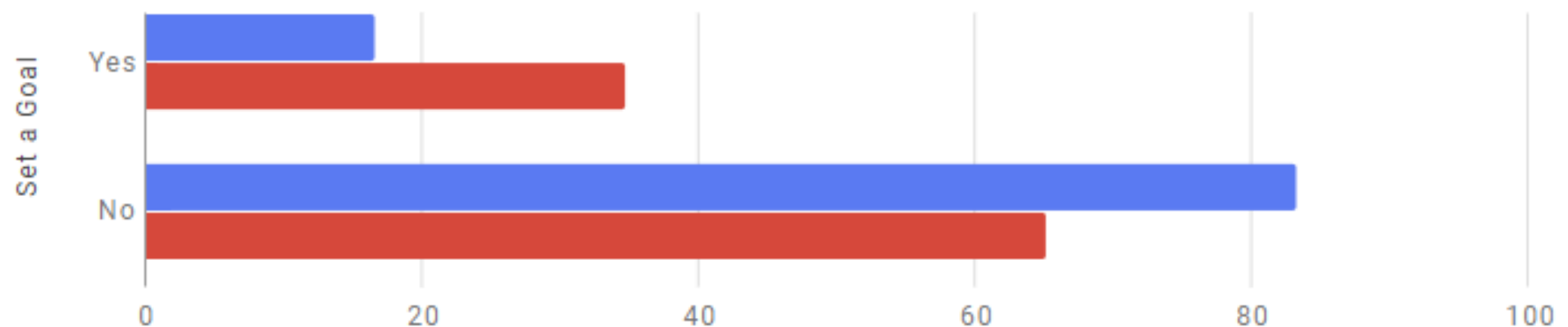
Rugby IMPROVEMENTS in %:



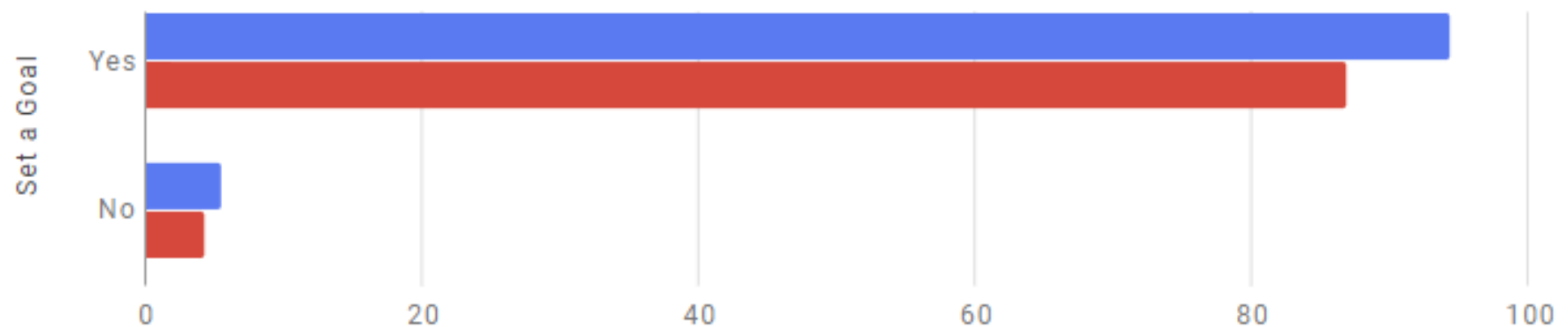
# LIFE SKILLS



Students that set a goal for 2017 for February out of 100%:



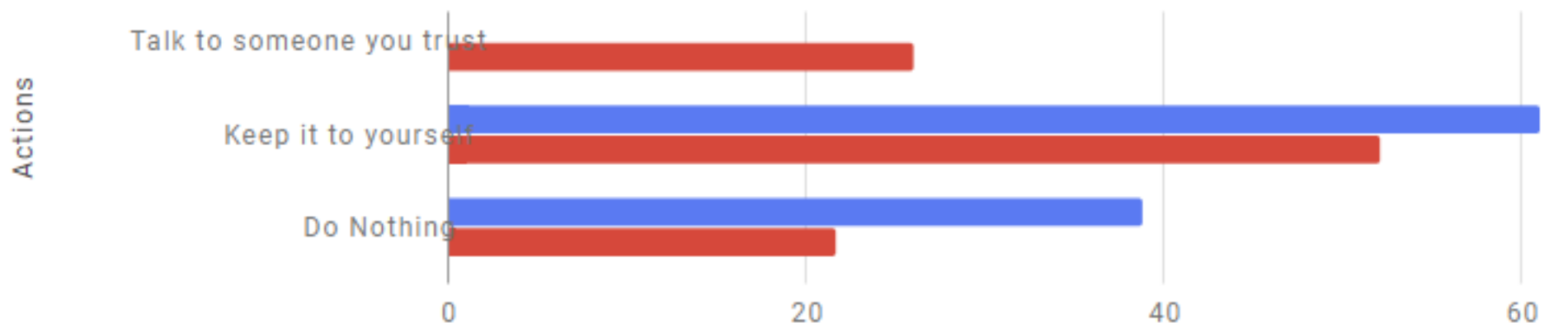
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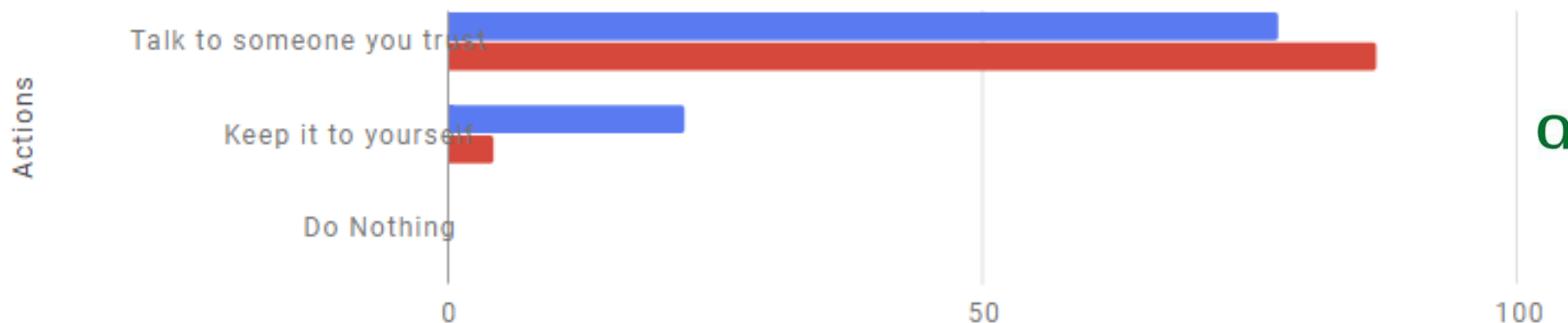


# LIFE SKILLS

Actions when things go wrong in students life for February out of 100%:

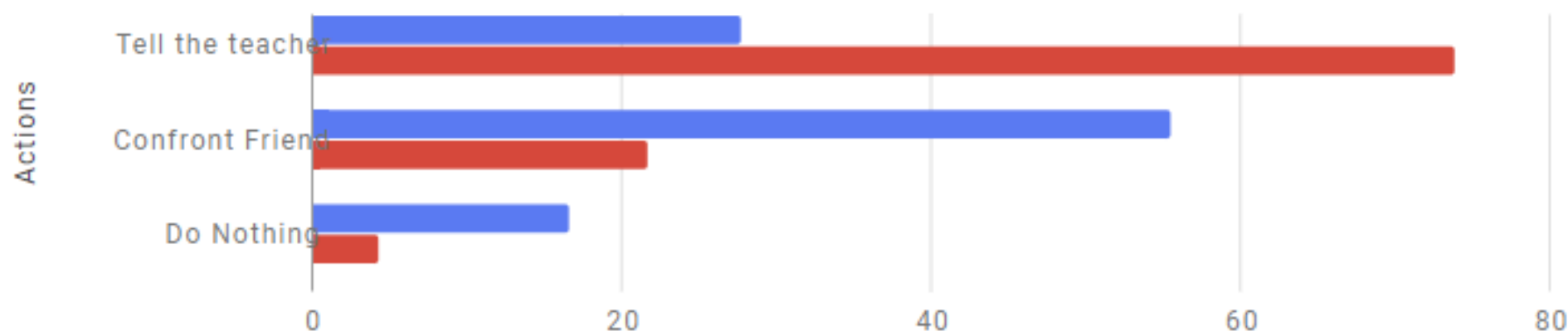


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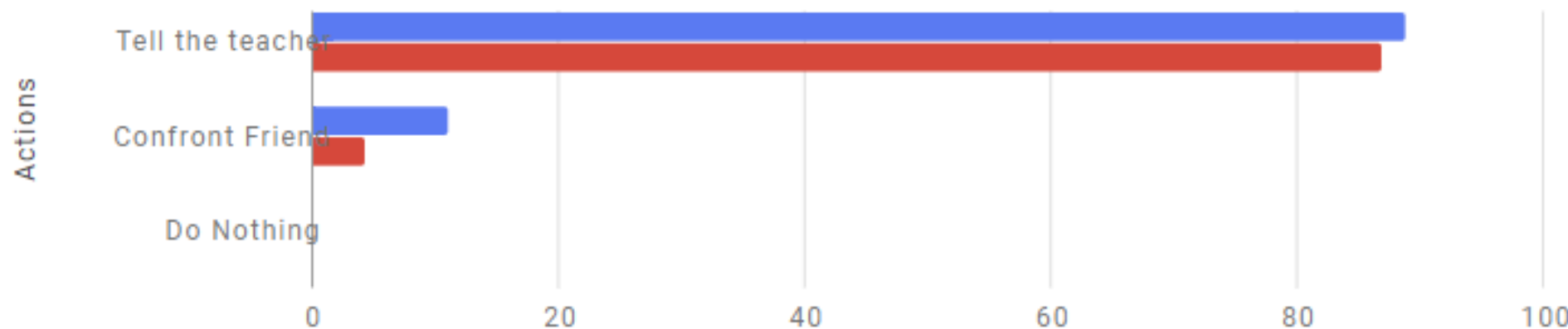


# LIFE SKILLS

If you see your best friend cheat on a test - what do you do? for FEB out of 100%:



If you see your best friend cheat on a test - what do you do? for NOV out of 100%:

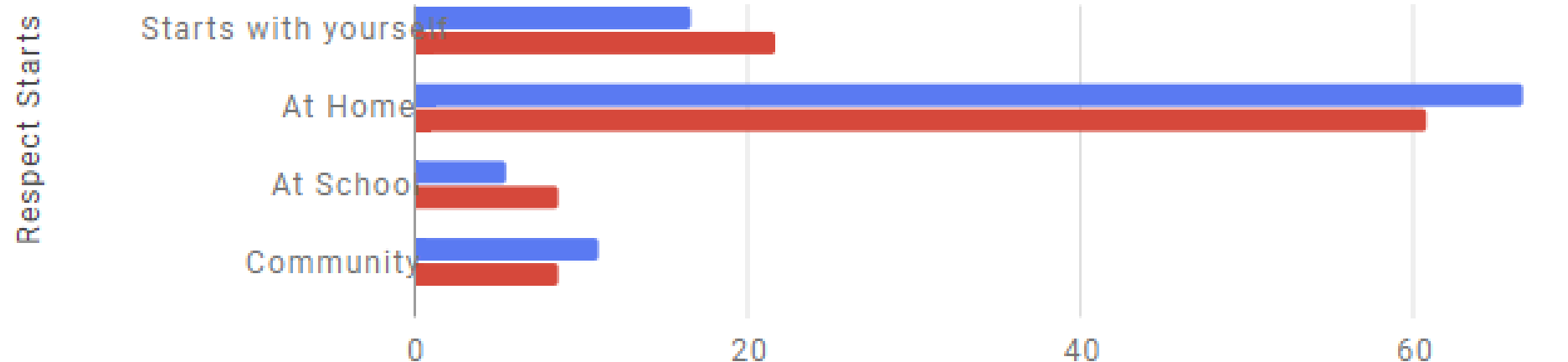




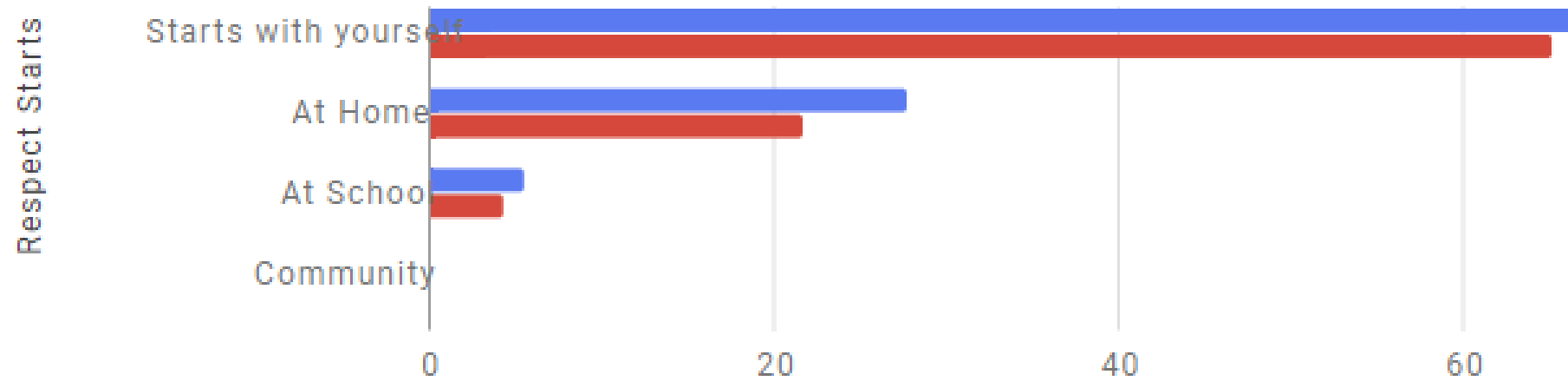
# LIFE SKILLS



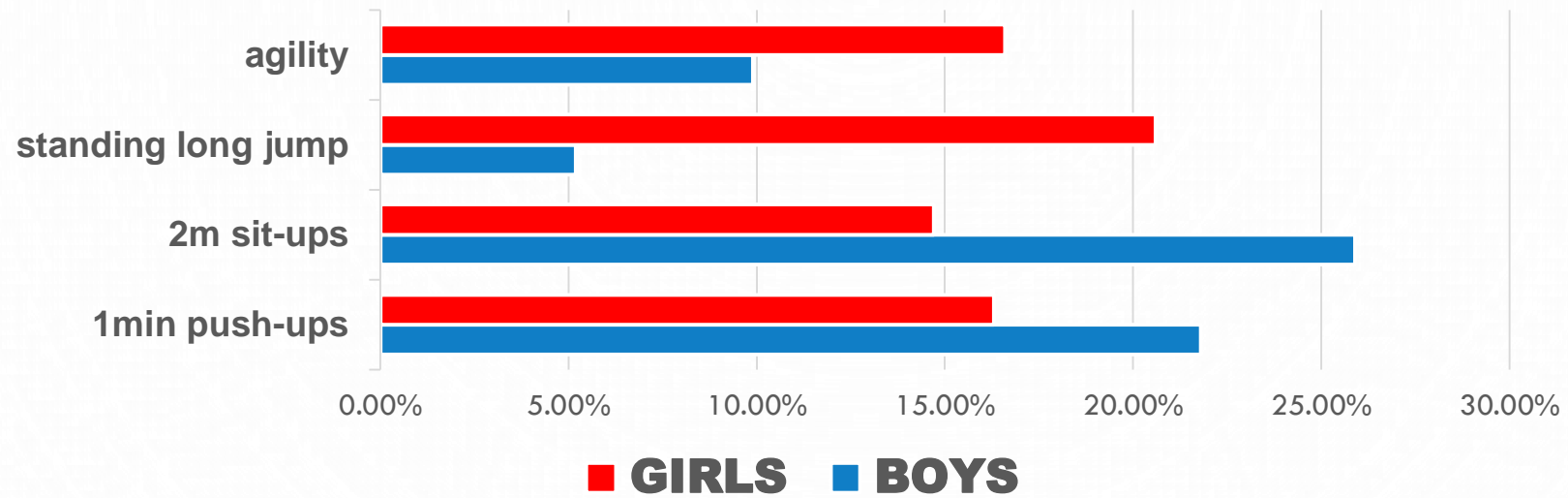
Where does respect start for FEB out of 100%:



Where does respect start for NOV out of 100%:



# % IMPROVEMENT IN FITNESS LEVELS





Write down or tell a story about your Most Significant Change during your participation in the Football For Hope Program. Please include personal experiences and feelings that illustrate this change; try to answer how significant this change was to you?

My story is that before Altus Sport I only played soccer but now I am also interested in playing rugby especially tag rugby because its fun.

Before I joined I thought rugby was a boys only sport but now I know girls can also play equally good rugby.

Life skills that we learn at Altus Sport are very important because it is emphasis from what we learn in class at our school.

The change in my life is that now I am fitter than I was before and also can put into practice the life skills we learn.

I was chosen a leader in my group because I had good energy in sessions and I have improved.

FFH MSC

Ntando  
Masemola –

Puthaditschaba  
Primary School



# IMBEWU PROJECT

CHESS SESSION AT THE CONTAINER & THE BEST CHESS PLAYER FOR 2017



# IMBEWU

IT'S BETTER TO BUILD CHILDREN  
THAN TO REPAIR ADULTS.





# IMBEWU

## IMBEWU PROJECT

LET'S COACH

•

**7**

LET'S THINK

•

**100**

LET'S READ

•

**293**

LET'S MOVE

•

**517**

- Zakhele PS
- Pula Difate PS
- Balebogeng PS
- Monononong PS

### Chess:

- Zakhele PS
- Pula Difate PS
- Balebogeng PS
- Monononong PS

- 12 Workshops
- 2 Participant Camps
- 1 Coach Camp





# IMBEWU



IMBEWU Year End tournament at Rethabile Sport grounds

ENSTA Rugby Tech from France had a fun day with the IMBEWU participants at Rethabile Sport Grounds.





# IMBEWU

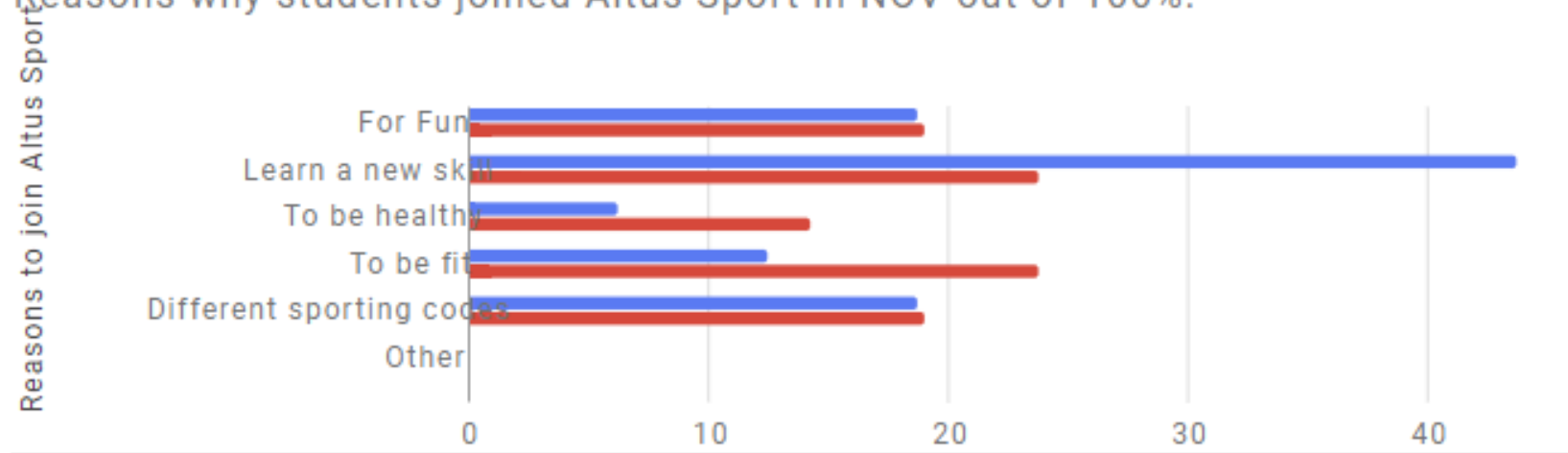




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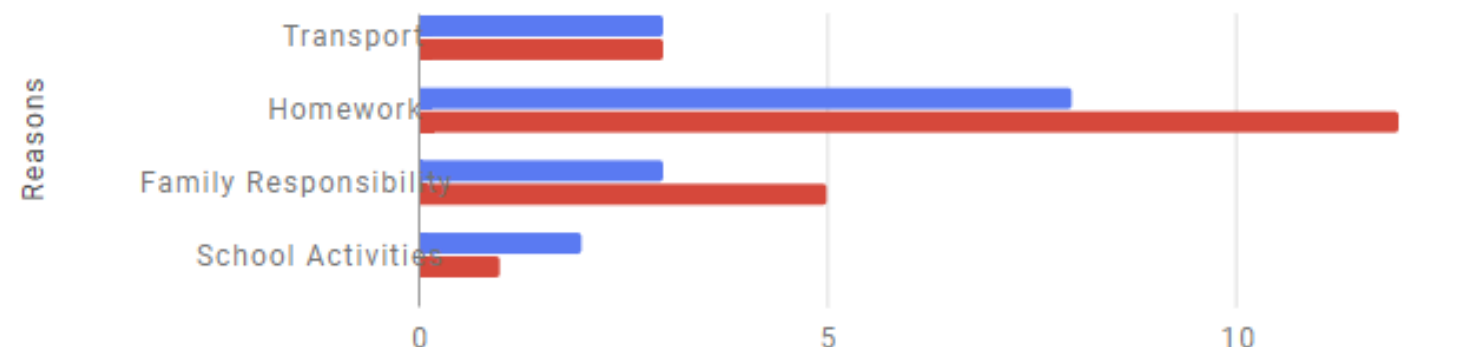
IMBEWU

Reasons why students joined Altus Sport in NOV out of 100%:



## REASONS FOR NOT ATTENDING A SESSION

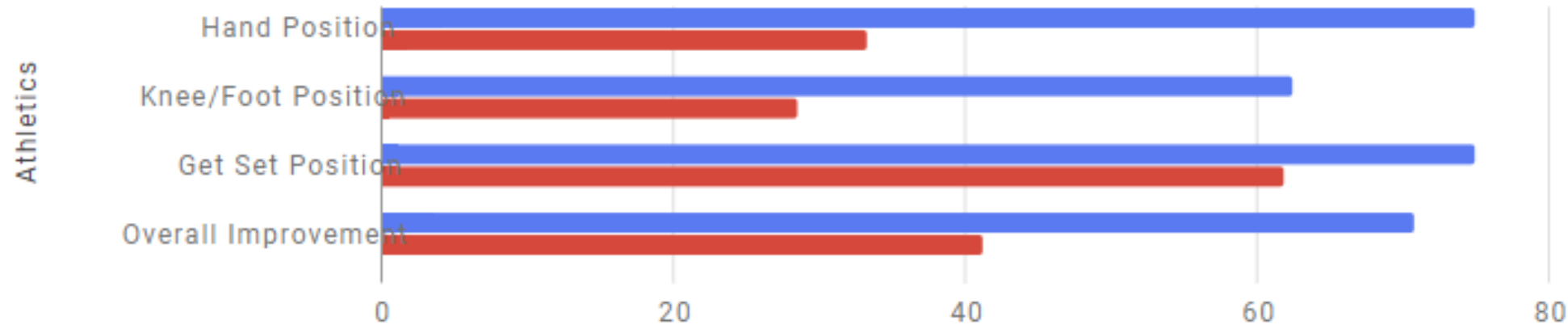
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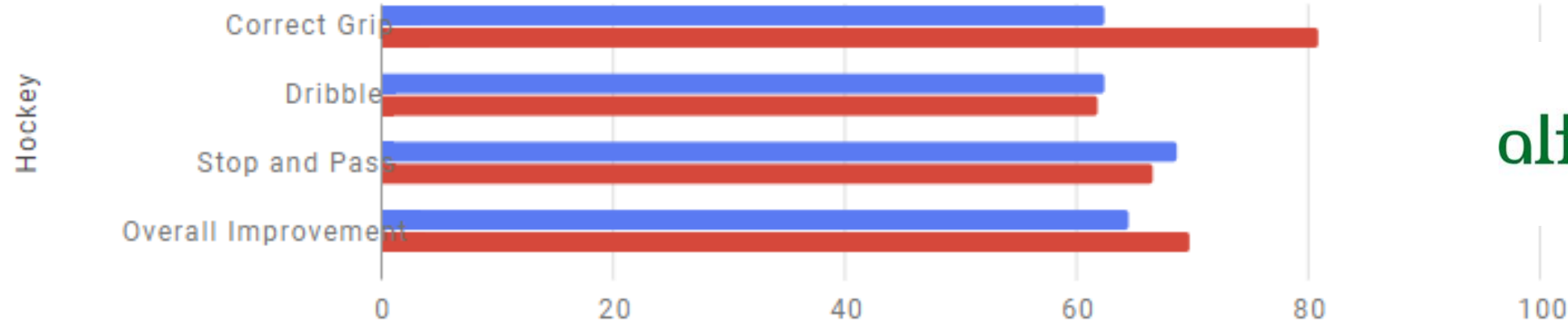
# SPORT SKILLS

# IMBEWU

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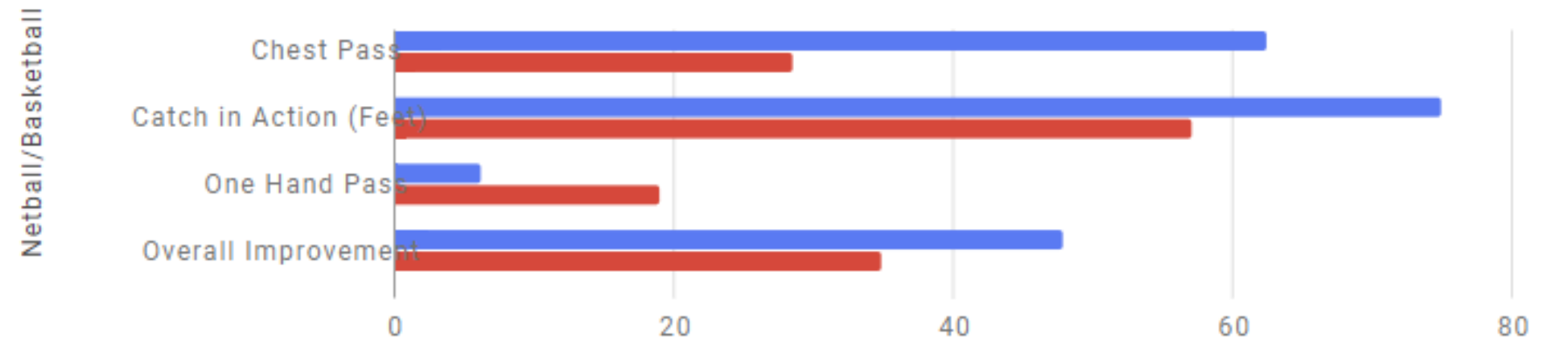
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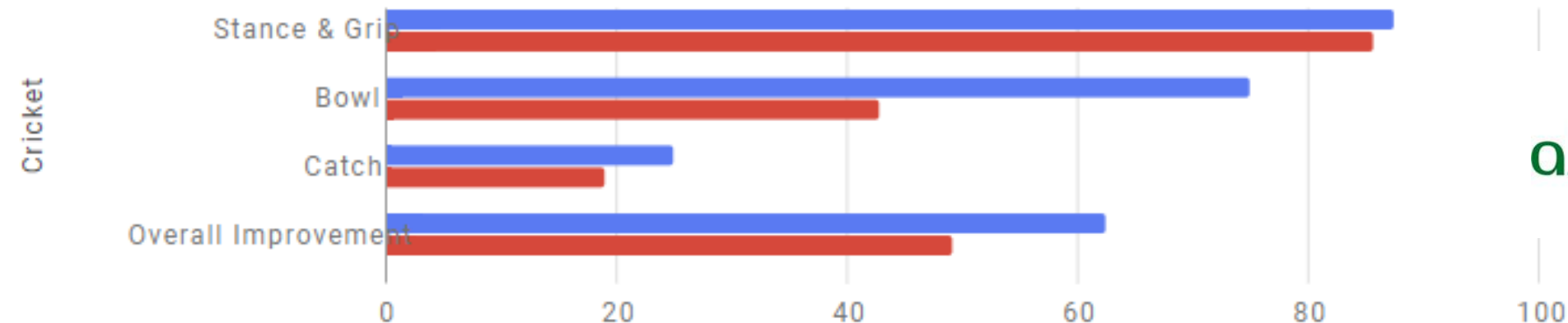
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Netball/Basketball IMPROVEMENTS in %:



Cricket IMPROVEMENTS in %:

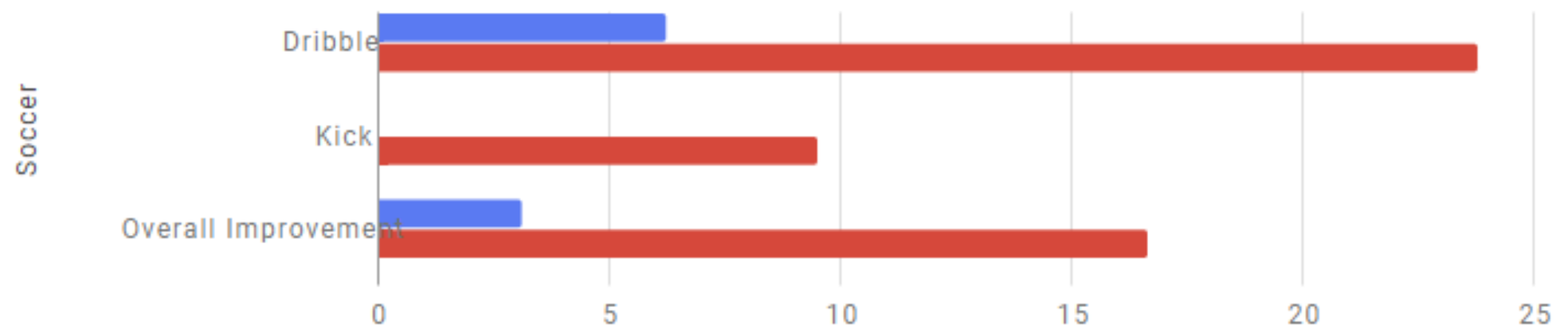




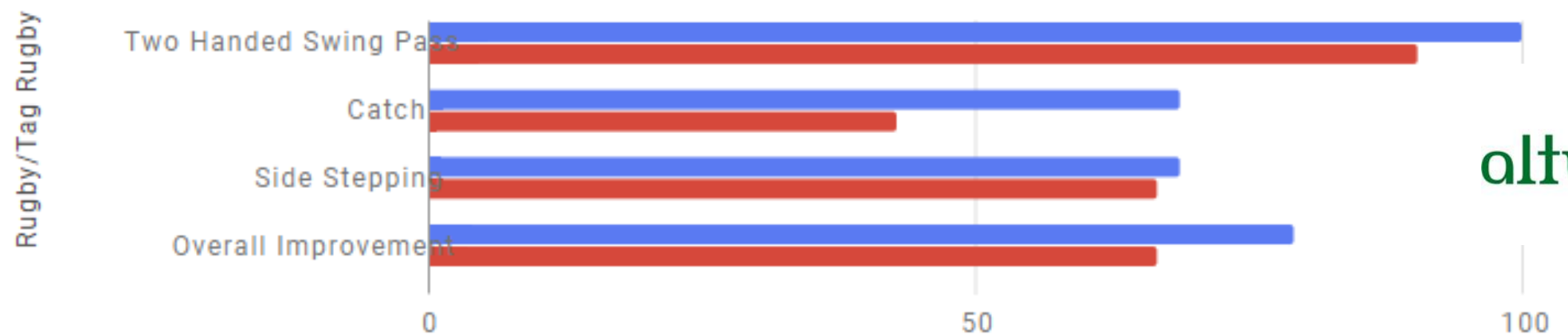
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# IMBEWU

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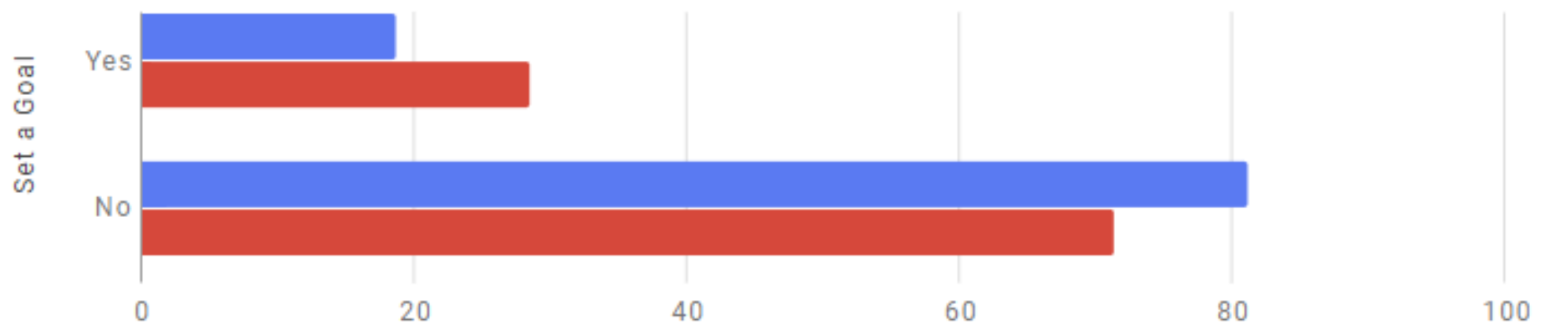
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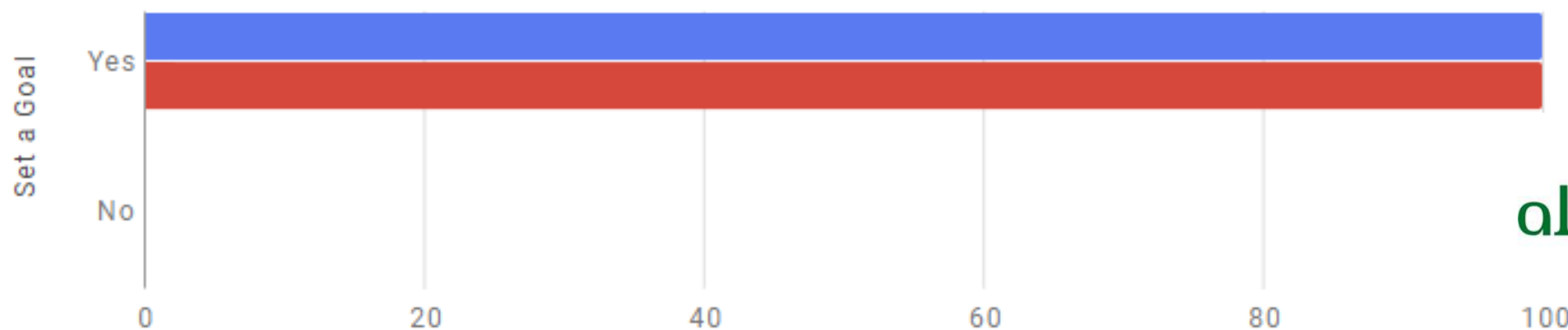
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# IMBEWU

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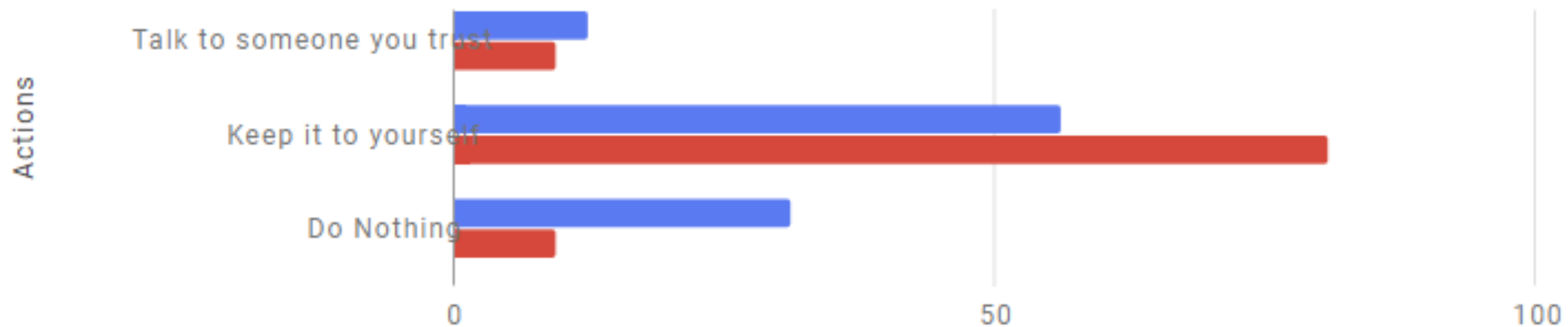
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# IMBEWU

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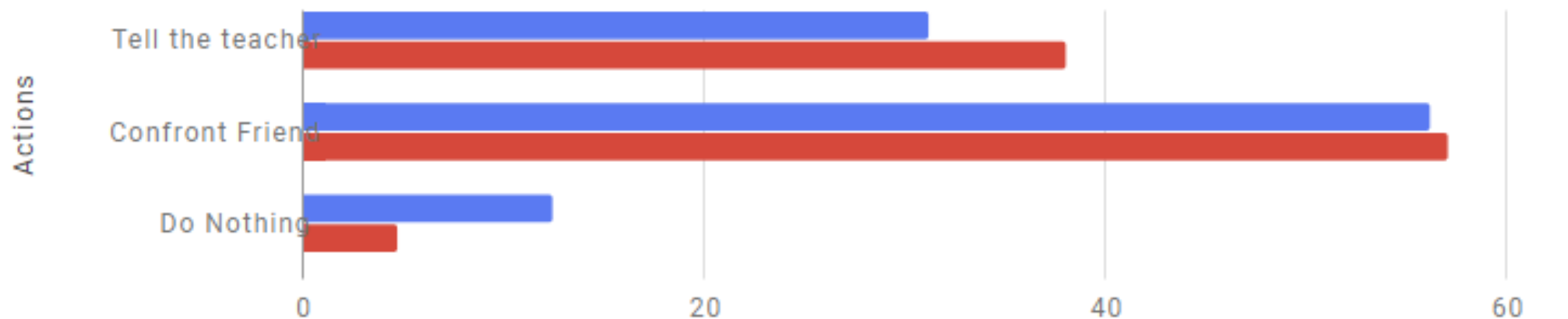




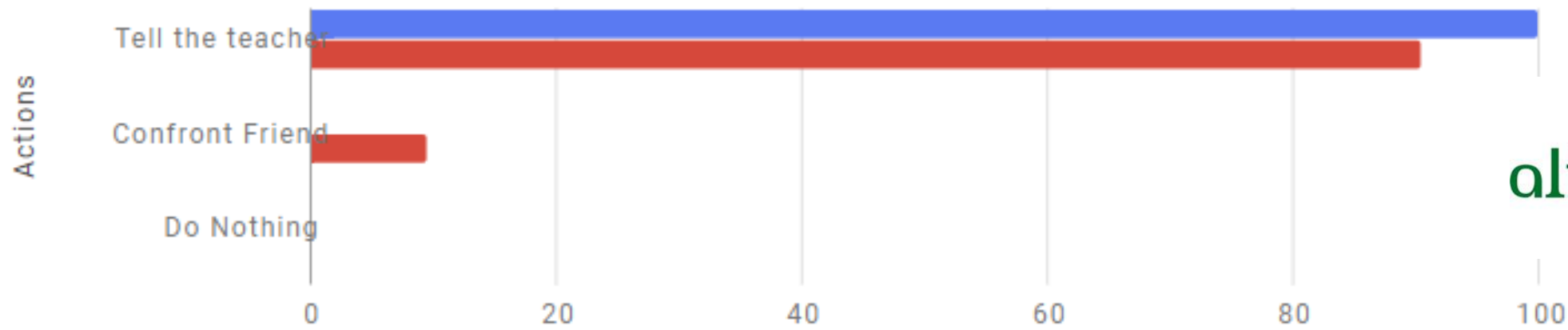
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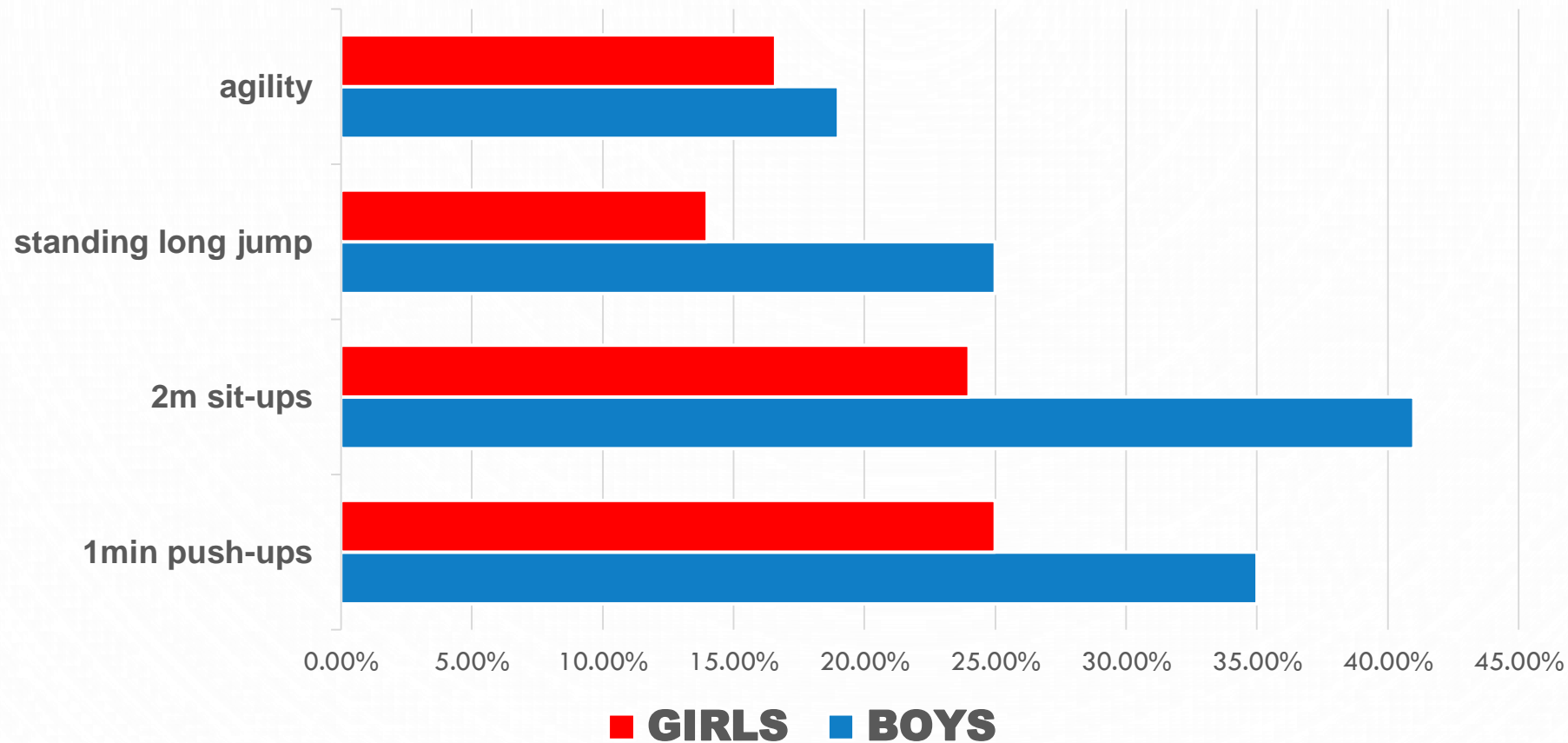


If you see your best friend cheat on a test - what do you do? for NOV out of 100%:



# % IMPROVEMENT IN FITNESS LEVELS

IMBEWU



I had a low-self esteem and didn't believe in myself and it was difficult for me to share with others, but as I was attending the sessions and being taught about values, I changed and became a better person because my classmates were changing ~~was~~ ~~in~~ their attitudes towards me as well. I made a decision to do my best to excel in all values and I learned to never lose hope and try not to be hard on myself.

I learned that loving and caring are the most important things that will help me succeed and make me love and get along with others.

AKHS Sports changed my behaviour in such a way that I have peace within me and to work hard in my education and make me to be happy at all times and try to help others who needs help which is something I never did before.

I was happy to become part of the program because it kept me away from my bad friends at home and made me associate with people and choose positive friends. It made me realise that I can achieve all that I set my mind to. I now believe in myself.

Imbewu MSC

Stephen Rammego –

Mononong Primary  
School

# IMBEWU



# GOAL PROJECT



COMIC  
RELIEF

Standard  
Chartered







# GOAL PROJECT

**LET'S COACH**

•

**19**

**CHAMPIONS**

•

**25**

**LET'S LEAD**

•

**1 307**

**EVENTS**

GOAL EVENTS 1701  
COMMUNITY OUTREACH 612

• **2 313**

- 14 Events
- 12 Workshops
- 2 Training camps
- 1 GOAL Champion Camp

- Mamelodi East
- Mamelodi West
- Nellmapius
- Mabopane
- Far East
- Hammanskraal
- Atteridgeville

**7 areas**

**33 schools**





WW  
WOMEN WIN





Polako Lebeso and Sharon Ncube both received a full school kit



Goal session at Dominican School for the Deaf







GOAL  
events



Camp activities



WOMEN WIN

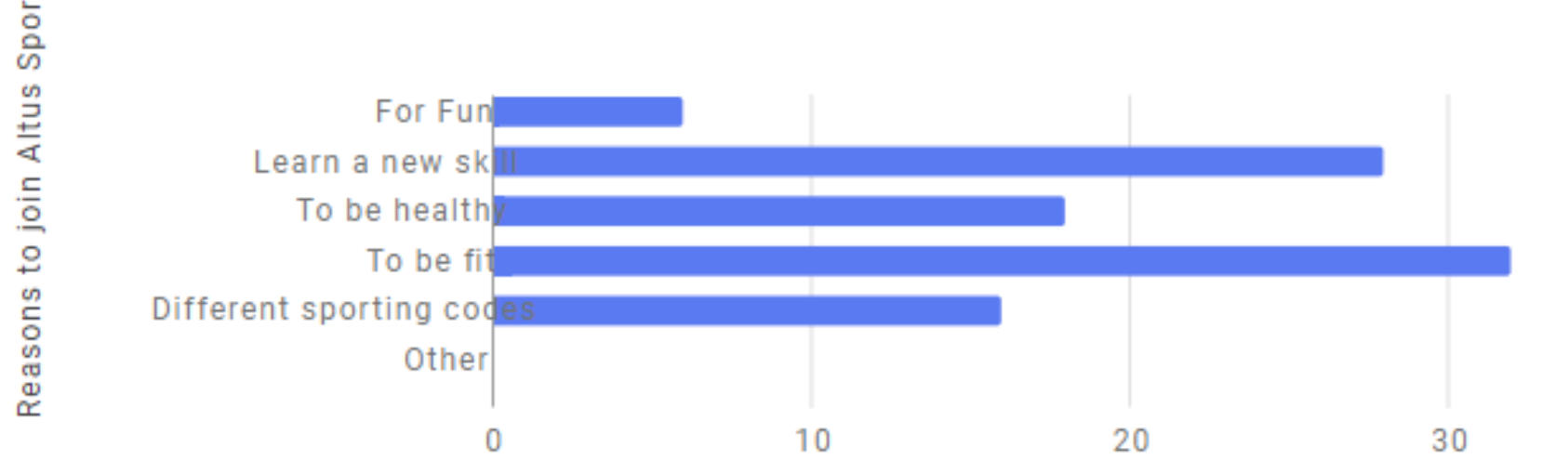
Goal graduation awards 2017





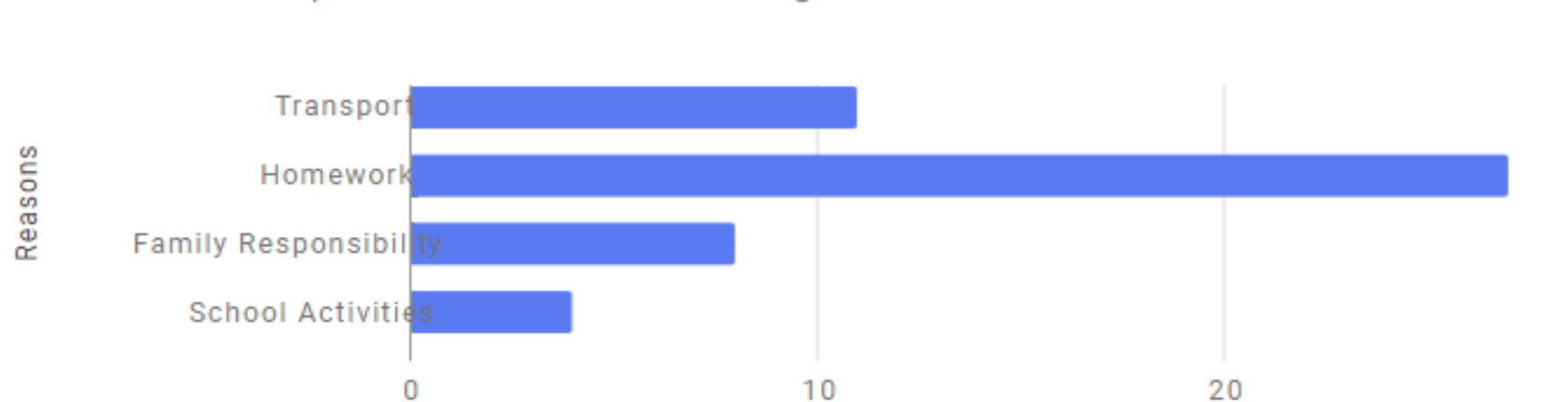
# REASONS FOR JOINING ALTUS SPORT

Reasons why students joined Altus Sport in NOV out of 100%:



# REASONS FOR NOT ATTENDING A SESSION

Reasons that kept students from attending a session for November:

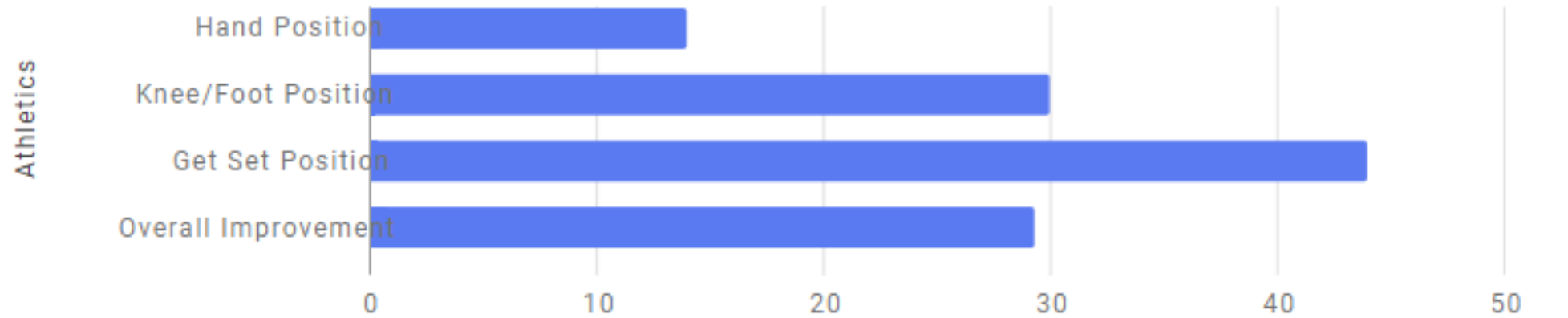




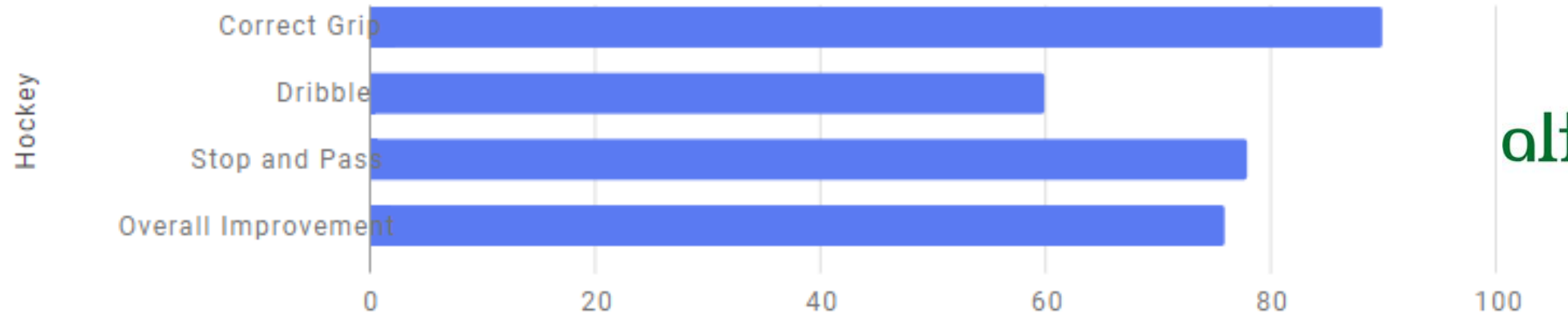
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## Athletics IMPROVEMENTS in %:



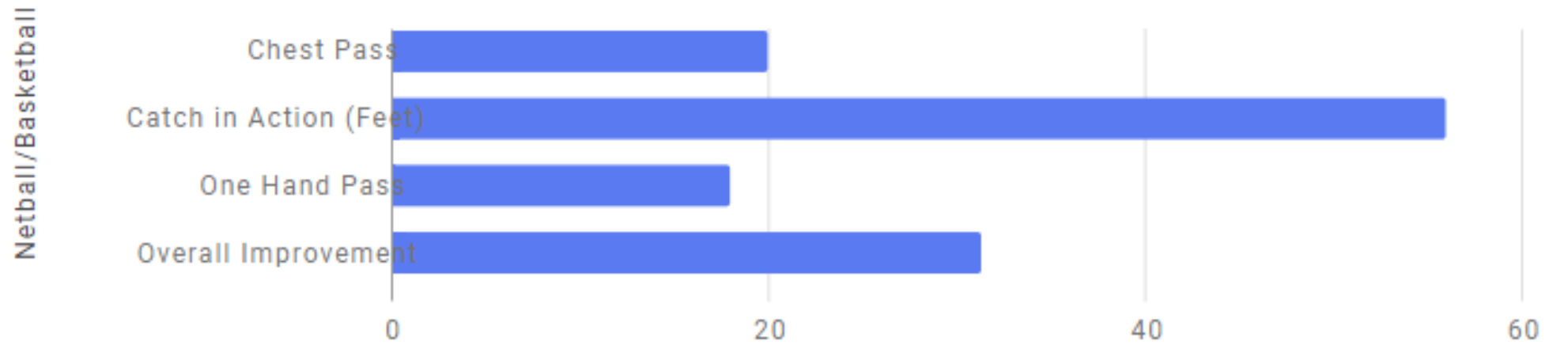
## Hockey IMPROVEMENTS in %:



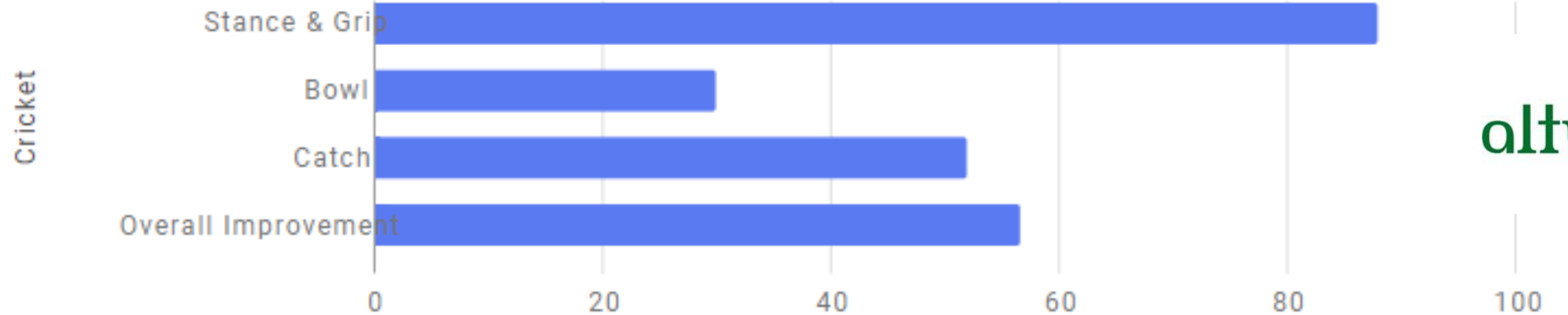
# SPORT SKILLS



Netball/Basketball IMPROVEMENTS in %:



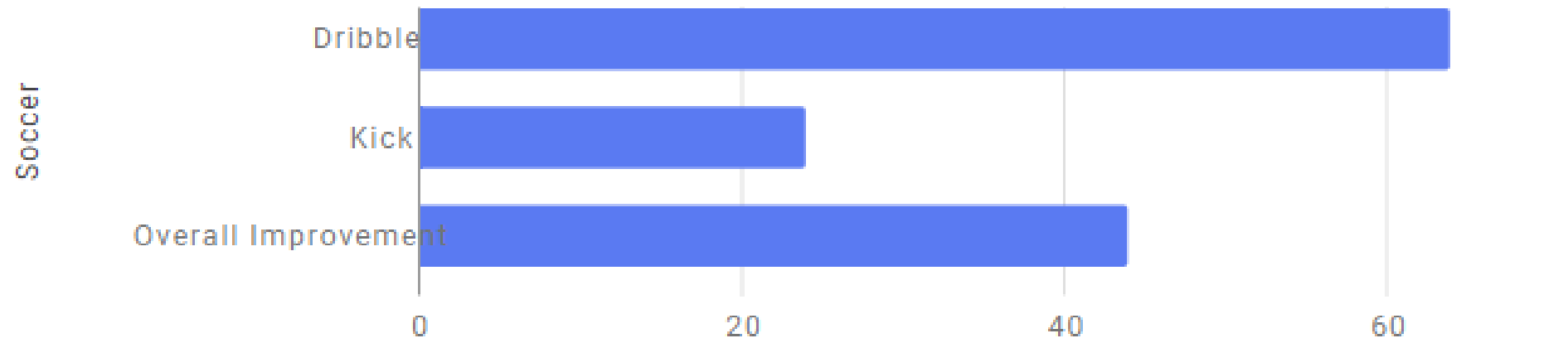
Cricket IMPROVEMENTS in %:



# SPORT SKILLS



## Soccer IMPROVEMENTS in %:



## Rugby IMPROVEMENTS in %:

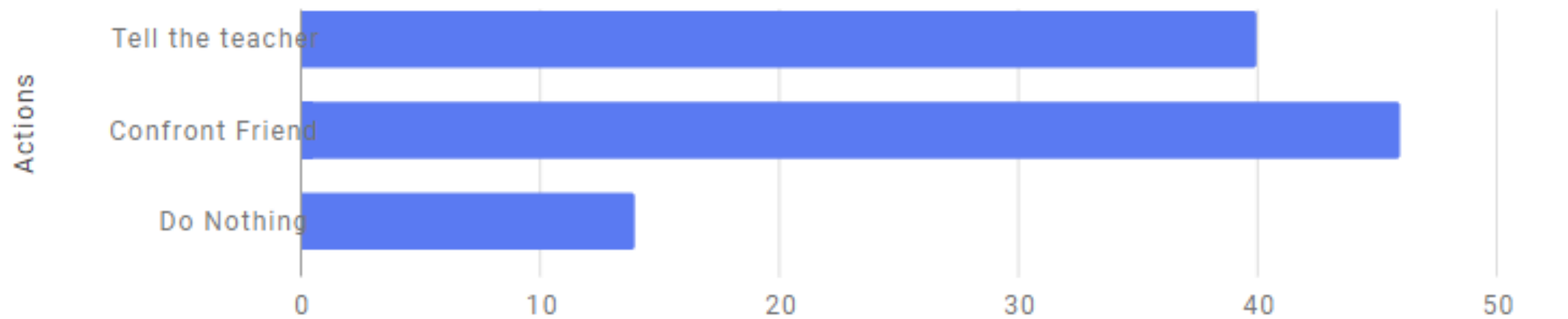




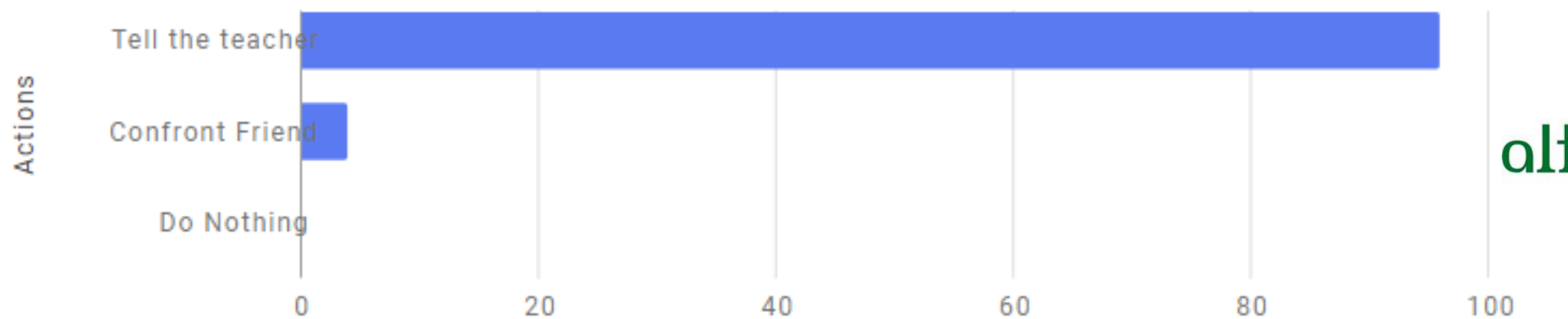
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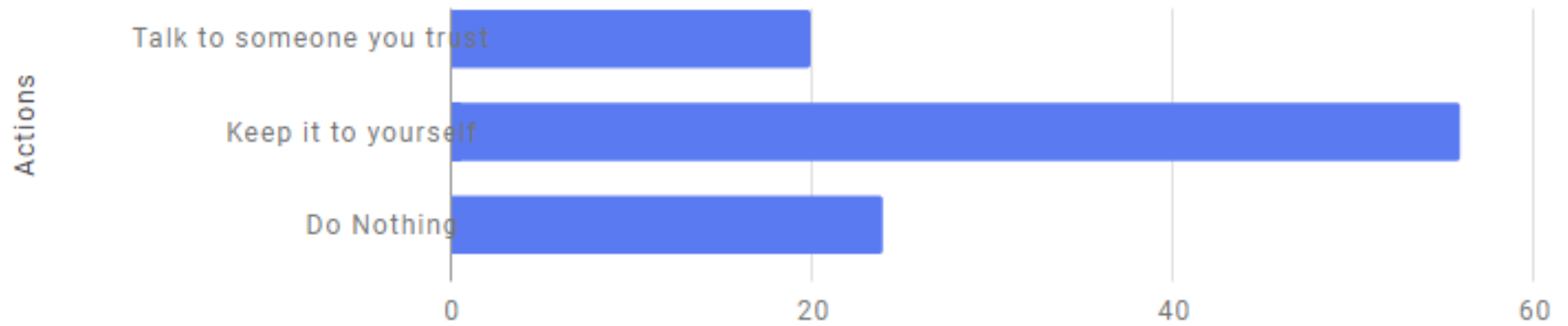
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# LIFE SKILLS



Actions when things go wrong in students life for February out of 100%:



Actions when things go wrong in students life for November out of 100%:





# LIFE SKILLS



Where does respect start for FEB out of 100%:

Respect Starts

Starts with yourself

At Home

At School

Community

0

20

40

60

Where does respect start for NOV out of 100%:

Respect Starts

Starts with yourself

At Home

At School

Community

0

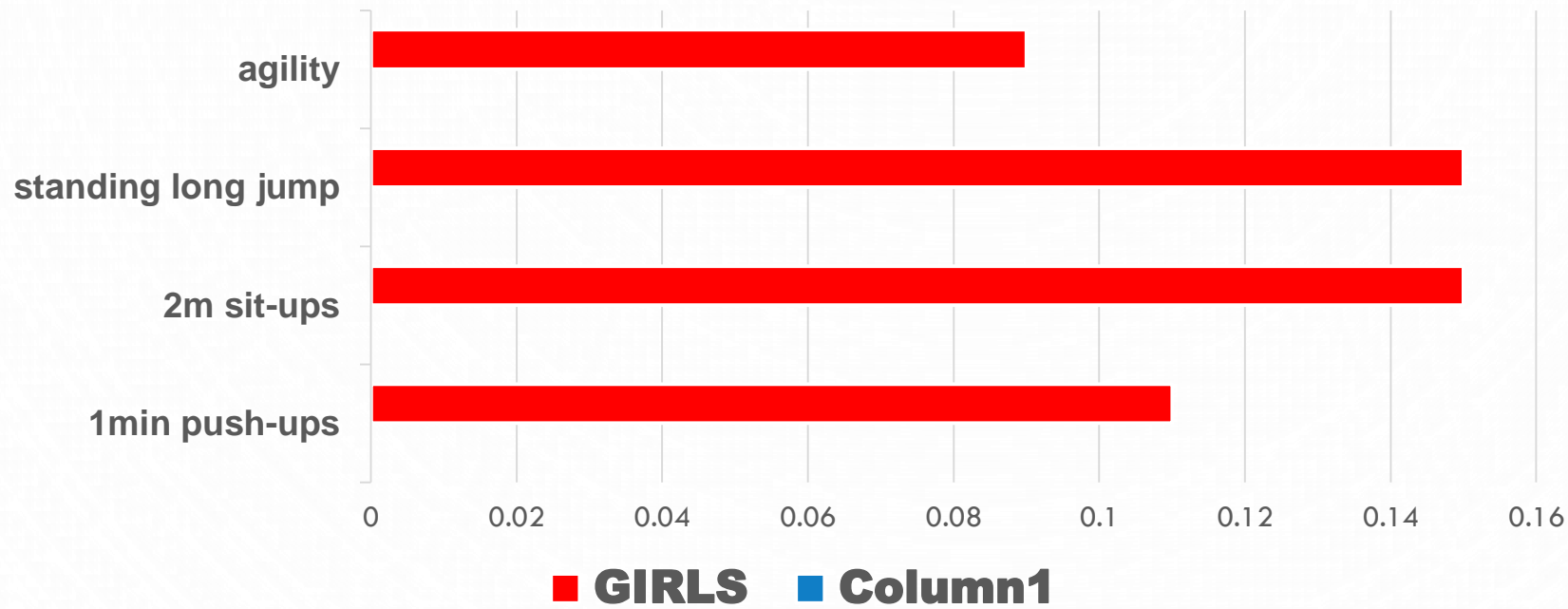
20

40

60



# % IMPROVEMENT IN FITNESS LEVELS





# SCB VOLUNTEERS



SCB Volunteers at Jan Kotlo PS



SCB Volunteers at Bathokwa PS



SCB volunteers at Meetse a Bopelo





# YOUTH LEADERS

IMBEWU YOUTH LEADERS Currently 7

Found employment during the year: 2

FOOTBALL FOR HOPE YOUTH LEADERS 8

Found employment during the year: 3

GOAL YOUTH LEADERS Currently 19

Found employment during the year: 3

GOAL CHAMPIONS 25 for the year



CURRENT TOTAL **34** youth leaders + **25** champions = **59**





# MONITORING & EVALUATION

The following tools were used during the year:

- **Base- and end line questionnaires**
- **Most significant change stories: participants, youth leaders, parents**
- **Interviews: parents, youth leader parents, teachers**
- **Focus groups**
- **Sport skill testing**
- **Fitness testing**
- **Monthly feedback forms**
- **Field visits**

Altus Sport created its own online M&E tool which was put to test at the end of 2017 and will be fully implemented in 2018. The tool will mainly focus on skills and fitness.







**FITNESS TESTING**



**BASELINE QUESTIONNAIRE**



**SKILLS TESTING**





# SNAPSHOTS OF CAPACITY BUILDING

Mark Fish motivating the  
Youth Leaders



Sam Pennells facilitating a session in  
Uganda at the Master GOAL  
workshop







Cricket skill training

Rugby skill training by Blue Bull coaches



Basketball skill training by Masters students from New York University







Anne Roulet  
from Imbewu  
Switzerland,  
assisting with  
interview tips

Otis Olela, volunteer from  
Switzerland assisting the girls



Training done at Camp Discovery





# EVENTS



Hotdog delivery for events



ENSTA TEC  
rugby team  
from France





Gert Potgieter with San Di from Mali at the Football for Hope Adidas Exchange Programme



An event with Mark Fish, former Bafana Bafana player

Samantha Pennells, Leko Skosana & Lovejou Mbulumete attended the GOAL Master Facilitator Training in Kampala, Uganda in February 2017.



France ladies 7's rugby team with our girls





Miranda Dlamini,  
Youth Leader  
acted as media  
specialist during  
the GOAL summit  
in Johannesburg



The Altus Sport team at the GOAL Summit

Goal summit girls receiving food at Loftus Stadium



Goal summit participants on a site visit to Altus Sport







Altus Sport  
was involved  
in various  
activities  
during the **16  
days of  
Activism** of  
no violence  
against  
women and  
children





# HIGHLIGHT OF 2017 CONFERENCE ON COMPASSION

## MAIN OUTCOMES:

- ▶ To enhance collaboration and strengthen partnerships between stakeholders
- ▶ To instil a caring and compassionate spirit
- ▶ To promote and protect the rights of the girl child





### **SOME TOPICS COVERED:**

- Sharing stories
- Pitfalls that lead in becoming a victim
- Types of offences
- Challenges in the Health and Police Services
- Victims' rights about reporting & protection
- Court preparation
- Therapy



**From left to right:**

Thabiso (FFH), Lisa (GOAL), Mpho (FFH),  
Bekker (GOAL) & Mike (FFH)

- IT WAS VITAL FOR US TO  
HAVE ALL OUR YOUTH  
LEADERS AT THIS  
CONFERENCE:

**IMBEWU**

**FOOTBALL FOR HOPE**

**GOAL**

- ALL OUR YOUTH LEADERS  
ENCOUNTER CHILDREN  
(BOYS & GIRLS) IN  
SITUATIONS OF VIOLENCE,  
ABUSE AND CHILDREN'S  
RIGHTS.

# ANOTHER HIGHLIGHT







# FUNDING PARTNERS 2017



**COMIC  
RELIEF**



**IMBEWU**



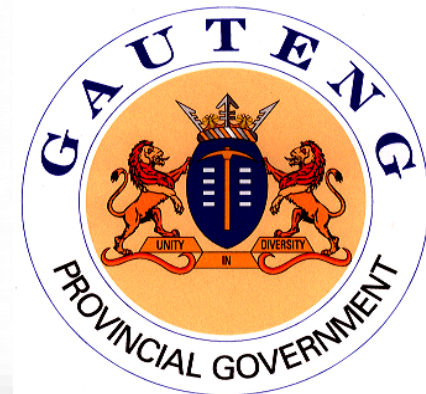
# NETWORK PARTNERS



## BOARD MEMBERS

**GERT POTGIETER, LIANA LAUBSCHER, KGABO MATJANE, RICHARD CHAUKE, DR ENGELA VAN DER KLASHORST, DR PHIL MAHUMA, JAMES MOKOKA, DR POPPY MASHEGO, PROF PEET DU TOIT**

# STAKEHOLDERS





# ACKNOWLEDGEMENTS



**ON BEHALF OF OUR BOARD AND EXECUTIVE COMMITTEE WE WOULD LIKE TO EXTEND AN ENORMOUS VOTE OF THANKS TO ALL OUR LOYAL **YOUTH SPORT LEADERS**. THEY DID A TREMENDOUS JOB BY IMPLEMENTING OUR PROGRAMMES SUSTAINABLY IN THEIR COMMUNITIES.**

**A SPECIAL WORD OF APPRECIATION TO THE DEPARTMENT OF EDUCATION, HEADMASTERS AND EDUCATORS FOR THEIR COOPERATION AND SUPPORT.**

**OUR THOUSANDS OF BENEFICIARIES WOULD NEVER HAVE BEEN POSITIVELY ACTIVATED IF IT WERE NOT FOR THE UNSELFISH SUPPORT OF OUR **FUNDERS, LOCAL STAKEHOLDERS AND PARTNERS!****

**A HUGE THANK YOU FOR YOUR CONTINUOUS SUPPORT!**

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